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Historic Quincy's Hometown Weekly Newspaper Since 1968

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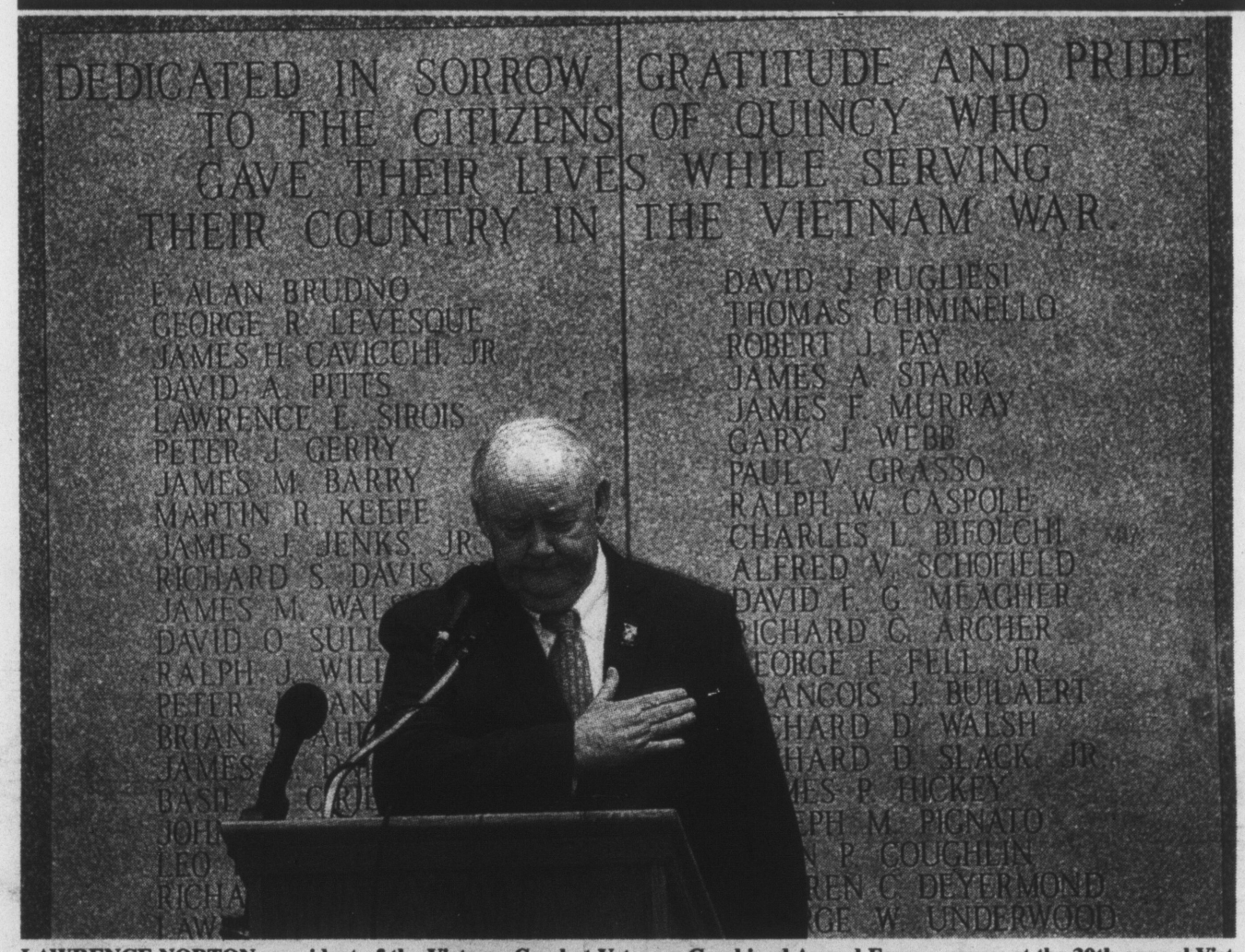

LAWRENCE NORTON, president of the Vietnam Combat Veterans Combined Armed Forces, pauses at the 30th annual Vietnam War Remembrance Day April 27, 2017. In the background are the names of the 48 Quincy residents who were killed serving in the Armed Forces during the Vietnam War. The names are inscribed on the Vietnam War Memorial Clock Tower in Marina Bay. Mr. Norton, a tireless advocate for veterans' causes who was instrumental in organizing the remembrance day for more than 30 years, passed away Oct. 20 at the age of 76. *Quincy Sun file photo/Tom Gorman*

Lawrence Norton Remembered As Tireless Veterans' Advocate

Decorated Vietnam War Veteran Passes Away At Age 76

By SCOTT JACKSON

Friends of Lawrence Norton, a decorated Vietnam veteran, remembered him as a tireless advocate for the nation's veterans and their families.

Mr. Norton died Oct. 20 at the age of 76 and is survived by his wife Ruth, children Pamela, Michael and Kevin, and three grandchildren.

Mr. Norton served in the U.S. Marine Corps during the Vietnam War and was a recipient of the Purple Heart, among other commendations.

He was the longtime president of the Quincy Chapter of the Vietnam Combat Veterans Combined Armed Forces and was a past commander of both the

Cont'd On Page 4

LARRY NORTON, left, president of the Vietnam Combat Veterans Combined Armed Forces Quincy Chapter, places his hand over his heart and George Bouchard, Quincy Graves Registration officer, salutes, as Robert LaFleur, commander, DAV Chapter #79, Quincy, sounds taps at the 30th annual Vietnam War Remembrance at the Marina Bay Clock Tower April 27, 2017. Mr. Norton and the VCVCAF Quincy Chapter has organized the remembrance for more than 30 years. Mr. Norton passed away Oct. 20. He was 76 years old.

Quincy Sun File Photo/Robert Bosworth

Election Turnout Already At 25 Percent

By SCOTT JACKSON

More than one-fourth of Quincy's registered voters have already cast ballots in next Tuesday's presidential election, taking advantage of the opportunity to vote in-person ahead of Election Day and by mail.

City Clerk Nicole Crispo said roughly 18,000 of the city's 63,766 registered voters, or 28.2 percent, had cast ballots as of Monday afternoon. That includes 12,000 residents who have returned their mail-in ballots, 5,000 residents who have voted in-person, and about 1,000 who have voted absentee.

Crispo is forecasting a total turnout of 75 percent, about 47,825 total votes, by the time all ballots are counted. That would surpass the turnout of 70.44 percent from the last presidential election four years ago, when 41,973 of the city's 59,589 registered voters went to the polls.

The highest turnout percentage-wise in a presidential race was 85.3 percent in 1992, when 41,178 of the city's 48,208 registered voters cast ballots.

Polls will be open from 7 a.m. to 8 p.m. on Election Day, Nov. 3. Residents in 29 of the city's 31 precincts will vote at the same locations used in the Sept. 1 primary election. Voters in two Ward 2 precincts – Precinct 2 and 3A – will vote at the Clifford Marshall Elementary School rather than 1000 Southern Artery next Tuesday.

There are a number of precautions in place to protect the safety of voters and election workers amid the COVID-19 pandemic. Masks or other face coverings are required, social distancing will be enforced, and residents have been ad-

Cont'd On Page 17

Baker Announces $774 Million Recovery Package

By SCOTT JACKSON

Gov. Charlie Baker unveiled a $774 million recovery package designed to lift Massachusetts' economy amid the coronavirus pandemic.

The plan, introduced Oct. 22, includes funding for small businesses, local communities, housing and workforce training.

"Throughout the pandemic, the downtowns, small businesses and individuals have lost a lot and have been at the top of the mind for all us in our administration," Baker said during

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QHA 12-Passenger Shuttle Bus In Service - *Page 21*

More Quincy news:
The Quincy Sun.com

City Builds New Public Boat Ramp In Houghs Neck

Mayor Thomas Koch and Ward 1 City Councillor David McCarthy recently toured the completed public boat ramp at the end of Sea Street in Houghs Neck.

The new ramp replaces a limited, smaller boat ramp that had been patched up and could only be used two hours before and two hours after high tide. The new ramp is an all-tides ramp that will service Quincy's maritime community for years to come, city officials said.

Funding for the project came from the state's Seaport Advisory Council in the form of two separate grants. A new adjacent dock was also built nearby the new boat ramp.

"We are grateful to the Baker-Polito administration and the Seaport Advisory Council for their support of this important project," Koch said. "Boating and fishing are a way of life for many Quincy residents, especially in the Houghs Neck neighborhood. We are pleased to replace the smaller, older patchwork ramp with one that is safer and more dependable."

Koch thanked McCarthy and Quincy Police Lt. Bob Gillan for their work with the neighbors in bringing about this project.

The city is now undertaking a design process for the new Maritime Center on an adjacent property. Quincy runs its Police Maritime Unit from this location and hosts community meetings and functions at this space. Design for the new facility is expected to take place through 2020 and early 2021.

"The new boat ramp is just the beginning of our investment in improving our public access to the waterfront," Koch said. "This particular spot with the Public Landing, the Quincy Yacht Club, and Hurley's Boat Ramp has been important to Houghs Neck residents for generations and we aim to continue that tradition in the years to come."

MAYOR THOMAS KOCH (right) and Ward 1 City Councillor David McCarthy (left) tour the completed public boat ramp at the end of Sea Street in Houghs Neck.

Photo Courtesy Lisa Aimola/Mayor's Office

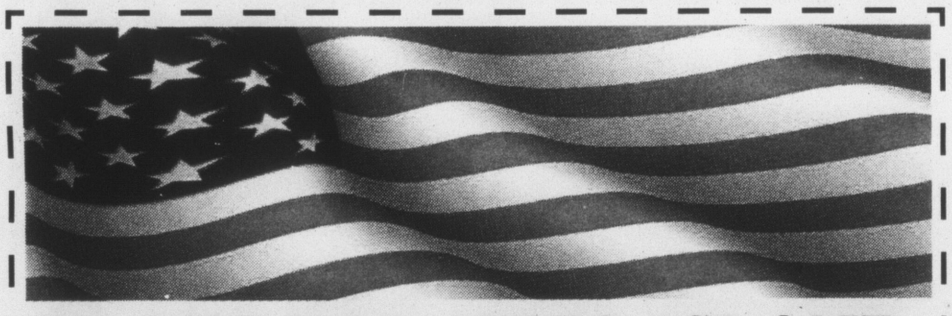
John Adams Birthday Wreath Laying Ceremony Livestreamed Friday

On Friday, Oct. 30th at noon the annual Presidential Wreath Laying Ceremony in celebration of the 285th birthday of President John Adams will be held at United First Parish Church, the Church of the Presidents, in Quincy.

On the birthday of every deceased President there is a wreath presented on behalf of the current president. This tradition was initiated by President Lyndon Johnson some fifty three years ago. John Adams was a life-time member of United First Parish Church and is entombed in the Presidential Crypt in the Church alongside his First Lady, Abigail Adams. President John Quincy Adams and his First Lady, Louisa Catherine Adams are also entombed there.

John Adams was President when the Navy was founded and the Navy always represents the sitting President at this annual ceremony. Lt. Cmdr. Ryan Seggerty will represent the President. Mayor Thomas Koch and City Council President Nina Liang will represent the City of Quincy. Douglas Adams will represent the Adams family. Revered Rebecca Froom and Church Historian Bill Westland will represent United First Parish Church. Speakers will reflect on the legacy of John Adams in the present.

The ceremony can be viewed via a livestream on the Facebook page of United First Parish Church https://www.facebook.com/UFPC.UU This year, in order to respect the health and safety of all, the in-person event will not be open to the general public.



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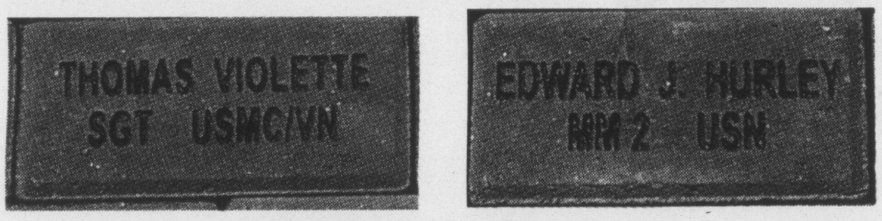
SQUADRON 294
Bricks for Veterans Program



PHASE 2
Still Available

The Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy is still selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Phase 1 along the walkway to the island's main flag pole is sold out but bricks for **PHASE 2** are still available.

PHASE 2 engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for $50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank:_____

Line 2: Branch of Service: _____

Bricks cost $50 each

Send this form and check to:
S.A.L. Squadron 294
87 Woodcliff Road.
Quincy, MA 02169

For more information or to order, call 617-733-8026

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and

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OCT 29 2020

Welcome Young Playground Renovations Complete

New Tennis Courts, Playground Equipment

Mayor Thomas Koch joined Ward 6 Councillor Bill Harris recently on a tour of the newly-renovated Welcome Young Playground in North Quincy.

The city renovated two tennis courts, two basketball courts, a new children's playground, and added twelve trees and a small picnic area. The work was completed with help from Community Preservation Act funds, Community Development Block Grant monies, and funds from the city's Park Capital Improvement Plan.

The new Landscape Structures play equipment features all kinds of fun opportunities for children aged 2-12. The new tennis courts will also be striped for pickleball, increasing the functionality of the courts. More than 12 new trees of differing varieties were planted throughout the park.

"I want to thank everyone involved that made this happen, from the City Council, the Community Preservation Committee, our Planning Department, and our Park Department," Koch said. "Welcome Young has long been a central piece of growing up in North Quincy and the renovated park will serve people of all ages and interests. It's great to see so many people out exercising and enjoying this great new facility."

Koch has invested close to $48 million in improvements to the city's park system over the course of the past three years. Playgrounds in every neighborhood of the city are being renovated with Community Preservation funds and the Capital Improvement Plan has upgraded sports facilities throughout Quincy.

"Mayor Koch, and our City Council, have made a tremendous investment in the quality of life in our city through the support of our parks and natural resources," Harris said. "Parks play a critical role in every community. They bring people together, provide opportunities for health and wellness, and give people stronger overall physical and mental health; especially during the pandemic. I am very grateful for the ongoing support from Mayor Koch and our Council in creating such a wonderful park system."

NATURAL RESOURCES Commissioner David Murphy, Ward 6 Councillor Bill Harris and Mayor Thomas Koch visit the newly renovated Welcome Young Park last week. *Photo Courtesy Lisa Aimola, City of Quincy*

Live Online: Cooking With Colin Nov. 12, Dec. 10

The public is welcome to join vegan, Colin McCullough, as he continues a new series of cooking classes this fall. All classes begin at 7 p.m.

Thursday, Nov. 12 - Healthy for the Holidays (festive meal ideas)

In this class, learn ways to make some traditional meals lighter and some new healthy holiday dishes that are lighter.

Thursday, Dec. 10 - DIY Healthy Gifts Everyone Will Love to Eat!

Desserts featured include peppermint blizzard rolls, orange chocolate bites, and more.

The programs will be live-streamed as well as recorded for future viewing. They are made possible by the support of the Friends of the Thomas Crane Library and presented in partnership with the Boston Vegetarian Society.

Since McCullough became vegan in 1995, he has been finding new ways to make healthy eating convenient and delicious, especially while raising two boys with healthy appetites. He teaches private and public cooking classes throughout New England, sharing his experience and recipes with people who want to incorporate more whole-food, plant-based meals for health, compassion, and the environment.

Join on Zoom (meeting ID 873 8149 9949). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio. You may also view the program live on the Thomas Crane Public Library's YouTube channel and on the library's Facebook page.

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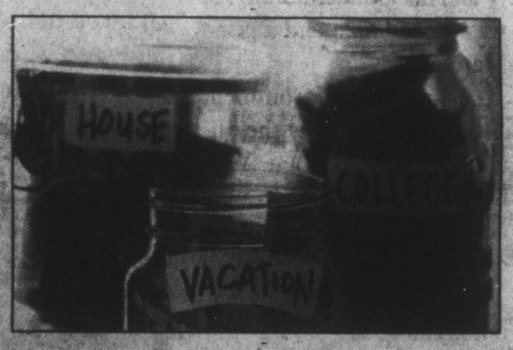

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Moments in time

THE HISTORY CHANNEL

• On **Nov. 15, 1777**, after 16 months of debate, the Continental Congress, sitting in its temporary capital of York, Pennsylvania, agrees to adopt the Articles of Confederation and Perpetual Union. Not until March 1, 1781, would the last of the 13 states, Maryland, ratify the agreement.

• On **Nov. 12, 1864**, Union Gen. William T. Sherman orders the business district of Atlanta destroyed before he embarks on his famous March to the Sea. Nearly 40% of the city was left in ruin.

• On **Nov. 11, 1885**, George Patton, one of the great American generals of World War II, is born in San Gabriel, California. Patton was controversial, known to make eccentric claims that he was a direct descendant of great military leaders of the past through reincarnation.

• On **Nov. 10, 1903**, Mary Anderson receives patent No. 743,801 for her "window cleaning device for electric cars and other vehicles to remove snow, ice or sleet from the window." Anderson tried to sell it to a Canadian manufacturing firm, which said the device had no practical value.

• On **Nov. 14, 1914**, in Constantinople, capital of the Ottoman Empire, the religious leader Sheikh-ul-Islam declares an Islamic holy war on behalf of the Ottoman government, urging his Muslim followers to take up arms against Britain, France, Russia, Serbia and Montenegro.

• On **Nov. 13, 1953**, a member of the Indiana Textbook Commission calls for the removal of references to the book "Robin Hood" from textbooks used by the state's schools. She claimed that Robin Hood was a communist because he robbed the rich and gave it to the poor.

• On **Nov. 9, 1965**, Roger Allen LaPorte, a 22-year-old member of the Catholic Worker movement, immolates himself in front of the United Nations headquarters in New York. Before dying, LaPorte, who was against war, declared that he did it as a religious act.

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Japanese anemone

These perennial plants tolerate a range of light conditions and soil types, growing 2-4 feet tall. They feature delicate, showy white or pink blooms on slender stems that come out in August and can continue to show into the autumn months. Anemone can become rather invasive, forming a thick ground cover; it may require regular attention to keep it from taking over. – *Brenda Weaver*

Sources: www.amateurgardening.com, www.rootwell.com

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Lawrence Norton Remembered As Tireless Veterans' Advocate

Cont'd From Page 1

Quincy Veterans' Council and the American Legion's Morrissette Post.

As president of the Quincy Chapter of the VCVCAF, Mr. Norton had organized annual ceremonies honoring the 48 Quincy men killed in Vietnam. Those observances were held every April at the clocktower in Marina Bay that is inscribed with the names of each of those men.

Thomas Bolinder, who also served in the Marines during Vietnam and was a vice president of the VCVCAF's Quincy Chapter, said Mr. Norton put his heart and soul into those annual ceremonies.

"We started in 1987 at the clocktower. He made sure every year it got bigger and bigger and bigger," Bolinder said. "He put his heart and soul into it."

Bolinder said he had been a friend of Mr. Norton's for the past 35 years.

"I loved him to death," he said. "He loved his family and his grandchildren. He was a good man and a good Marine."

A number of prominent speakers appeared at the annual ceremonies. Gen. William Westmoreland, who commanded American forces in Vietnam from 1964 to 1968, spoke at the first ceremony in 1987.

Thirty years later in 2017, Gen. Joseph Dunford, a Quincy native who was then the chairman of the Joint Chiefs of Staff, was the featured speaker. Another four-star general from Quincy, James McConville, had been scheduled to speak at this year's event before it was cancelled amid the pandemic.

Mr. Norton, in an interview ahead of the 2017 ceremony, said the annual events were organized to provide comfort to the families of those killed in the war and ensure those men would not be forgotten.

"These 48 guys, nobody remembered them, nobody cared about them," Mr. Norton said. "When it happens in your own family, it's a tragedy. When it happens next door, it's unfortunate. If it happens two doors down, what was that young man's name?

"That is the way it is today. That's the way it was back then."

Bolinder said he plans to continue the annual ceremonies at the clocktower.

"It won't be the same without Larry," he added.

In addition to organizing the annual ceremony at the clocktower, Mr. Norton worked with city officials to dedicate memorial squares to each of the 48 Quincy men killed in Vietnam. The last of those memorial squares were dedicated in 2015.

Richard Stratton, a naval aviator from Quincy who was held as a prisoner of war in Vietnam for more than seven years, said Mr. Norton was more than a friend to him.

Mr. Norton, the late Ed Murphy and Bolinder, Stratton said, "sort of adopted me not only because of Quincy but because, more importantly to them, I was a father of two marines, brother of a marine and was trained as a naval aviation cadet by marines."

"As a result, Larry was more than a friend, he was one of a band of brothers. In the Navy we would say 'shipmate,'" Stratton said in an email.

"Larry had heart and it was not for show."

Stratton recalled that Mr. Norton worked with the mayor's office to find the service records for his father, who served in both World Wars but was unable to have his grave at Mount Wollaston Cemetery marked as such because those records had been lost.

"I related to him the story of how my father was a veteran of two wars but could not have his grave so marked because the 'system' had lost his records…I opined that he was probably the only vet that did not get a flag or flowers on Memorial Day in the whole cemetery," Stratton said. "Over the course of the year, Larry was rooting around and kept contact with me.

"He told me that Ed Keohane was set to place a commemorative stone by my parents' gravestone (No charge; no questions.) He worked with the mayor's office on the problem and they quietly pulsed the state, the VA, the National Archives and the Navy for information. After months of effort lo and behold USS Mercy pay records for dad were found in the National Archives and a discharge certificate from the Massachusetts State Guard was unearthed from somewhere in the bowels of the National Guard's record vaults (No charge; no questions.)"

"Larry asked for nothing for himself and gave everything for his family, his city, his shipmates and the Marine Corps," Stratton added.

Mayor Thomas Koch, in a statement, said the city is a better place as a result of Mr. Norton's work.

"The countless contributions Larry made on behalf of this community, his fellow veterans, and particularly the families of the young men who never returned home to Quincy from Vietnam, will stand as an extraordinary legacy," Koch said.

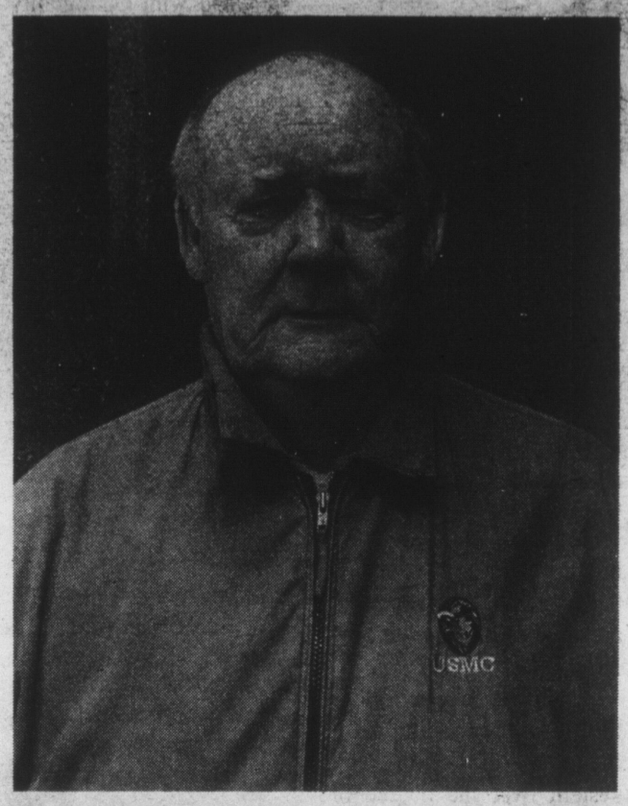
"We are without question a better City today because of Larry's passion, his heart, and his selfless commitment. I am saddened by the loss of a friend, but know his work will live on for generations to come. On behalf of a grateful City, I extend my deepest sympathies to Ruthie, Michael, Kevin and Pam on the loss of a true Quincy original."

George Bouchard, the graves registration officer at the Veterans' Services Department, said Mr. Norton's passing is a loss for the city and its veterans.

"He lived for the veterans and the city of Quincy. Whatever he could do for veterans, he would do. His love for veterans and the city was unmatched," Bouchard said. "It's a big loss for the Morrissette Post, the American Legion and most of all the city of Quincy."

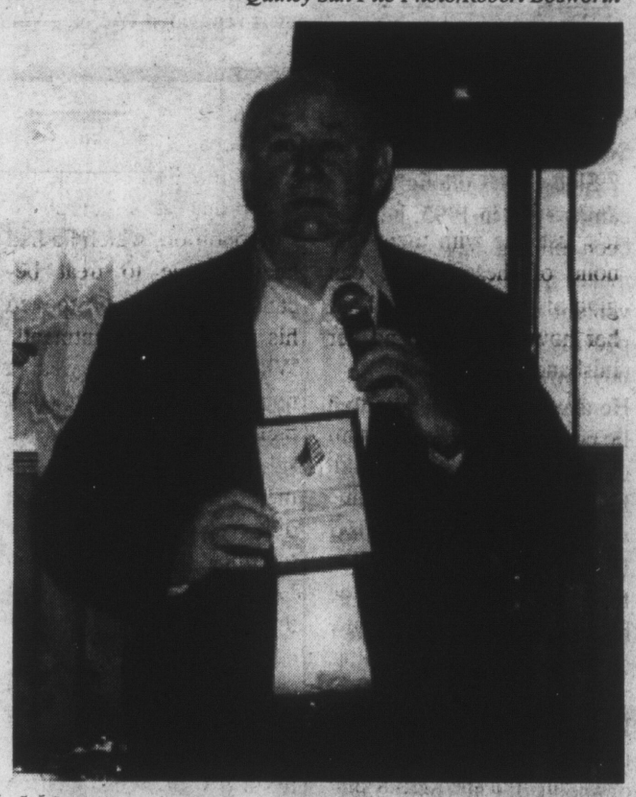
Mr. Norton had four passions in life, Bouchard added: the city of Quincy, Vietnam veterans and the Morrisette Post, veterans not only in Quincy, but throughout the world, and last, but most importantly, his family.

"He loved his bride Ruthie, his sons Michael and Kevin, daughter Pam, and his grandchildren," Bouchard said.



LARRY NORTON outside the Quincy Sun office in 2017. In an interview that year, Mr. Norton said the Vietnam War Remembrance Day was organized to provide comfort to the families of those killed in the war and to ensure those 48 men from Quincy would not be forgotten.

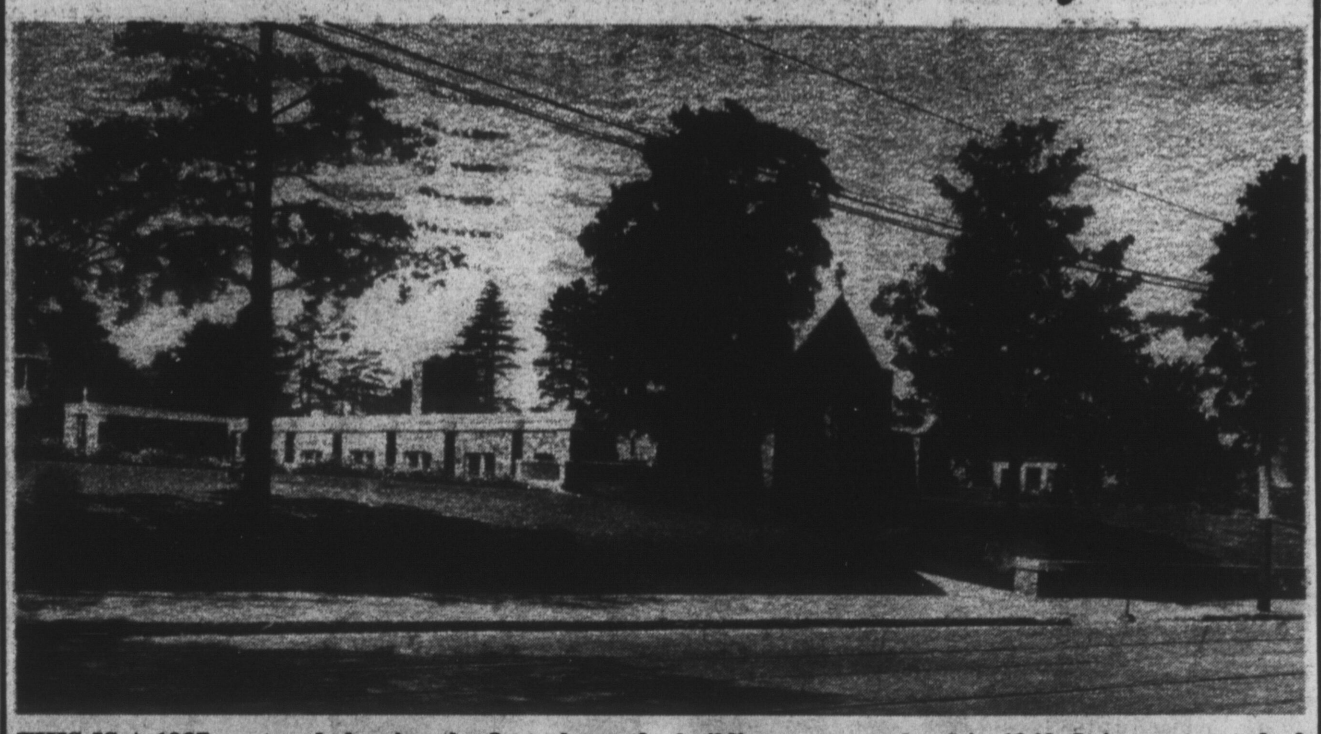
Quincy Sun File Photo/Robert Bosworth



AMERICAN LEGION AUXILIARY Americanism Award from Morrisette Post 294 was presented to Larry Norton in 2010 "in appreciation for his dedication to the City of Quincy's Vietnam veterans." *Quincy Sun File Photo/Robert Noble*

OCT 29 2020

Scenes From Yesterday



THIS IS A 1937 postcard showing the first phase of building St. Ann's Church on Hancock Street in Wollaston. Like many Catholic churches it started out as just a basement level and later funds were raised to complete the structure. When first organized this parish held its Masses in the theater at the old Masonic Temple building on Beale Street in Wollaston Center. This church building was completed in 1940. It is constructed of Weymouth seam-face granite that came from quarries near the Hingham-Weymouth border. The rust color comes from mineral deposits that formed along the face of the granite at its natural cracks or seams.

From the Tom Galvin Postcard Collection

Wear A Mask And Show You Care About Other People

READERS FORUM

A friend of mine from my punk rock days died last week. We hadn't spoken in some time but he was a great guy. He is the person who introduced me to my wife, and when I first decided to stop drinking he was a much needed source of kindness and understanding.

He knew a ton of people, all of whom have stories of his kindness. He was in his 40s and had a massive heart attack; after a week in the hospital he passed away. He died alone with no visitors because of COVID. When people don't wear a mask, they tell me they're okay with him dying alone.

In August another friend of mine from my punk rock days passed away. He leaves behind a wonderful and loving wife. There were no services because of COVID. The sheer number of people who, upon hearing of his passing, said something along the lines of "Aw man, he was just a great, wonderful dude. He was always good to talk to" was staggering. When people don't wear a mask, they tell me it's just fine with them that none of these people can give his wife a hug and tell her how much she and her husband mean to them.

My mother-in-law lives a couple of miles away from us. My wife is her only child. She lives alone and has some serious health concerns. Her daughter and grandchildren mean the world to her. She has not been able to hug any of them for over 7 months. SEVEN MONTHS! When people don't wear a mask, they tell me they don't really care that she's alone and can't safely hug the people most important to her.

My wife has a friend whose father contracted COVID at a short- term rehab. He had to go to rehab because he fell down the stairs. He fell down the stairs due to a neurological condition, which he had been unable to treat because COVID postponed his medical appointments. When people don't wear a mask, they tell me it's not their problem that it wasn't safe for him to go to his medical appointments; he died instead of receiving the treatment he needed, and his family lost him sooner than they would have.

I understand and respect that there are differing views and opinions on when and how to open things back up. It's a difficult conversation and there is always the possibility of unintended consequences. There are no easy answers there. You know what is an easy answer? Masks. Wearing one is, at worst, an inconvenience. (Yes, there are people who legitimately cannot wear a mask. This is a small percentage of people.) The potential positive impact from wearing one is enormous. Sure, it may not stop COVID entirely, but it is clear that wearing a mask and keeping a safe distance are the easiest ways to make a significant positive impact. Refusing to wear a mask tells me that that person does not care about others and refuses to acknowledge even a simple, basic responsibility toward the welfare of their fellow humans.

Wear the mask. When you do wear one, you tell us all that you care about other people, and we all need a little more of that right now.

Bill Southworth
Quincy

Healing Eyes And Hands

Recently I spent over 40 days under the excellent care of healthcare professionals at Beth Israel in Boston, the Deaconess in Milton and the Hebrew Rehabilitation Center in Roslindale.

Of all the doctors or nurses and other health professionals, all I remember is their eyes.

It was all that was visible with the protective gear – mask, shield and head coverings. Never saw a full face.

These medical professionals were constantly changing their plastic gloves to do the pleasant and unpleasant tasks they do to bring myself and others to good health.

Also in the no visitors era they serve as the link between patients and keeping families informed.

If I was a betting man (and I am) I'd bet against the virus and put my money on a vaccine to be found eventually because not only scientists here but around the world are working on it.

I can attest that God is the ultimate healer, but in the interim we can cooperate with Him by following the safety guidelines of wearing a mask, practicing social distancing and washing hands and relying on the medical professionals with the soothing eyes and healing hands.

Jack O'Brien
Navel Terrace, Quincy

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Quincy's Yesterdays

This Week 1980 40 Years Ago

78% Turnout Seen For Election Day

By SCOTT JACKSON

Seventy-eight percent of Quincy's 51,908 registered voters were expected to head to the polls on Nov. 4, which would be the city's lowest turnout for a presidential election in many years, according to City Clerk John M. Gillis.

In the presidential race, incumbent President Jimmy Carter, a former governor of Georgia, and his Vice President Walter Mondale of Minnesota were opposed by Republican California Gov. Ronald Reagan and his running mate George H.W. Bush, a former Texas congressman who was born in Milton.

"That is the only office with a real contest," Gillis said of the presidential race.

Most Quincy voters had only one other race to decide. Democrat Peter L. Eleey, a Quincy attorney, was running for Governor's Council against William J. Robinson of Hull. That seat had been held for 33 years by the late Patrick J. "Sonny" McDonough.

Ward 2 voters were also able to cast ballots in a race for state representative. Incumbent Rep. Robert Cerasoli, a Quincy Democrat, was opposed by Gerald E. Lawler, a Weymouth Republican.

U.S. Rep. Brian J. Donnelly, Sen. Paul D. Harold, Reps. Thomas F. Brownell and Michael W. Morrissey, Sheriff Clifford H. Marshall, and County Commissioners James. J. Collins and George B. McDonald, all Democrats, were all running unopposed.

Voters also had six ballot questions to decide.

Question 1 would amend the state constitution to prohibit discrimination against handicapped people.

Known as Proposition 2 ½, Question 2 was the most debated referendum on the ballot. It would limit the amount a municipality could raise property taxes to 2.5 percent yearly.

Question 3, the Massachusetts Teachers' Associations' answer to Prop. 2 ½, would also limit local property taxes and state taxes while guaranteeing increased state aid for local educational purposes.

Question 4, if passed, would approve a pay raise legislators gave themselves. Legislators gave themselves a raise to $20,335, with the Senate president and House speaker receiving new salaries of $55,920.

Question 5 would limit the Legislature's power to impose new costs on cities and towns by regulating the conditions of municipal employment.

Question 6 would amend the state constitution to allow a measure to become law immediately by voice vote instead of recorded vote.

NORTH QUINCY HIGH DEDICATION

A decade-long project came to an end when the new and old portions of North Quincy High were dedicated in a special ceremony.

The dedication featured speakers from three graduating classes representing three phases of the construction and renovation project.

Randy Calhoun, a member of the Class of 1976, represented students who attended NQHS during the period of double sessions. Michael Mariano, from the Class of 1979, spoke on behalf of students who attended classes only-in the new annex. And Timothy Allen, Class of 1981, represented what would be the first class to graduate from the school after renovations.

School Committee Vice Chairman Christopher Kennedy was master of ceremonies. Mayor Arthur Tobin and Council President Leo Kelly brought greetings from the city.

QUINCY-ISMS

Quincy High's football team defeated New Bedford, 27-14, behind two touchdowns from **Mike Abboud** and one touchdown each from **Ron Pettinelli** and **Paul Flynn**... North Quincy's gridiron team shutout Waltham, 6-0. **Dean Zoia** had the game's lone touchdown...The comedy film "Caddyshack" was playing at the Wollaston Theatre...Nine Quincy students – **Lori Oldham**, **Thomas Lee**, **Nancy Losordo**, **Kevin Shurtluff**, **Jennifer McCauley**, **Elaine Sugarman**, **Joanne Pappas**, **Pauline Pappas**, and **Stacey Goldstein** – received a free trip to the United Nations headquarters in New York after winning the U.N. Day Poster and Essay Contest co-sponsored by the City of Quincy and The Quincy Sun...Planning Director **James E. Lydon** said the city would use a recently received $25,000 state grant to develop a master improvement plan for the Town River Bay area...U.S. Air Force Maj. Gen. Thomas Sadler was a guest speaker at a Quincy Rotary Club meeting...**Tom McDonald**, a U.S. Postal Service employee who delivered mail for 32 years in Quincy Center, retired...Quincy Junior College announced the school's men's basketball would open its season at the Boston Garden against Emerson College, prior to a Washington Bullets-Boston Celtics game.

MPL Offers Virtual Programming For Adults In November

By JEAN B. HLADY
Head of Adult Services/Reference
Milton Public Library

In November the Milton Public Library is offering several fun and educational events for adults and families to enjoy.

On Wednesday, Nov. 4, at 7 p.m., there will be a virtual career workshop with Gary Gekow called "The Art of Networking," as the last one in our Fall series. Job fairs, corporate hiring events, meetups and other online social media platforms are just some of the avenues where people can promote their networking skills. While attending these events and dropping off a resume is a good start, deeper engagement is required in today's job market.

Advance registration is required and you can sign up now at www.miltonlibrary.org. Mr. Gekow is a senior employment specialist with 30 years of recruiting experience in the Boston staffing industry. Come join him for some valuable advice to get you closer to your next new job!

Then on Thursday, Nov. 5 at 7 p.m., Milton Professor Bob Sinicrope and his wife Frances Scanlon will share a wonderful world journey they took during a sabbatical. This "Armchair Travel: 'Round the World Journey in Photographs" event explores 10 countries over 9 weeks with beautiful visuals, and you'll be able to learn about some remarkable cultural experiences.

Bob is in his 48th year of teaching jazz at Milton Academy and teaches and performs music, and his wife Frances is a 35-year career graphic designer and photographer. This talk includes scenes and stories from Morocco, South Africa, the Maldives, Bali (Indonesia), Singapore, Malaysia, Vietnam, Thailand, China and Japan. Do not miss joining our Zoom program for a glimpse into an incredible journey! Just sit back, relax and enjoy traveling with this fascinating couple. Registration is open and required in advance at our website.

There will be an additional program on Thursday, Nov. 5, at 7 p.m. and it is a meeting of the Celebrity Book Group with Sally and Sara. In this fun, relaxed discussion of books recommended by popular celebrities, you should read in advance the book Mercy House by Alena Dillon, recommended by Amy Schumer. Registration is required in advance and is open now. If you would like to place a reserve on the book, call the Reference Dept. at (617) 898-4964 or go to our online catalog at www.miltonlibary.org, and place a hold using your library card.

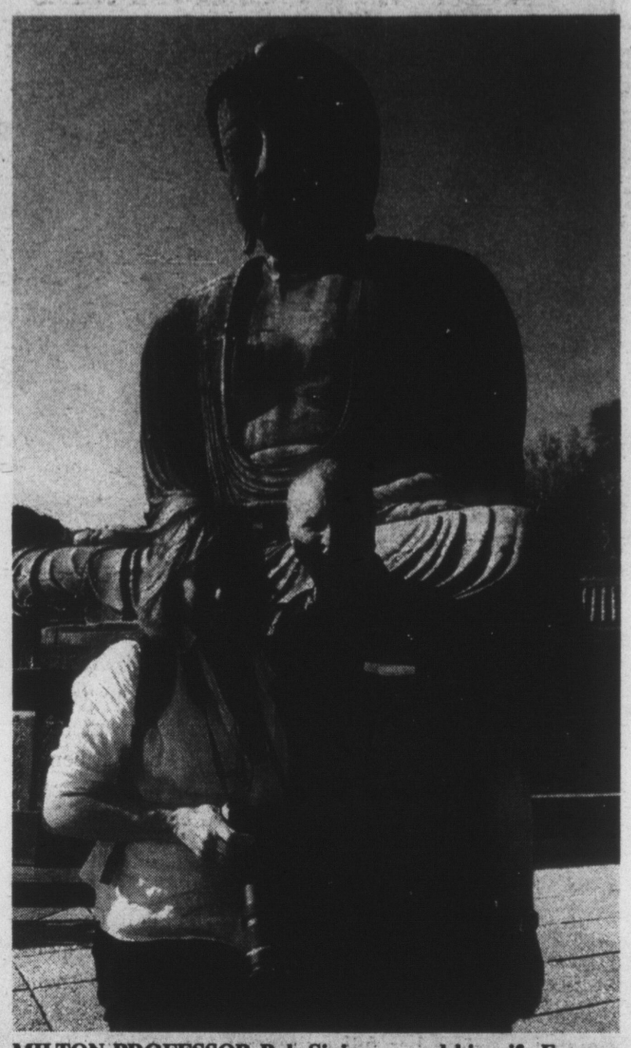
Fashion expert Karen Antonowicz will give a presentation called "Fashion Talk: The Golden Age of Hollywood" on Tuesday, Nov. 10th, at 7 p.m. This entertaining Zoom fashion series has gotten a lot of attention in the last few months, and this talk is about fashion on the silver screen during the 30s, 40s, and 50s. This period was not only glamorous and influential, but also enjoyed as an "escape" from the problems of each decade.

In the Depression era, folks could attend the movies as a way to forget their current circumstances, while the films served as both escapism and news reporting during the long years of World War II. The advent of television caused fashion influences to be split between the silver screen and the smaller TV in American homes. Please join us for an inside look at what chic clothing and accessories people wore over the decades. Registration is required in advance and signup is open now.

AUTHOR ELIN HILDERBRAND

For our ongoing programs, there will be a meeting of the "Virtual Cookbook Club" with Sara Truog and Connie Spiros on Thursday, Nov. 12, at 6:30 p.m. The MPL's Cookbook Club is a group of adults who enjoy cooking and sharing food together but now they are meeting online to show each other what they have prepared and to swap recipes. Go to our website – www.miltonlibrary.org – and click on "Events" to read about what you need to do to participate in this event. Registration is required and is limited. For questions about the club, Email struog@ocln.org

Also on Saturday, Nov. 21, at 10 a.m., the "Virtual Library Knitting Group" will hold another meeting. This informal get together offers an opportunity for people to see each other, chat, bring a project to work on, and have friends on hand to ask questions when they need help. Knitters and all other fiber artists are invited to attend, and if you like to be part of the group, please Email jhlady@ocln.org. She will make sure you are added to the coordinator's list to receive the Zoom link in advance.



MILTON PROFESSOR Bob Sinicrope and his wife Frances Scanlon

AUTHOR DAVID WEDGE

On Monday, Nov, 16, at 7 p.m., popular author Elin Hilderbrand will give a virtual talk about her new book called Troubles in Paradise (c2020). Ms. Hilderbrand is an American writer mostly of romance novels and her books are typically set on and around Nantucket Island where she lives with her 3 children. The program will be held in collaboration with Haley Booksellers and Hachette Publishers to include several libraries in MA. This is a "save the date" notice because there will be more details about how to register coming soon at our website. Please keep checking for more information at this link: https://tinyurl.com/y5h8u7xz and then go to the date of November 16th for instructions.

And finally local author David Wedge will give a talk on Tuesday, Nov. 17 at 7 p.m. Mr. Wedge will be discussing his book called "Hunting Whitey: The Inside Story of America's Most Wanted Crime Boss" which was co-authored with Casey Sherman in May 2020. In this virtual program via Zoom, the author will describe the tale of James "Whitey" Bulger, the South Boston crime boss who died in a federal prison in West Virginia in 2018.

Dave, a Milton resident, has produced many other nonfiction titles also, working with Sherman, including Boston Strong which was the basis for the movie "Patriot's Day." Hunting Whitey is an exhaustive read which brings interviews and great reporting together to tell the complete story of the leader of the Winter Hill Gang. Join us for a fascinating program! Advance registration is required; a Zoom connection link will be sent to you on the day of the program. Signup started on Oct. 27th.

All of these programs will be held virtually and for most of them you can sign up at this link: https://tinyurl.com/y5h8u7xz or go to our website: www.miltonlibrary.org and click on "events" from the main page.

Our adult programs are kindly sponsored by the Friends of the Milton Public Library and for any questions, Email jhlady@ocln.org or call her at the Reference Dept. at (617) 898-4964. We hope to see you online in November!

State Pauses All Indoor Ice Rink, Ice Skating Facilities Through Nov. 7

Due to rising cases of COVID-19 connected to indoor ice hockey, the Massachusetts Department of Public Health issued a new public health order Oct. 22 prohibiting indoor ice rinks and ice skating facilities from operating from Oct. 22 to Nov. 7.

This order is in response to multiple COVID-19 clusters occurring at rinks throughout the state following games, practices and tournaments. Neighboring states including New Hampshire have enacted similar temporary restrictions regarding indoor ice hockey.

There have been at least 30 clusters of COVID-19 associated with organized ice hockey activities involving residents from more than 60 municipalities in Massachusetts. Each of these includes two or more confirmed or probable COVID-19 cases, totaling 108 confirmed cases.

This pause will allow for the development of stronger COVID-19 protocols to further protect players, families, coaches, arena staff and other participants, as well as communities surrounding hockey rinks.

Current protocols include limitations on the number of people allowed in an arena, social distancing and other precautions. This order includes all indoor ice rinks and ice skating facilities in Massachusetts. These rinks and facilities may not operate during this temporary two-week pause. It is effective between 5 p.m. on Oct. 23 and 12:01 a.m. on Nov. 7, 2020.

College and professional programs are exempt from this order.

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OCT 29 2020

Social Security Matters

Ask Rusty – Why Isn't My Wife Getting Half Of My Benefit?

By RUSSELL GLOOR
AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: My wife isn't getting half of my Social Security benefit amount. Shouldn't she be? **Signed:** ***Feeling Cheated***

Dear Feeling Cheated: A spouse does not always receive 50% of the husband's Social Security benefit, because it depends on the age at which both of you claimed Social Security, and whether your wife was entitled to benefits from her own lifetime work record.

If your wife is entitled to Social Security on her own work record and claimed that before she reached her full retirement age (FRA), she would never get half of your benefit amount as your spouse because she claimed her own benefit early. Your wife's spousal benefit consists of both her own benefit and a "spousal boost," so claiming her own reduced benefit early would also result in a lower spousal benefit. Her spousal boost, which was based upon her full retirement age (FRA) benefit amount compared to half of your FRA benefit amount, will also be reduced if she claimed the spouse benefit before her full retirement age.

If your wife wasn't entitled to her own benefit (from her own lifetime work record), but instead claimed her spouse benefit from you before reaching her FRA, her spouse benefit would be permanently reduced, again because she claimed it before her full retirement age. A basic Social Security rule is that any time any Social Security benefit is claimed before full retirement age, that benefit is permanently reduced.

The spouse benefit is based upon each spouse's benefit amount at their full retirement age. So, for example, if you delayed beyond your FRA to get a higher personal benefit for yourself, your wife's spousal benefit would still be based upon your FRA benefit amount, not the increased amount you received by delaying past your FRA to claim. Which would again mean a spousal benefit which is less than 50% of your actual benefit.

So, as you can see, a spouse doesn't always get half of the higher earning spouse's Social Security benefit. Your wife's benefit will be less than 50% of your FRA benefit if she took any SS benefit before reaching her full retirement age. And it will also be less than half of the benefit you are now receiving if you delayed past your own FRA to claim a higher benefit for yourself.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

PHOTOS INCLUDING THIS one called "Fountain Of Youth, Charleston, South Carolina" by photographer Lauren Lombard will be featured in the online exhibit by Milton Public Library Nov. 1 through Dec. 31. *Courtesy Photo*

MPL Virtual Art For November: Photographer Lauren Lombard

From Nov. 1 through Dec. 31, Milton photographer Lauren Lombard will display her work virtually at www.miltonlibrary.org in an exhibit called "From What I Have Seen."

Lombard attended Wheelock College and studied Education and Visual Arts. She is a coastal Connecticut expat living in Milton with her husband and their two small children, and she is a right-brained visually creative type who survives solely on wit. Photography has been a constant enjoyment for her throughout the years, both personally and professionally. This exhibit will show some lovely images in both black and white, and color, and her subjects include landscapes, people, animals and many more unique scenes.

"I have been fortunate to visit many places in the world with my camera in tow. For this exhibit, I have chosen a handful of my favorite photos from some of my travels, including Ireland, Puerto Rico, Mexico and various locations across the U.S.," Lombard says. "I aim to create images that convey my own unique perspective on a given subject or situation. Many of my favorite images have come from the least expected moments....Thank you for taking the time to look at my work. I hope you enjoy it! Stay well."

The photographer's website is: LaurenLombard.com and after 11/1/20 you can view the exhibit using this link: https://miltonlibrary.libguides.com/art

For more information about displaying your art at the Milton Public Library, email jhlady@ocln.org or call Jean Hlady at (617) 898-4964. New artists are welcome.

Social

Genealogy Database Accessible At Home

Thomas Crane Public Library announces that the American Ancestors genealogy database, previously only available within the library, is now available to users remotely. This special remote access is temporary during the COVID-19 pandemic.

AmericanAncestors.org provides access to more than 1.4 billion records spanning twenty-two countries covering the United States, the British Isles, continental Europe, and beyond, including one of the most extensive online collections of early American genealogical records, the largest searchable collection of published genealogical research journals and magazines, and the largest collection of U.S. Catholic records online.

Access is provided by the New England Historic Genealogical Society (NEHGS). American Ancestors and NEHGS is America's founding genealogical organization and the most respected name in family history. Established in 1845, they are the nation's leading comprehensive resource for family history research and the largest society of its kind in the world. They provide expert family history services through their staff, original scholarship, data-rich website, educational opportunities, and research center to help family historians of all levels explore their past and understand their families' unique place in history.

Contact the Thomas Crane Public Library to get the user name and password for remote access. For more information, call 617-376-1300 x3 or email quref@ocln.org.

Family Day At Eustis Estate

The public is invited to join the Eustis Estate on Saturday, Nov 7 from 11 a.m. to 4 p.m. for its annual celebration of fall with a special day for families.

This year's exploration of the landscape will have a magical twist, with a fairy house scavenger hunt, crafts, and activities that will guide you around the property. Rain date is Sunday, Nov. 8 at 11 a.m. to 4 p.m.

Handcrafted fairy houses will be available to purchase courtesy of the Amateur Gardeners of Milton. All activities are designed to maximize social distancing and will take place outdoors. All guests must wear a mask.

Advanced tickets required. Tickets may be purchased at www.historicnewengland.org/events. This ticket does not include the inside of the museum. If you wish to also visit the mansion, purchase your house tour reservations using the link www.historicnewengland.org/eustisestate.

The museum offers a self-guided experience with one guided tour per open day at 10 a.m. Historic New England members tour for free.

Call 617-994-6600 for more information. Advance tickets are required for all events. The Eustis Estate, one of 37 historic sites owned and operated by Historic New England, is located at 1424 Canton Ave. in Milton.

Learn-To-Skate Classes At Shea Rink

Bay State Ice Skating School announces new learn-to-skate classes for children, ages 4 to 18 are at ice rinks in Quincy and Weymouth.

Classes at the Shea Memorial Rink on Willard Street in Quincy start Sunday, Nov. 8 at 11 a.m. for eight weeks and at the Connell Rink, 220-R Broad Street in Weymouth, Sunday, Nov. 8 at 2 p.m. for five weeks.

Classes are also available at 10 area rinks.

Use either figure, recreational or hockey skates. Beginner, intermediate and advanced classes taught by professional instructors. For information and to register, call 781-890-8480 or visit online at WWW.BAYSTATESKATINGSCHOOL.ORG.

Bay State Skating School is compliant with the Commonwealth of Massachusetts COVID-19 guidelines. The number of students allowed on the ice will be limited.

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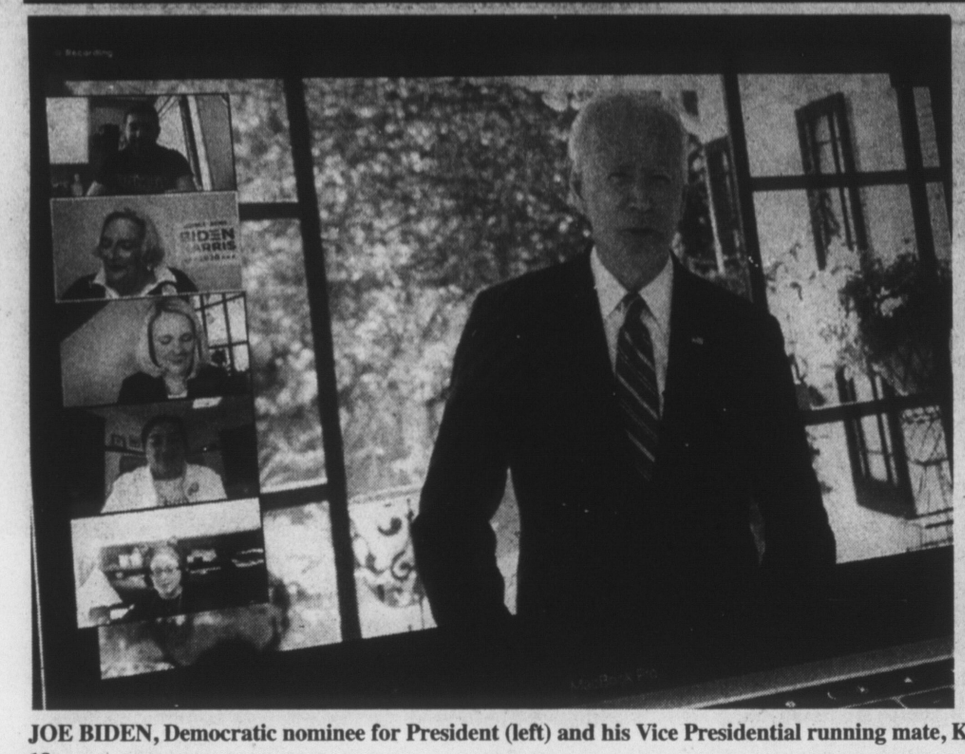
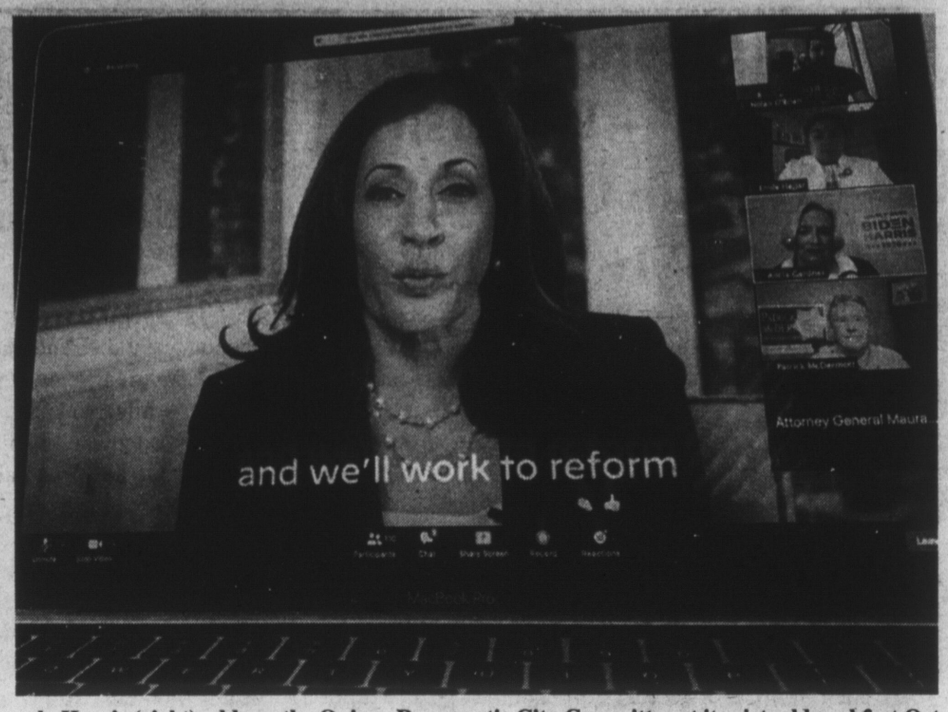




JOE BIDEN, Democratic nominee for President (left) and his Vice Presidential running mate, Kamala Harris (right) address the Quincy Democratic City Committee at its virtual breakfast Oct. 18.

Courtesy Photos

Biden, Harris, Healey Address QDCC Virtual Breakfast

Councillor Anne Mahoney Receives Dennis F. Ryan Community Award

By EMILY HAJJAR
Quincy Democratic City Committee

The Quincy Democratic City Committee hosted their first-ever virtual breakfast Oct. 18. With over 100 participants, this was one of the most exciting and engaging breakfasts in the City Committees' history.

The virtual breakfast was attended by elected officials, candidates in this upcoming election, Quincy Democratic City Committee members, and supporters of Democratic candidates from all over the Commonwealth.

The City Committee shared videos from Presidential nominee Joe Biden and Vice Presidential nominee Kamala Harris that came straight from the Biden-Harris Campaign. Attorney General Maura Healey joined the breakfast live and reminded everyone about what is at stake in this election.

The City Committee was also joined by Gus Bickford and the Mass Dems. The Mass Dems were able to secure a large virtual space for the Quincy Dems Breakfast and assisted with technical support. Videos from local elected officials were broadcast which helped to encourage everyone to get out and vote, and also featured well wishes and congratulations to City Councillor at-Large Anne Mahoney on receiving the Dennis F. Ryan Community Award for 2020. The breakfast also highlighted why Quincy Dems are engaged in this election cycle and why being a Democrat is important to them.

Quincy City Democratic Committee Chairwoman, Alicia Gardner said, "Our Virtual Breakfast was a smashing success. We were delighted to hear from our Presidential nominee Joe Biden and the Vice Presidential nominee Kamala Harris via video. Our Attorney General Maura Healy was passionate in expressing why it is so important that we get out and vote and help GET OUT THE VOTE! The members of our Event Committee did an outstanding job in providing an interesting and entertaining morning."

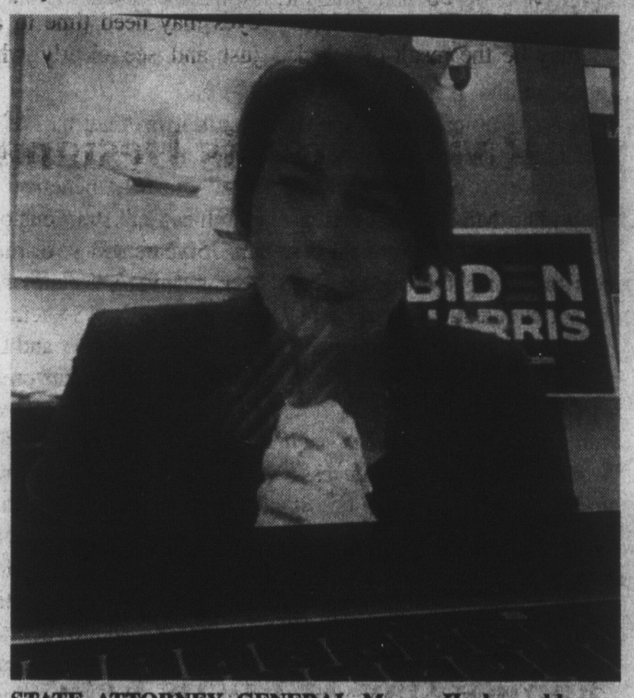
With these unprecedented times, the QDCC was able to shine a light on those essential workers who have put their lives at risk to ensure the safety of our city and their communities. At this year's breakfast, the Quincy Dems highlighted our community's COVID Heroes.

The COVID Heroes recognized were Deb Buonopane, Danielle Nea and Lisa Renzi who work in the medical field; Nicole Doyle who makes masks; Nick Ahern, the principal of Clifford H. Marshall Elementary School; Richard Ash, an attorney and helpful neighbor; the staff of Manet Community Health, the City of Quincy, Chamber of Commerce and QCAP for their Affordable Housing Trust Fund; the staff and volunteers at the Germantown Neighborhood Center, South Shore YMCA, the staff at Thomas Crane Public Library and its director Megan Allen, and Ruth Jones, the commissioner of the Quincy Health Department.

The virtual breakfast was recorded and will be shared on Quincy Access TV (QATV) as well as the Quincy Dems Youtube page, Facebook account, and website, QuincyDems.com.

The Quincy Democratic City Committee fosters and advances the ideals and aims of the Democratic Party by working to elect Democratic candidates at the district, country, state, and national level while strengthening the Democratic Party in Massachusetts and the City of Quincy. Monthly meetings are held on the second Tuesday of each month.

Contact us at quincydems@gmail.com and follow the Quincy Dems on social media for more information.



STATE ATTORNEY GENERAL Maura Healey addresses Quincy Democrats at the QDCC virtual breakfast Oct. 18.

COUNCILLOR AT-LARGE Anne Mahoney received the Dennis F. Ryan Community Award at the Quincy Democratic City Committee virtual breakfast Oct. 18.

WHAT'S COOKING with *Marie & Susie*

By MARIE D'OLIMPIO and SUSIE FALCO

Peanut-Rice Krispies Treat Bars

By MARIE

Most of us have made and enjoyed traditional Rice Krispie treats made with marshmallow fluff. Today's recipe is another version of that treat, but made with peanuts. This recipe is delicious and as simple to prepare as the traditional one.

Directions and Ingredients

Prepare an 8 x 8 x 2-inch pan

3 cups of Rice Krispies
1 cup of salted peanuts
½ cup sugar
½ cup light corn syrup
¼ cup peanut butter
½ teaspoon vanilla

Mix the Rice Krispies and peanuts together and set aside.

In sauce pan, combine the sugar and corn syrup, stirring constantly until mixture comes to a full boiling point, remove from heat then stir in peanut butter and vanilla.

Pat the cereal and peanut mixture evenly into a buttered 8 x 8 x 2-inch pan, pour sugar mixture over cereal and peanut butter.

Cool and then cut into 2-inch bars.

Meat Loaf

By SUSIE

Meat loaf can be a healthy (and delicious) comfort food, especially when made with some extra veggies and the bread crumbs are nixed.

Here is a yummy and healthy one. Feel free to substitute grass fed ground beef if you prefer. Add more spices if you like! (My kids like when I add Siracha sauce to this recipe....also use organic ingredients when available for a healthier meatloaf.)

One of my tricks when making this is to break off a little piece when all mixed and fry in a small pan until done to taste if there is enough salt/seasonings. If not enough, just add a bit more! (always start small because you can't take it out once its in there!)

1 lb organic ground turkey
2 tablespoons olive oil
1 medium onion, chopped fine
1 medium red pepper, chopped fine
2 garlic cloves, minced
4 small mushrooms, chopped fine
1/2 cup shredded zucchini
2 eggs
1/4 cup tomato paste
1/2 cup coconut flour (takes place of the breadcrumbs)
1/4 cup fresh chopped parsley
1 teaspoon dried thyme
1 teaspoon cumin
1 tablespoon Dijon mustard
Sea salt and pepper

Saute' onion, pepper, and mushrooms for about 5 minutes until slightly browned in a bit of olive oil. Let cool.

Mix everything together and knead all ingredients well and place in a nice even mound on parchment paper on a cookie sheet.

Bake about 45 minutes until cooked through.

Let sit about 5 minutes before cutting.

OCT 29 2020

Falls And Older Adults: Risk Factors, Prevention

A Message From Ruth Jones, City Of Quincy Health Commissioner

RUTH JONES

By RUTH JONES MSPH, BSN, RN, BC, CP-FS

Falling is not a normal part of aging, and usually doesn't occur coincidentally.

Frequently, several underlying causes or risk factor are involved in a fall. A risk factor is something that escalates a person's risk or susceptibility to a medical problem or disease. As the number of risk factors rises, so does the risk of falling. Many falls are related to a person's physical condition or a medical issue, or could be associated with safety hazards in the home or community.

Experts have linked a number of personal risk factors to falling. Muscle weakness, particularly in the legs, is one of the most significant factors. Seniors with weak muscles are more inclined to fall than are those who maintain their muscle strength, as well as their flexibility and endurance.

Your balance and your gait are other crucial elements. Older adults who have poor balance or difficulty walking are more likely to fall. These problems may be the result of a lack of exercise, a neurological cause, arthritis, or other medical disorders and their treatments. Keep in mind also that your reflexes may start to decline with age, increasing the amount of time it takes you to react inadvertently making it trickier to catch your balance if you begin to fall.

Blood pressure that drops too much when you get up from lying down or sitting can increase your chance of falling. This condition, referred to as postural hypotension might result from dehydration or certain medications. It might also be connected to diabetes, neurological conditions such as Parkinson's disease, or an infection. Postural hypotension can cause some people to feel dizzy when their blood pressure drops.

Sensory problems can be a source of falls, too. If your senses are not functioning appropriately you might be less aware of your environment.

For example, having numbness in your feet may mean you don't detect where you are stepping. Poor vision can also increase your risk. One reason is that your eyes may need time to adjust and see clearly when you transition between light and darkness. Other vision problems contributing to falls include poor depth perception, cataracts, and glaucoma. Wearing multi-focal glasses while walking or having inadequate lighting around your home can also lead to falls.

Certain medications can intensify a person's risk of falling because they may trigger side effects like dizziness or confusion. The health problems for which the person takes the medications may also contribute to the risk of falls. Subsequently, the more medications you take the more likely you are to take a tumble. Your doctor and pharmacist can council you on which drugs, including over-the-counter medicines, might cause complications.

It is important to remember that if you fall, be sure to talk with your health care provider. A fall could be an indication of a new medical condition that should be investigated, such as an infection or a cardiovascular disorder. It could also suggest that a treatment for a chronic ailment, such as Parkinson's disease or dementia, needs to be adjusted.

Statistics show that 6 out of every 10 falls happen at home, where we spend the bulk of our time and tend to move around without contemplating our safety. Falls at home often happen while a person is performing normal daily activities. Some of these falls are caused by factors in the person's living environment including:

- loose rugs
- clutter on the floor or stairs
- carrying heavy or bulky things up or down stairs
- not having stair railings
- not having grab bars in the bathroom

Many falls could be prevented by making modest changes in your living space, as well as personal and lifestyle adjustments. A significant step toward this is to remove anything that could cause you to trip or slip while walking.

Clutter, small furniture, pet bowls, electrical or phone cords, or other items can cause you to fall. Slipping on rugs or slick floors can also be an issue. Arrange furniture to give you ample room to walk freely and remove items from stairs, hallways, and pathways.

Discard throw rugs, use non-slip rugs, or attach rugs to the floor with double-sided tape. Put non-slip strips on floors and steps and a rubber mat on the floor of your bathtub or shower, as well. Use caution when walking outdoors, and avoid going out alone on ice or snow. A minimal slip on a slick sidewalk or icy stairs could result in a serious injury.

Ensure that you have sufficient lighting in each room, at entrances, on outdoor walkways and on stairways. Light switches at both the top and bottom of stairs can be beneficial, as well as a lamp within easy reach of your bed.

Install night lights in the bathroom, hallways, bedroom, and kitchen and always keep a flashlight by your bed in case the power is out and you need to get up.

Have handrails installed on both sides of stairs and walkways. If you must carry items while walking up or down stairs, hold the item in one hand and use the handrail with the other. Correctly placed grab bars in your tub and shower, and next to the toilet, can assist you in avoiding falls, too.

Store food boxes, cans, dishes, clothing, and other everyday items within easy reach. This simple adjustment could prevent an injury that might come from standing on a stool to get to an item.

It is important to remember that if you fall, be sure to talk with your health care provider. A fall could be an indication of a new medical condition that should be investigated, such as an infection or a cardiovascular disorder. It could also suggest that a treatment for a chronic ailment, such as Parkinson's disease or dementia, needs to be adjusted.

If you have fallen, your doctor might suggest that an occupational therapist, physical therapist, or nurse visit you at home. These health care providers can assess your home's safety and advise you about making modifications to prevent falls.

Ruth Jones is the health commissioner for the City of Quincy.

RMV Extends Designated Appointment Hours For Customers 75 And Over

The Massachusetts Registry of Motor Vehicles (RMV) has extended designated Wednesday appointment hours for customers 75 years of age or older through November and December.

This new customer service option began successfully in early September at select RMV Service Centers, and is now offered at 17 locations: Brockton, Danvers, Fall River, Greenfield, Lawrence, Leominster, Martha's Vineyard, Nantucket, New Bedford, North Adams, Pittsfield, Plymouth, Revere, South Yarmouth, Springfield, Watertown and Worcester.

The senior hours are held on Wednesdays (hours vary by location) for customers 75 years of age or older whose driver's license or ID card expire in September, October, November and December including customers whose licenses / IDs were originally extended earlier this year and are expired. This new service option is being offered to provide customers with some flexibility while conducting transactions and to facilitate proper "social-distancing" protocols and procedures to keep customers and staff safe and healthy. Information regarding the new service hours and additional resources for seniors can be found at https://www.mass.gov/info-details/older-drivers.

Senior hours are by appointment only. Below are the options for seniors to renew by appointment:

- If you are a AAA member, you may make a reservation now to renew your driver's license/ID at a AAA location. Visit aaa.com/appointments to schedule your visit.
- If you are not a AAA member, visit Mass.Gov/RMV to make a reservation to renew at an RMV Service Center. Select the Seniors License Renewal option on the Make/Cancel a Reservation transaction.
- Email the RMV for assistance to renew at MassDOTRMVSeniors@dot.state.ma.us email address.
- Call the RMV at 857-368-8005.

General appointments for license and ID renewals, as well as other essential in-person needs, are available to all customers at these locations throughout the business week. Select Renew My Driver's License or Mass ID option on the Make/Cancel a Reservation at Mass.Gov/RMV to view availability and make a reservation at an open location.

The RMV recommends that all customers get ready online before their appointment. Visit Mass.Gov/RMV and click on "Online Service Center," select your renewal transaction (Driver's License or ID), and then follow the prompts to verify your identity and start your transaction.

The RMV is introducing these service channel alternatives in light of the COVID-19 public health emergency to encourage 'social-distancing' in its Service Centers and prioritize other essential in-person needs by appointment-only.

All RMV customers are encouraged to visit www.Mass.Gov/RMV to complete one of over 40 other transactions available online, by mail, or by phone.

For additional information on RMV service offerings during the COVID-19 pandemic, visit www.mass.gov/rmv or https://www.mass.gov/info-details/rmv-covid-19-information.

How Giving Back At The Holidays Fits Into Your Retirement Plan

When the holidays approach, Americans feel moved to open their wallets a little more to help the needy.

And for retirees, that seasonal urge can fit neatly into their overall retirement plan – if they're intentional about how they go about it.

"Charitable giving is a frequently neglected area of financial planning, but it's important for one's financial health and spiritual and emotional well-being," says Patrick Rush, CEO of Triad Financial Advisors and the ForbesBooks author of Gain Big and Give Back: Financial Planning with Intention.

"I think it's a valuable thing to do at any stage of life, and just because you're retired doesn't mean you have to cut back. You can combine your passion for a cause with smart tax and investment advice."

Adding a charitable-giving component to someone's financial plan isn't always simple, though, and not just because everyone has different amounts of money they potentially could set aside for such largesse.

"Every person comes into my office with a unique set of experiences, values, wants, needs, fears, hopes, and desires," Rush says. "Consequently, you could give five people $1 million each and they're all going to respond to it in a myriad of different ways. Each financial plan must account for these emotional and personal nuances."

That said, Rush has suggestions for those who want to satisfy their urge for charitable giving – and take advantage of deductions the

Cont'd On Page 15

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THE FLAVOR OF THE MONTH IN OCTOBER IS
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Quincy

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Quincy College Pledges To Go Tobacco, Vape Free

Receives Truth Initiative Grant, To Form Campus Task Force

Quincy College was one of 14 colleges and universities to be awarded a grant from Truth Initiative to adopt a 100 percent tobacco/vape-free campus policy. The effort is part of a national movement among students, faculty and administrators to address smoking, vaping and nicotine use at college campuses throughout the U.S.

As the nation gets back to school amidst the ongoing COVID-19 pandemic, concerns about the youth vaping crisis continue to mount as the evidence base on the connection between the two grows. Newly published data show young people who reported ever using e-cigarettes may be up to five times more likely to test positive for COVID-19 compared to their non-vaping peers. In addition, new CDC reports show an encouraging decline in youth vaping, but a troubling rise in menthol and flavored disposable e-cigarette use.

Over the next 19 months, Quincy College will form a campus task force that will assess smoking, vaping and tobacco use behaviors and attitudes, identify a treatment plan for current smokers and vapers and develop a smoke, vape and tobacco-free policy. Two student leaders will also develop and lead educational efforts to build a movement to become a smoke, vape and tobacco-free campus. After participation in the program, the institutions are poised to join a growing movement that will protect more than 1.9 million students and 159,000 employees in 40 states.

"Quincy College is proud to partner with the Truth Initiative and start working on prioritizing our students' health and community wellness on campus. We've started to develop a task-force and are creating events around smoking cessation and prevention in order to meet our goal of becoming a tobacco-free campus by 2022," said Quincy College Director of Student Life Amanda Senyonjo.

Since 2015, the Truth Initiative Tobacco/Vape-Free College Program has awarded more than $2.4 million in funding to 200 colleges, universities and college systems. Moreover, with the tobacco industry's long history of targeting vulnerable communities, the grant program seeks to serve community colleges, minority-serving institutions and women's colleges. This year's 14 grantees represent a diverse group of institutions, including community colleges, HBCUs, Hispanic serving institutions, women's colleges, tribal colleges and Asian American and

Cont'd On Page 11

CITY OF QUINCY

昆士市 總統選舉

市府書記辦公室 **2020 年 9 月 15 日**

根據法律規定，謹此通知昆士市公民，所有合格選民，市選舉事務投票日將定於：

星期二，2020 年 11 月 3 日

請所有合格投票的公民於投票日，在昆士市議會所指定投票地點，為下列候選人作出投票：

總統；副總統；国會參議員，国會衆議員－第八選區； 州長顧問 － 第四選區，州參議員 － 諾福郡/普令茅斯選區，州衆議員－ 諾福克郡第一，第二，和第三選區；州衆議員撒福郡第十三選區； 諾福郡遺囑认证官，諾福郡財政局長，諾福郡專員（兩席）；諾福郡警長（填補空缺）

投票服務由早上七點開始，直到晚八點結束。投票站地點已指定如下：

WARD 1 第一選區, PRECINCT 1 (第一投票站) – MERRYMOUNT 學校, 4 AGAWAM ROAD

WARD 1 第一選區, PRECINCT 2 (第二投票站) – O'BRIEN TOWERS 奧布賴恩老人公寓, 73 BICKNELL STREET

WARD 1 第一選區, PRECINCT 3 (第三投票站) – THOMAS CRANE 圖書館會議室, 40 WASHINGTON STREET

WARD 1 第一選區, PRECINCT 4 (第四投票站) – ADAMS SHORE 圖書館, 519 SEA STREET

WARD 1 第一選區, PRECINCT 5 (第五投票站) – SAINT THOMAS AQUINAS HALL 禮堂, DARROW STREET

WARD 2 第二選區, PRECINCT 1 (第一投票站) – FORE RIVER CLUB HOUSE 社區中心, 16 NEVADA ROAD

WARD 2 第二選區, PRECINCT 2 (第二投票站) – CLIFFORD MARSHALL SCHOOL 小學, 200 MOODY STREET

WARD 2 第二選區, PRECINCT 3 (第三投票站) – MARTENSEN STREET HOUSING 老人屋, 95 MARTENSEN STREET

WARD 2 第二選區, PRECINCT 3A (第三 A 投票站) – CLIFFORD MARSHALL SCHOOL 小學, 200 MOODY STREET

WARD 2 第二選區, PRECINCT 4 (第四投票站) – SAINT JOHN'S CHURCH 教堂, 44 SCHOOL STREET

WARD 2 第二選區, PRECINCT 5 (第五投票站) – SAINT JOHN'S CHURCH 教堂, 44 SCHOOL STREET

WARD 3 第三選區, PRECINCT 1 (第一投票站) – HIGHROCK COVENANT CHURCH 教堂, 315 WHITWELLSTREET

WARD 3 第三選區, PRECINCT 2 (第二投票站) – FIRST BAPTIST 教堂, 81 PROSPECT AVENUE

WARD 3 第三選區, PRECINCT 3 (第三投票站) – MONTCLAIR 學校, 8 BELMONT STREET

WARD 3 第三選區, PRECINCT 4 (第四投票站) – WOLLASTON 學校, 205 BEALE STREET

WARD 3 第三選區, PRECINCT 5 (第五投票站) – WOLLASTON 學校, 205 BEALE STREET

WARD 4 第四選區, PRECINCT 1 (第一投票站) – LINCOLN-HANCOCK COMMUNITY SCHOOL 學校, WATER STREET ENTRANCE

WARD 4 第四選區, PRECINCT 2 (第二投票站) – QUINCY LODGE OF ELKS 鄉里會所，254 QUARRY STREET

WARD 4 第四選區, PRECINCT 3 (第三投票站) – QUINCY LODGE OF ELKS 鄉里會所，254 QUARRY STREET

WARD 4 第四選區, PRECINCT 4 (第四投票站) – LINCOLN-HANCOCKCOMMUNITY 學校, WATER STREET

WARD 4 第四選區, PRECINCT 5 (第五投票站) – MORRISETTE AMERICAN LEGION POST 會所, 81 LIBERTY STREET

WARD 5 第五選區, PRECINCT 1 (第一投票站) –FORT SQUARE PRESBYTERIAN CHURCH, 教堂 16 PLEASANT STREET

WARD 5 第五選區, PRECINCT 2 (第二投票站) – QUINCY COMMUNITY UNITED METHODIST CHURCH 教堂, 40 BEALE STREET

WARD 5 第五選區, PRECINCT 3 (第三投票站) – ADAMS ACADEMY 學校, 8 ADAMS STREET（由 DIMMOCK STREET 進入）

WARD 5 第五選區, PRECINCT 4 (第四投票站) – BEECHWOOD KNOLL SCHOOL 學校, 225 FENNO STREET

WARD 5 第五選區, PRECINCT 5 (第五投票站) – BEECHWOOD KNOLL SCHOOL 學校, 225 FENNO STREET

WARD 6 第六選區, PRECINCT 1 (第一投票站) – NORTH QUINCY HIGH SCHOOL 北高中, 318 HANCOCK STREET

WARD 6 第六選區, PRECINCT 2 (第二投票站) – K of C HALL 禮堂, 5 HOLLIS AVENUE AT HANCOCK STREET

WARD 6 第六選區, PRECINCT 3 (第三投票站) – KENNEDY CENTER GYM 社區中心體育室, 440 EAST SQUANTUM STREET

WARD 6 第六選區, PRECINCT 4 (第四投票站) – ATLANTIC MIDDLE SCHOOL 初中, 86 HOLLIS AVENUE

WARD 6 第六選區, PRECINCT 5 (第五投票站) – SQUANTUM SCHOOL 學校, 50 HUCKINS AVENUE

投票站由早上七點開始，直到晚八點結束。

Attest – Nicole L. Crispo

City Clerk 市府書記, NICOLE L. CRISPO 監証

Armando Agnitti, Esq, CISR
Anthony Agnitti, CIC, LIA

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OCT 29 2020

Political Climate Have You Stressed? Do These 5 Things

The American Psychological Association takes a monthly pulse of the country in its "Stress in America" poll, and it's finding that people are stressed and feeling anxious.

The University of Nebraska-Lincoln has conducted research and found that not only do Americans report that politics have harmed their physical or mental health, but it has also resulted in emotional costs, including lost friendships. There is no better time than the present to take action to curb the stress and fear. It's just a matter of knowing how to do it.

"Life throws a lot our way, including presidential debates, political rifts within families, fender benders, difficult dynamics with your boss/employees, migraines, and more," said Katie Sandler, personal development and career coach. "We cannot control all of those things that may come our way, but we can do things to protect ourselves by paying more attention to how we react to them."

Sandler has helped many people who experience such issues as stress and anxiety, among other things. She focuses on a psychology technique referred to as positive reframing, which can help to completely shift your mindset. It's a technique that anyone can do and have success with. It starts with small choices that you stack up throughout the day, and they ultimately make a world of difference.

Charles Swindoll once said that life is 10% what happens to you and 90% of how you react to it. If we remember that and gain control over how we react to stressors, we can have a better experience in which we feel less stress and anxiety.

Here are five things to do to respond, rather than react, to life and its stressors:

• **Practice gratitude.** Have gratitude for the day. Whether it's a day off, a difficult workday, a time to socialize or to get your chores

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Quincy College Pledges To Go Tobacco, Vape Free

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Native American Pacific-Islander serving colleges.

"The grant from Truth Initiative has set us up for success and I'm positive we can achieve our goals," said Quincy College President Richard DeCristofaro, Ed.D., "We are going to hit the ground running with our plan so that we can make our campus environments safer for all of our students, faculty and staff."

"Our goal is to make campus environments healthier places to live, work and learn," said Robin Koval, CEO and president of Truth Initiative. "We are proud to continue to build relationships and provide grants to minority-serving institutions, women's colleges and community colleges to give them the tools to go tobacco and vape-free."

Truth Initiative is committed to helping young people who vape to quit. This is Quitting is a first-of-its-kind, free and anonymous text message quit vaping program for teens and young adults that has helped more than 200,000 young people who have enrolled. This is Quitting, which first launched in January 2019, was created with input from teens, college students and young adults who have attempted to, or successfully, quit e-cigarettes. Preliminary data about the program published in Nicotine & Tobacco Research showed after just two weeks of using This is Quitting, more than half of participants — 60.8% — reported that they had reduced or stopped using e-cigarettes.[1] Teens and young adults can text "DITCHVAPE" to 88709 and get immediate help. Parents of young people who vape can get support at becomeanex.org.

CITY OF QUINCY STATE ELECTION

City Clerk's Office — September 15, 2020

Notice is hereby given to the voters of the City of Quincy, to assemble at the voting places in their respective Wards and Precincts, as designated on

TUESDAY, NOVEMBER 3, 2020

Then and there to give their votes for the nominating of candidates as follows:

PRESIDENT; VICE PRESIDENT; SENATOR IN CONGRESS; REPRESENTATIVE IN CONGRESS 8th DISTRICT;
COUNCILLOR 4th DISTRICT; SENATOR IN GENERAL COURT NORFOLK & PLYMOUTH DISTRICTS;
REPRESENTATIVE IN GENERAL COURT FROM 1ST, 2ND, 3RD NORFOLK DISTRICTS;
ALSO THE REPRESENTATIVE FROM THE THIRTEENTH SUFFOLK DISTRICT;
REGISTER OF PROBATE, NORFOLK COUNTY; COUNTY COMMISSIONER,
NORFOLK COUNTY (VOTE FOR TWO); COUNTY TREASURER, NORFOLK COUNTY;
SHERIFF, NORFOLK COUNTY (TO FILL VACANCY)

The polls are to be opened at seven o'clock in the morning and closed at eight o'clock in the evening. Polling places have been designated as follows:

WARD 1, PRECINCT 1	—	MERRYMOUNT SCHOOL, 4 AGAWAM ROAD
WARD 1, PRECINCT 2	—	O'BRIEN TOWERS, 73 BICKNELL STREET
WARD 1, PRECINCT 3	—	THOMAS CRANE LIBRARY (MEETING ROOM), 40 WASHINGTON STREET
WARD 1, PRECINCT 4	—	ADAMS SHORE LIBRARY, 519 SEA STREET
WARD 1, PRECINCT 5	—	SAINT THOMAS AQUINAS HALL, DARROW STREET
WARD 2, PRECINCT 1	—	FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
WARD 2, PRECINCT 2	—	CLIFFORD MARSHALL SCHOOL 200 MOODY STREET
WARD 2, PRECINCT 3	—	MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
WARD 2, PRECINCT 3A	—	CLIFFORD MARSHALL SCHOOL 200 MOODY STREET
WARD 2, PRECINCT 4	—	SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 2, PRECINCT 5	—	SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 3, PRECINCT 1	—	HIGHROCK CONVENANT CHURCH, 315 WHITWELL STREET
WARD 3, PRECINCT 2	—	FIRST BAPTIST CHURCH, 81 PROSPECT AVENUE
WARD 3, PRECINCT 3	—	MONTCLAIR SCHOOL, 8 BELMONT STREET
WARD 3, PRECINCT 4	—	WOLLASTON SCHOOL, 205 BEALE STREET
WARD 3, PRECINCT 5	—	WOLLASTON SCHOOL, 205 BEALE STREET
WARD 4, PRECINCT 1	—	LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET ENTRANCE
WARD 4, PRECINCT 2	—	QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 3	—	QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 4	—	LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET
WARD 4, PRECINCT 5	—	MORRISETTE AMERICAN LEGION POST, 81 LIBERTY STREET
WARD 5, PRECINCT 1	—	FORT SQUARE PRESBYTERIAN CHURCH, 16 PLEASANT STREET
WARD 5, PRECINCT 2	—	QUINCY COMMUNITY UNITED METHODIST CHURCH, 40 BEALE STREET
WARD 5, PRECINCT 3	—	ADAMS ACADEMY, 8 ADAMS STREET (DIMMOCK STREET ENTRANCE)
WARD 5, PRECINCT 4	—	BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 5, PRECINCT 5	—	BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 6, PRECINCT 1	—	NORTH QUINCY HIGH SCHOOL, 318 HANCOCK STREET
WARD 6, PRECINCT 2	—	KNIGHTS of COLUMBUS HALL, 5 HOLLIS AVENUE AT HANCOCK STREET
WARD 6, PRECINCT 3	—	KENNEDY CENTER GYM, 440 EAST SQUANTUM STREET
WARD 6, PRECINCT 4	—	ATLANTIC MIDDLE SCHOOL, 86 HOLLIS AVENUE
WARD 6, PRECINCT 5	—	SQUANTUM SCHOOL, 50 HUCKINS AVENUE

POLLS OPEN AT 7:00 A.M. **POLLS CLOSE AT 8:00 P.M.**

Attest: Nicole L. Crispo

NICOLE L. CRISPO
City Clerk

Political Climate Have You Stressed? Do These 5 Things

Cont'd From Page 11

done, take time to practice gratitude no matter what the day holds. Times are shifting like crazy, and we don't know where we will be in a week, a month, a year. Slow down and simply be grateful for the day.

• **Express compassion.** Compassion and curiosity are key in life and especially during these unique times. But our fears of uncertainty are prevailing and making this practice a bit more difficult. Make a conscious decision to use your curiosity and compassion, to come off of autopilot and make choices in how to be a better person, a better community member, and a therefore build a better culture - a culture of compassion.

• **Set an intention.** Take the time to set an intention for yourself and those around you, including to be present and kind. In this political climate, set an intention to understand with compassion. You don't always need to agree, you won't always "like or love" where you are today or what your life is like. But you can control your reactions. You have the power to respond versus react, and create a powerful shift in any moment.

• **Connect with your purpose.** It is during these times of discomfort and distraction that connecting with your purpose becomes critical. Explore it, remember it, honor it, and write it out if it feels unclear. If you don't know your purpose reach out for assistance. Your purpose may be helping others scale businesses because you love seeing them empowered and out of financial duress. It could be to share your learnings and teachings with others. It can be anything, and you'll know it when you feel it. Check in with your purpose today and stay on track.

• **Live mindfully.** When we stop living on autopilot, just going through the motions, we can tap into mindful, centered living. Having anxiety about the future will only rob you of today's peace. Instead, focus on life each day as it comes, looking to make it the best day possible.

"When people experience difficult times like we as a country are now, it's important to be purposeful in seeking solutions and beneficial ways to responded, rather than react," Sandler said. "Climates like we have now are going to exist no matter how we react to them, but when we take a healthy and mindful approach to dealing with it, we will can not only survive, but we can thrive."

Sandler specializes in helping people turn difficult times into periods of growth and reach new levels of success. She helps people in a variety of ways, including through one-on-one coaching, impact retreats, and corporate impact events. She has worked extensively with executive career coaching clients and in career development for women.

Sandler works with individuals, groups, and corporations to help people become more impactful and successful. She has a bachelor's degree in psychology and a master's degree in mental health counseling, has a strong foundation in mindfulness-based stress reduction, and has worked in hospitals and private practices. She has also spent time as a research assistant at Johns Hopkins.

Impact retreats offer a low-key wellness opportunity for travelers looking for a unique experience. To learn more about Katie Sandler and her services, or to see the retreat schedule, visit the site: https://katies-andler.com/.

Online Concert Thursday

The public is invited to join the Thomas Crane Public Library online at 7 p.m. Thursday, Oct. 29 for the debut performance of the Charles River Sinfonietta in the historic Richardson Room.

They will present a tribute to Ludwig van Beethoven in honor of his 250th birthday.

For more information about this concert and other virtual programs, visit thomascranelibrary.org or call 617-376-1300 x3.

CITY OF QUINCY

BẦU CỬ TIỂU BANG

Văn Phòng Thư Ký Thành Phố — **Ngày 15 tháng 9, năm 2020**

Thông báo này được trao cho các cử tri của thành phố Quincy, đến các địa điểm bỏ phiếu, chỉ định vào

THỨ BA, NGÀY 3 THÁNG 11, NĂM 2020

Cung cấp lá phiếu cho cuộc bầu cử của các ứng cử viên sau đây:

TỔNG THỐNG
PHÓ TỔNG THỐNG
THƯỢNG NGHỊ SĨ TRONG QUỐC HỘI
DÂN BIỂU ĐẠI DIỆN TRONG QUỐC HỘI – HUYỆN 8
ỦY VIÊN HỘI ĐỒNG – HUYỆN 4
THƯỢNG NGHỊ SĨ TÒA SƠ THẨM – HUYỆN NORFOLK và PLYMOUTH
ĐẠI BIỂU TÒA SƠ THẨM – HUYỆN 1, 2, và 3 NORFOLK
ĐẠI BIỂU TÒA SƠ THẨM – HUYỆN 13 SUFFOLK
ĐĂNG KÝ CHỨNG THỰC DI CHÚC – QUẬN NORFOLK
ỦY VIÊN HẠT – QUẬN NORFOLK (2 chỗ)
THỦ QUỸ HẠT – QUẬN NORFOLK
CẢNH SÁT TRƯỞNG – QUẬN NORFOLK (chỗ trống)

Thời gian bỏ phiếu bắt đầu lúc 7 giờ sáng và kết thúc lúc 8 giờ tối.
Địa điểm được chỉ định như sau:

PHƯỜNG 1, ĐƠN VỊ 1 – MERRYMOUNT SCHOOL, 4 AGAWAM ROAD
PHƯỜNG 1, ĐƠN VỊ 2 – O'BRIEN TOWERS, 73 BICKNELL STREET
PHƯỜNG 1, ĐƠN VỊ 3 – THOMAS CRANE LIBRARY (PHÒNG HỌP), 40 WASHINGTON STREET
PHƯỜNG 1, ĐƠN VỊ 4 – ADAMS SHORE LIBRARY, 519 SEA STREET
PHƯỜNG 1, ĐƠN VỊ 5 – SAINT THOMAS AQUINAS HALL, DARROW STREET
PHƯỜNG 2, ĐƠN VỊ 1 – FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
PHƯỜNG 2, ĐƠN VỊ 2 – CLIFFORD MARSHALL SCHOOL, 200 MOODY STREET
PHƯỜNG 2, ĐƠN VỊ 3 – MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
PHƯỜNG 2, ĐƠN VỊ 3A – CLIFFORD MARSHALL SCHOOL, 200 MOODY STREET
PHƯỜNG 2, ĐƠN VỊ 4 – SAINT JOHN'S CHURCH, 44 SCHOOL STREET
PHƯỜNG 2, ĐƠN VỊ 5 – SAINT JOHN'S CHURCH, 44 SCHOOL STREET
PHƯỜNG 3, ĐƠN VỊ 1 – HIGHROCK CONVENANT CHURCH, 315 WHITWELL STREET
PHƯỜNG 3, ĐƠN VỊ 2 – FIRST BAPTIST CHURCH, 81 PROSPECT AVENUE
PHƯỜNG 3, ĐƠN VỊ 3 – MONTCLAIR SCHOOL, 8 BELMONT STREET
PHƯỜNG 3, ĐƠN VỊ 4 – WOLLASTON SCHOOL, 205 BEALE STREET
PHƯỜNG 3, ĐƠN VỊ 5 – WOLLASTON SCHOOL, 205 BEALE STREET
PHƯỜNG 4, ĐƠN VỊ 1 – LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET (CỔNG VÀO)
PHƯỜNG 4, ĐƠN VỊ 2 – QUINCY LODGE OF ELKS, 254 QUARRY STREET
PHƯỜNG 4, ĐƠN VỊ 3 – QUINCY LODGE OF ELKS, 254 QUARRY STREET
PHƯỜNG 4, ĐƠN VỊ 4 – LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET (CỔNG VÀO)
PHƯỜNG 4, ĐƠN VỊ 5 – MORRISETTE AMERICAN LEGION POST, 81 LIBERTY STREET
PHƯỜNG 5, ĐƠN VỊ 1 – FORT SQUARE PRESBYTERIAN CHURCH, 16 PLEASANT STREET
PHƯỜNG 5, ĐƠN VỊ 2 – QUINCY COMMUNITY UNITED METHODIST CHURCH, 40 BEALE STREET
PHƯỜNG 5, ĐƠN VỊ 3 – ADAMS ACADEMY, 8 ADAMS STREET (DIMMOCK STREET, CỔNG VÀO)
PHƯỜNG 5, ĐƠN VỊ 4 – BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
PHƯỜNG 5, ĐƠN VỊ 5 – BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
PHƯỜNG 6, ĐƠN VỊ 1 – NORTH QUINCY HIGH SCHOOL, 318 HANCOCK STREET
PHƯỜNG 6, ĐƠN VỊ 2 – KNIGHTS of COLUMBUS HALL, 5 HOLLIS AVENUE tại HANCOCK STREET
PHƯỜNG 6, ĐƠN VỊ 3 – KENNEDY CENTER GYM, 440 EAST SQUANTUM STREET
PHƯỜNG 6, ĐƠN VỊ 4 – ATLANTIC MIDDLE SCHOOL, 86 HOLLIS AVENUE
PHƯỜNG 6, ĐƠN VỊ 5 – SQUANTUM SCHOOL, 50 HUCKINS AVENUE

BỎ PHIẾU BẮT ĐẦU – 7:00 A.M. **BỎ PHIẾU KẾT THÚC – 8:00 P.M.**

Chứng Nhận: Nicole L. Crispo
NICOLE L. CRISPO
Thư Ký Thành Phố

OCT 29 2020

Is A Seasonal Business A Timely Fit For You?

4 Ways To Make It Work

An ever-changing economy creates new opportunities for entrepreneurs, even during these rocky times that COVID-19 has caused.

Whether people are looking for a better work-life balance, a new job after having lost one, or an extra source of income, opening a seasonal business is one strategy that fits those goals, says Chris Buitron, president of Mosquito Authority.

"Many people are taking this route as a reliable way to generate income," Buitron says, "because although the economy is changing dramatically in some ways, seasonal businesses still fulfill annual consumer needs.

"The benefits for a seasonal business owner are attractive: more freedom, both in running a business and having the ability to take a few months off; the satisfaction of providing a service or product to which customers stay loyal; lower overhead costs than a year-round business; a solid second income; or, if done right, a sufficient income by itself."

Buitron offers these tips on how to run a seasonal business successfully:

• **Carefully construct your business model.** Since you won't be open year-round, it's important to account for downtime in your cash flow. "If the seasonal business is your main or only source of income, you'll need to put in extra work during the season in order to make it through your off-season," Buitron says. "Make sure you have access to credit and plan your budget very specifically. It's a bonus if you can find ways to diversify income streams for your seasonal business in the off-season. Determine the other needs of your customers and how you can fulfill them."

• **Evaluate the past season and plan accordingly for the next season.** "Analyze your successes and shortcomings from the previous season," Buitron says. "Seek customer feedback to assist your evaluation. Overall, determine why some things worked and others didn't. The analysis will help you build a solid plan for the next season. Look at areas such as staffing, inventory, and other expenses. Did you have enough employees and how did they perform? Which products or services weren't successful? Should you introduce new ones? Would it be cheaper in the long run to buy your equipment rather than lease it?"

• **Connect with the public year-round to build your brand.** Social media

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QUESTION 1: LAW PROPOSED BY INITIATIVE PETITION

Do you approve of a law summarized below, on which no vote was taken by the Senate or the House of Representatives on or before May 5, 2020?

SUMMARY

This proposed law would require that motor vehicle owners and independent repair facilities be provided with expanded access to mechanical data related to vehicle maintenance and repair.

Starting with model year 2022, the proposed law would require manufacturers of motor vehicles sold in Massachusetts to equip any such vehicles that use telematics systems — systems that collect and wirelessly transmit mechanical data to a remote server — with a standardized open access data platform. Owners of motor vehicles with telematics systems would get access to mechanical data through a mobile device application. With vehicle owner authorization, independent repair facilities (those not affiliated with a manufacturer) and independent dealerships would be able to retrieve mechanical data from, and send commands to, the vehicle for repair, maintenance, and diagnostic testing.
Under the proposed law, manufacturers would not be allowed to require authorization before owners or repair facilities could access mechanical data stored in a motor vehicle's on-board diagnostic system, except through an authorization process standardized across all makes and models and administered by an entity unaffiliated with the manufacturer.

The proposed law would require the Attorney General to prepare a notice for prospective motor vehicle owners and lessees explaining telematics systems and the proposed law's requirements concerning access to the vehicle's mechanical data. Under the proposed law, dealers would have to provide prospective owners with, and prospective owners would have to acknowledge receipt of, the notice before buying or leasing a vehicle. Failure to comply with these notice requirements would subject motor vehicle dealers to sanctions by the applicable licensing authority.

Motor vehicle owners and independent repair facilities could enforce this law through state consumer protection laws and recover civil penalties of the greater of treble damages or $10,000 per violation.

A YES VOTE would provide motor vehicle owners and independent repair facilities with expanded access to wirelessly transmitted mechanical data related to their vehicles' maintenance and repair.

A NO VOTE would make no change in the law governing access to vehicles' wirelessly transmitted mechanical data.

QUESTION 2: LAW PROPOSED BY INITIATIVE PETITION

Do you approve of a law summarized below, on which no vote was taken by the Senate or the House of Representatives on or before May 5, 2020?

SUMMARY

This proposed law would implement a voting system known as "ranked-choice voting," in which voters rank one or more candidates by order of preference. Ranked-choice voting would be used in primary and general elections for all Massachusetts statewide offices, state legislative offices, federal congressional offices, and certain other offices beginning in 2022. Ranked-choice voting would not be used in elections for president, county commissioner, or regional district school committee member.

Under the proposed law, votes would be counted in a series of rounds. In the first round, if one candidate received more than 50 percent of the first-place votes, that candidate would be declared the winner and no other rounds would be necessary. If no candidate received more than 50 percent of the first-place votes, then the candidate or candidates who received the fewest first-place votes would be eliminated and, in the next round, each vote for an eliminated candidate would instead be counted toward the next highest-ranked candidate on that voter's ballot. Depending on the number of candidates, additional rounds of counting could occur, with the last-place candidate or candidates in each round being eliminated and the votes for an eliminated candidate going to the voter's next choice out of the remaining candidates. A tie for last place in any round would be broken by comparing the tied candidates' support in earlier rounds. Ultimately, the candidate who was, out of the remaining candidates, the preference of a majority of voters would be declared the winner.

Ranked-choice voting would be used only in races where a single candidate is to be declared the winner and not in races where more than one person is to be elected.

Under the proposed law, if no candidate received more than 50 percent of first-place votes in the first round, the rounds of ballot-counting necessary for ranked-choice voting would be conducted at a central tabulation facility. At the facility, voters' rankings would be entered into a computer, which would then be used to calculate the results of each round of the counting process. The proposed law provides that candidates in a statewide or district election would have at least three days to request a recount.

The Secretary of State would be required to issue regulations to implement the proposed law and conduct a voter education campaign about the ranked-choice voting process. The proposed law would take effect on January 1, 2022.

A YES VOTE would create a system of ranked-choice voting in which voters would have the option to rank candidates in order of preference and votes would be counted in rounds, eliminating candidates with the lowest votes until one candidate has received a majority.

A NO VOTE would make no change in the laws governing voting and how votes are counted.

議題1：動議聯名書提議之法律

您是否核准下文概述之法律？州參議院或眾議院於 2020 年 5 月 5 日當日或之前未就該法律投票。

本擬議法律將　要求為機動車車主以及獨立維修設施提供更多權限，以傳收與車輛維護和修理有關的機械數據。

自2022年新款車型開始，本擬議法律將要求在Massachusetts州銷售機動車的製造商在任何使用遠程信息處理系統（收集機械數據並將其無線傳輸到遠程服務器）的車輛中裝備標準化開放式訪問數據平台。安裝遠程信息處理系統的機動車車主將可以通過移動設備應用程序傳收機械數據。在車主授權下，獨立維修設施（與製造商無附屬關係）和獨立經銷店能夠從車輛中檢索機械數據並向該車輛發送指令，以進行維修、保養和診斷測試。

根據本擬議法律，除非該授權程序是針對所有品牌和型號機動車的標準化數據且由非製造商附屬機構進行管理，否則製造商只能在車主或維修設施能夠傳收車載診斷系統機械數據之後才能要求授權。

本擬議法律將要求州總檢察長為準機動車車主和承租人準備一份通知，對遠程信息處理系統以及與傳收車輛機械數據相關的本擬議法律要求進行解釋。根據本擬議法律，經銷商必須在出售或租賃車輛之前向準車主提供該通知，且準車主必須確認已收到該通知。如果機動車經銷商未能遵守這些通知要求，則會受到相應許可證頒發機構的製裁。

機動車車主和獨立維修設施可以通過州消費者保護法強制執行該法律，並追究三倍損害賠償或每次10,000美元的民事罰款（以較高者為準）。

投贊成票為機動車輛所有者與獨立維修機構提供更多存取無線傳輸的機械資料的權限，這些資料與其車輛維護及維修相關。

投反對票不會對與存取無線傳輸的車輛機械資料相關的法律進行任何變更。

議題2：動議聯名書提議之法律

您是否核准下文概述之法律？州參議院或眾議院於 2020 年 5 月 5 日當日或之前未就該法律投票。

本擬議法律將執行一套名為「優先選擇投票」的投票系統；該系統中，選民將根據偏好順序對一名或多名候選人進行排名。自2022年起，所有Massachusetts州辦事處、州立法辦公室、聯邦國會辦公室，以及其他特定辦公室民選官員的初選和普選都將使用優先選擇投票。總統選舉、縣專員選舉或區域性學區委員會成員選舉不使用優先選擇投票。

根據本擬議法律，投票將進行一系列輪次的點票排名　第一輪中，如果一名候選人的首位排名得票比例超過50%，則宣佈該候選人獲勝，無需進行其他輪次點票。如果沒有任何候選人的首位排名得票比例超過50%，則首位排名得票最少的一名或多名候選人將被淘汰；下一輪點票中，落選候選人所獲得的首位排名選票將被計入該選民選票中排名第二的候選人名下。根據候選人數多少，可能會進行更多輪次點票；每輪點票的最後一名或多名候選人將被淘汰；落選候選人所獲選票將被計入該選民選票所剩候選人中排名最高的候選人名下。任何一輪點票中並列最後的候選人可通過比較前幾輪排名而確定勝負。最後，在所剩候選人中，大多數選民的首選候選人將被宣佈獲勝。

優先選擇投票僅用於單一候選人勝選的選舉；而最終需要多人入選的選舉則不適用。

根據本擬議法律，如果第一輪點票中沒有任何候選人首位排名得票比例超過50%，則將在中央製表設施內進行優先選擇投票所必需的數輪點票。在該設施內，將選民排名輸入計算機，以計算每一輪點票結果。本擬議法律規定，州或地區選舉候選人應該有至少三天時間要求重新點票。

州務卿需要頒布法規以實施本擬議法律，並對選民進行有關優先選擇投票程序的教育。本擬議法律將於2022年1月1日生效。

投贊成票將產生一個選擇投票排名系統，在此系統中，選民可選擇按優先順序對候選人進行排名，並且選票將按輪數計算，淘汰選票最少的候選人，直至產生一名獲得多數票的候選人為止。

投反對票不會變更有關投票與選票計數方式的法律。

Dr. Jennifer Curtis-Whipple New Executive Director South Shore Stars

South Shore Stars, a non-profit organization that provides comprehensive early education and youth development programs through a family-support approach and that has served as a resource for working parents on the South Shore since 1970, announces Dr. Jennifer Curtis-Whipple has been selected as the organization's next executive director. She will assume this role as of March 1, 2021.

Dr. JENNIFER CURTIS-WHIPPLE

Curtis-Whipple will come to South Shore Stars from the Weymouth Public Schools system, where she currently serves as superintendent, a role she has held since 2016. Additionally, she has held the roles of assistant superintendent, principal, classroom teacher and instructional coach over her 25-year tenure with the district.

As superintendent, Curtis-Whipple is credited with garnering multiple grants and donations, and fostering collaborations with many community stakeholders. A highly respected and experienced educator, she has been the recipient of several awards, including the South Shore Stars 40 under 40 award and the Administrator's Award from the Massachusetts Music Educators Association.

Curtis-Whipple earned an Ed. D in supervision and leadership from Northeastern University in 2012, a master's degree in education from Cambridge College, and a bachelor's degree in elementary and special education from Providence College.

"We are excited to have found a candidate with Jennifer's deep commitment to education and the children and families on the South Shore," said Christopher Ernest, CPA, MSM, partner with blumshapiro and chair of the South Shore Stars Board of Directors. "We know that under Jennifer's leadership, Stars will continue to provide the very highest levels of education, academic enrichment and family support to children and their families throughout the South Shore for many years to come."

"I am thrilled to be joining Stars, an organization that I know well," said Curtis-Whipple. "I am extremely eager to support the organization's comprehensive early education and youth development programs that enhance the optimal growth of children from economically and culturally diverse families. This is a wonderful new chapter in my professional career, and I am so excited to begin my work with Stars' amazing staff, families, and children!"

Sheri Adlin, the organization's current executive director, is retiring after 26 years and will stay on as long as necessary to ensure a smooth transition. Ernest added, "On behalf of the board and staff, we thank Sheri for so wonderfully and graciously guiding Stars for so many years."

Is A Seasonal Business A Timely Fit For You?

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allows a seasonal business owner to build their business, their authority and strengthen their place in the community. "Your target audience is just as accessible in the offseason," Buitron says. "You can reach out to them and offer exclusive pricing, or create a rewards program. Publish blogs and post updates on the sites your customers follow. Give them content that can educate them beyond the reach of your business' services. Showing you care about their lives and the community helps them remember you."

- **Attend networking events and workshops.** The off-season is the time for self-improvement that leads to business improvement. "Learning and networking opportunities help you and your business grow," Buitron says. "Local business events, trade shows and conferences are great ways to gain new partnerships and skills."

"A seasonal business comes with an array of unique demands," Buitron says. "But with the right combination of good business practices and the passion to make it a way to enhance others' lives, it can be a profitable and enjoyable experience for the seasonal business owner."

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How Giving Back At The Holidays Fits Into Your Retirement Plan

Cont'd From Page 9

tax laws allow before Dec. 31:

• **Donor-advised funds.** These are personal charitable accounts opened in the name of one or more donors and held in custody by a nonprofit organization, such as a community foundation, university or other IRS-qualified charity. Here's how it works: Let's say someone has $50,000 in a stock. They can sell that stock and, instead of paying the capital gains tax, place the money in a donor-advised fund and claim the full $50,000 as a charitable deduction. But they don't have to donate the money all at once. The money remains in the fund and can be donated bit-by-bit over a period of years. In the meantime, it draws interest. "You save money and benefit a worthy cause," Rush says. "That's a win-win for all parties."

• **Qualified charitable distributions.** This tax strategy is available to investors over the age of 70½, and can be especially helpful to those 72 and older who must take IRS-mandated required minimum distributions from their IRA or 401(k). "If you've accumulated a lot in these accounts, this often means you're forced to withdraw way more than you actually need," Rush says. "But an option is to write a check to a favorite charity from the retirement account. In that way, the distribution is not taxed, but still counts as your required withdrawal. The donation also lowers your taxable income."

• **A coronavirus relief bill exception.** Generally, if you take the standard deduction rather than itemize when you file your income taxes, you can't deduct charitable giving. But an exception was created as part of the coronavirus relief bill passed in March, Rush says. For 2020, you can count up to $300 as a charitable deduction when you file your taxes in 2021, even if you take the standard deduction. That's worth remembering as Dec. 31 nears and you're feeling the holiday spirit. "Those charities and nonprofits certainly could use the money," Rush says.

Even with the potential for tax savings, Rush says it's important to remember that charitable giving and community volunteering have meaning beyond money.

"Each December, you can find our employees ringing bells for the Salvation Army," he says. "Some of our clients get involved, too, and my family turns out as well. It's important to me to inculcate these values in my children. It's never too early to learn to be grateful for what you have and to express that gratitude by giving something back."

Ayers To Provide Rides To Polls On Election Day Nov. 3

State Rep. Bruce Ayers will provide free transportation to disabled residents who wish to vote in the presidential election on Tuesday, Nov. 3.

"Voting is a fundamental right. People with disabilities should not have to face additional barriers to exercise their right to vote, and that includes being able to get to and from the polls easily," said Ayers.

To schedule a ride in a handicap accessible wheelchair van to vote, contact Rep. Ayers at (617) 328-0102 or at brucej.ayers@yahoo.com.

"I know that a lot of people have taken advantage of mail-in voting and early voting, but as always we will be providing this service on Election Day itself," Ayers said. "With the COVID-19 pandemic continuing, we will follow all proper health and sanitary protocols during the duration of the ride."

câu chất vấn

1

TÓM LƯỢC Thính Nguyện Thư E

Dự luật này sẽ yêu cầu rằng các chủ sở hữu phương tiện cơ giới và cơ sở sửa chữa độc lập phải được tăng thêm quyền truy cập dữ liệu cơ khí liên quan đến bảo dưỡng và sửa chữa phương tiện.

Bắt đầu từ dòng xe năm 2022, dự luật này yêu cầu các hãng sản xuất phương tiện cơ giới sản xuất tại Massachusetts trang bị nền tảng dữ liệu truy cập mở tiêu chuẩn cho các phương tiện sử dụng hệ thống viễn tin – là hệ thống thu thập và truyền dữ liệu cơ khí tới một máy chủ từ xa bằng đường truyền không dây. Chủ sở hữu của các phương tiện cơ giới sử dụng hệ thống viễn tin sẽ có quyền truy cập dữ liệu cơ khí thông qua một ứng dụng trên thiết bị di động. Khi có ủy quyền của chủ sở hữu phương tiện, các cơ sở sửa chữa độc lập (không liên kết với nhà sản xuất) và các đại lý độc lập sẽ có thể truy xuất dữ liệu cơ khí từ phương tiện và gửi lệnh tới các phương tiện để tiến hành sửa chữa, bảo trì và kiểm tra chẩn đoán.

Theo dự luật này, hãng sản xuất không được phép yêu cầu ủy quyền trước khi chủ sở hữu hoặc cơ sở sửa chữa có thể truy cập dữ liệu cơ học được lưu trong hệ thống chẩn đoán trên xe của phương tiện cơ giới, trừ khi thông qua một quy trình ủy quyền được chuẩn hóa trên tất cả các hãng xe và mẫu xe và được quản lý bởi một thực thể không liên kết với hãng sản xuất.

Dự luật này sẽ yêu cầu Bộ Trưởng Tư Pháp soạn thảo thông báo cho chủ sở hữu và người thuê phương tiện cơ giới, trong đó giải thích về các hệ thống viễn tin và yêu cầu của dự luật liên quan đến quyền truy cập dữ liệu cơ khí của phương tiện. Theo dự luật này, đại lý phải cung cấp cho chủ sở hữu thông báo trước khi mua hoặc thuê phương tiện và chủ sở hữu phải xác nhận là đã nhận được thông báo đó. Nếu không tuân thủ những yêu cầu thông báo này, đại lý bán phương tiện cơ giới sẽ bị cơ quan cấp phép hiện hành xử phạt.

Chủ sở hữu phương tiện cơ giới và cơ sở sửa chữa độc lập có thể thực thi luật này thông qua luật bảo vệ người tiêu dùng của tiểu bang và được hoàn lại tiền phạt dân sự cao gấp ba lần mức thiệt hại hoặc $10,000 cho mỗi vi phạm.

2

TÓM LƯỢC Thính Nguyện Thư C

Dự luật này sẽ triển khai một hệ thống bỏ phiếu có tên là "bỏ phiếu xếp hạng lựa chọn" trong đó cử tri xếp hạng một hoặc nhiều ứng cử viên theo mức độ họ ủng hộ. Bắt đầu từ năm 2022, bỏ phiếu xếp hạng lựa chọn sẽ được sử dụng trong các cuộc bầu cử sơ bộ và tổng tuyển cử đối với tất cả các văn phòng trên toàn tiểu bang Massachusetts, các văn phòng lập pháp tiểu bang, các văn phòng quốc hội liên bang và các văn phòng cụ thể khác. Bỏ phiếu xếp hạng lựa chọn sẽ không được sử dụng trong bầu cử tổng thống, ủy viên quận hay ủy viên ủy ban khu học chánh khu vực.

Theo dự luật, phiếu bầu sẽ được đếm trong nhiều vòng. Trong vòng đầu tiên, nếu một ứng cử viên nhận được hơn 50% số phiếu bầu ban đầu, ứng cử viên đó sẽ được tuyên bố là người chiến thắng và không cần tổ chức thêm vòng nào nữa. Nếu không ứng cử viên nào nhận được hơn 50% số phiếu bầu ban đầu, thì ứng cử viên, hoặc những ứng cử viên nhận được ít số phiếu bầu ban đầu nhất sẽ bị loại, và trong vòng tiếp theo, mỗi phiếu bầu cho ứng cử viên bị loại sẽ được tính cho ứng cử viên có thứ hạng cao kế tiếp trên lá phiếu của cử tri đó. Tùy vào số lượng ứng cử viên, có thể tổ chức thêm các vòng đếm phiếu bầu, trong đó ứng cử viên, hoặc những ứng cử viên xếp cuối cùng trong mỗi vòng sẽ bị loại và phiếu bầu cho ứng cử viên bị loại đó sẽ được tính cho lựa chọn tiếp theo của cử tri trong số những ứng cử viên còn lại. Kết quả hòa cho vị trí cuối cùng trong bất kỳ vòng nào sẽ được phân giải bằng cách so sánh mức độ được ủng hộ trong những vòng trước đó của các ứng cử viên có kết quả hòa. Cuối cùng, ứng cử viên nào được đa số cử tri ủng hộ trong số những ứng cử viên còn lại sẽ được tuyên bố là người chiến thắng.

Bỏ phiếu xếp hạng lựa chọn sẽ chỉ được sử dụng trong những cuộc đua mà một ứng cử viên duy nhất được tuyên bố là người chiến thắng chứ không sử dụng trong những cuộc đua cần bầu nhiều hơn một người.

Theo dự luật này, nếu không ứng cử viên nào nhận được nhiều hơn 50% số phiếu bầu ban đầu trong vòng đầu tiên, các vòng đếm số phiếu bầu cần thiết đối với bỏ phiếu xếp hạng lựa chọn sẽ được tiến hành tại một cơ sở thống kê trung tâm. Tại cơ sở này, xếp hạng của cử tri sẽ được nhập vào máy tính, sau đó được dùng để tính toán kết quả của từng vòng trong quy trình đếm số phiếu. Dự luật này quy định rằng các ứng cử viên trong cuộc bầu cử tại khu hoặc toàn tiểu bang có ít nhất ba ngày để yêu cầu đếm lại phiếu bầu.

Tổng Thư Ký Tiểu Bang sẽ được yêu cầu phát hành quy định để triển khai dự luật và tiến hành chiến dịch phổ biến cho cử tri về quy trình bỏ phiếu xếp hạng lựa chọn. Dự luật này sẽ có hiệu lực từ Ngày 1 Tháng Một Năm 2022.

Real Estate

Quincy Real Estate Transactions October 19 - October 23

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Paul Seager	Yong F. Liu & En Lin	$920,000.00	33 Russell Park
Tullis Family Limited Partnership	Deepak Kumar & Poonam Singh	$315,000.00	1025 Hancock Street, Unit 1Q
65 Cliff Street LLC	Terrance McSweeney	$282,000.00	30 Bay Street
Taieka Coutard	Christine B. Huang	$610,000.00	999 Hancock Street, Unit 202
Long Nguyen	Hui & Janice Q. Chen	$510,000.00	26 Grossman Street
Thu T. T. Nguyen	Jason Lam	$315,000.00	35 Bayview Street
143 & 151 Hancock LLC	Gregory Baran	$579,000.00	151 Hancock Street, Unit 13
Joseph J. McArdle, 3rd & Susan M. Gillis	Jennifer R. Galligan	$475,000.00	51 Hooper Street
Genevieve M. King & Louis K. Akoury	Emmanuel & Gloria N. Berchmans	$775,000.00	28 Glendale Road
Estate of Andrew K. Wong	Guo Y. Zhao	$528,000.00	11 Marlboro Street
Mary Hassett	Baoyi Huang	$358,000.00	15 Bower Road, Unit E-11
Lit K & Kwai S. Tam	Shuting Guan	$530,000.00	44 Exeter Street
Dwyer Family Trust	Qun Chen & Minfei Yan	$641,000.00	182 Holbrook Road
Nia & Joseph M. Bissanti	Heat Treating LLC	$501,000.00	93 Whitwell Street
Hancock Realty Trust	Zhu Holding LLC	$630,000.00	557 Hancock Street
Woyuan Ou	Lian F. Hu	$313,500.00	200 Newbury Avenue, Unit 10
Michael & Bridie Grehan	Conor Grehan	$650,000.00	38 Branch Street
Huy B. Le	Hiu F. Cheung	$331,000.00	115 West Squantum Street, Unit 202
Kevin M. & Christina C. Larkin	Timothy Chow	$560,000.00	25 Pembroke Street
Larry Croce & Kimberly Wright	SJG Realty Trust	$660,000.00	61 Gridley Street
Lynne A. Johnson, James J. Dickson, Lisa A. Tatreau, Laurie M. Brooks, Scott D. Dickson	Nathalie M. Pozo	$425,000.00	65 Lind Street
Thutrang T. Nguyen	Michael Nguyen & Tram Vo	$570,000.00	22 Audrey Street
Steven A. & Adela Wojtasinski	Michael J. Murphy & Yvonne Koziol	$1,087,500.00	8 Ocean Avenue
Priscilla C. Klotz	Chun S. Chow & Man N. Luk	$270,000.00	133 Cmdr. Shea Boulevard, Unit 214
Janice E. Hill	Justin Jones	$325,000.00	41 Marion Street, Unit 3
Jane Stevens	Louis K. Akoury & Genevieve M. King	$647,000.00	9 Whaler Lane, Unit 76

O'Donnell Promotes Mortgage Transparency Legislation

Norfolk County Register of Deeds William P. O'Donnell is urging the Massachusetts House of Representatives to consider legislation, House Bill 1413 accompanied by Senate Bill 960, that would promote mortgage transparency for consumers.

"Clearly the Massachusetts State Legislature is working on critical issues addressing the COVID-19 pandemic, FY '21 State Budget, evictions and foreclosures, climate change and other matters of importance," O'Donnell said. "With that said H.1413, currently before the House Committee on Bills in the Third Reading, is also important legislation that guarantees a homeowner would know when a third party has been assigned their residential mortgage (usually sold by one financial institution to another), since the legislation requires the mortgage assignment to be recorded at the appropriate Registry of Deeds office within 30 days of the transaction."

Additionally, consumers looking to record a mortgage discharge and those facing foreclosure would benefit as the legislation provides a permanent source of reference for the homeowner. They could even view the transaction online via the relevant Registry of Deeds website. Register O'Donnell has been a strong supporter of the legislation and has previously testified on its merits before the legislature's Joint Committee on the Judiciary.

Concluding his remarks, O'Donnell said:

"H.1413 levels the playing field as it requires the larger lending institutions who in the past have not recorded assignments to do so just as the smaller local community banks have been doing all along. With the legislative session winding down, I am hopeful the House Committee on Bills in the Third Reading will report the legislation favorably to the floor of the House of Representatives for its consideration. This legislation benefits homeowners across Massachusetts since it will eliminate uncertainty as to which lending institution is the mortgage holder of record."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook/com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

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Ask Barbara Graceffa: 'The Secretary Of The Interior'

Read Any Good Books Lately?

Thanks for the recent tip on searching for free interior decorating webinars and videos online. I wonder if you can recommend a few decorating books as well?
Polly

Sure, and readers need not be design aficionados to enjoy all three.

The first is a new book called "Happy Inside: How to harness the power of home for health and happiness" by Michelle Ogundehin, the former editor of the British edition of Elle Decor magazine. Ogundehin believes your home is your superpower if you harness its potential. With several exercises like writing your own eulogy, she suggests you look deep inside in order to discover how to express yourself in your home. Her nine-step approach offers decorating tips to emotionally support health and happiness. Some of her advice is common sense but overall, it's a great book on how to curate your home with things that spark joy. A great read especially during the pandemic!

If you are a fan of the intrepid dynamo Nicole Curtis of the HGTV's Rehab Addict, you'll love her book, "Better than New: Lessons I've learned from saving old homes (and how they saved me)." This quick, engaging read combines an insider look at HGTV production and operations with honest revelations of Curtis' personal battles and how she learned from them. This inspirational memoir pairs the challenges of eight remodeled homes with compelling tales of relationship problems and financial woes she faced beginning right out of high school. Both the homes and Curtis herself are refreshed at the end of each chapter.

My history-loving husband gifted this book to me, "The Secret Lives of Color" by Kassia St. Clair. By no means a curl-up-for-hours type of book, this fascinating scholarship details the unexpected stories of 75 colors from ancient to modern times. From the color white that protected against the plague to Picasso's blue period, this book takes you on an educational journey. I can't wait for a Jeopardy category on historic colors so I can beat my husband to "the buzzer" on Imperial yellow, Dutch orange, and Prussian blue!

Do you have a decorating problem needing a professional solution? Send your questions to Secretary of the Interior at barbara@sec-interior.com.

Barbara Graceffa owns and operates Secretary of the Interior, an interior decorating company in Quincy, offering creative solutions at reasonable rates. For more information on her services, view her portfolio, and read testimonials about her work, visit www.sec-interior.com. Or you can reach her at 617-921-6033.

OCT 29 2020

Election Turnout Already At 25 Percent

Cont'd From Page 1

vised to bring their own blue or black pen to mark their ballots if they wish and can also use a book or clipboard if they do not want to use a voting booth. Voters are also asked to keep their ballot dry and free from hand sanitizer, which can cause issues with the tabulators used to count ballots.

Residents who are sick on Election Day or have been exposed to the virus should not go to the polls and can contact the city's election department at 617-376-1144 for at-home voting options.

Crispo said residents who do not want to vote on Election Day should return their ballot promptly to ensure it is counted.

In-person early voting continues this week at City Hall. Polling will take place inside the City Council chamber on the second floor of the McIntyre Government Center, 1305 Hancock St., from 8:30 a.m. to 4:30 p.m. on weekdays through Friday.

The deadline to request a mail-in ballot is 5 p.m. on Wednesday. Applications can be filed online on the secretary of state's website, sec.state.ma.us, and the status of mail-in ballots can be tracked on the same page.

Crispo said her office had mailed out 26,500 ballots to residents who had requested one of as Monday afternoon.

Those who have requested mail-in ballots have four ways to return them. Residents can hand deliver the ballots to the early voting location while it is open; hand deliver them to the election office on the second floor of the City Hall annex building during business hours, including until 8 p.m. on Election Day, Nov. 3; drop them off in a kiosk located outside City Hall until 8 p.m. on Election Day; or mail them through the postal service.

Additional five-minute parking spaces are available in front of City Hall for voters. Residents can call the election office when they park to have an employee meet them curbside and pick up the ballot that way if they prefer; the number for the office is posted on the signs.

Ballots cast by mail need to be postmarked on or before the day of the election in order to be counted. Unlike the Sept. 1 primary, ballots received after Election Day will still be counted, provided they were postmarked by Nov. 3 and received at City Hall prior to 5 p.m. on Nov. 6.

Quincy voters will cast ballots in up to seven contested races.

Topping the ballot is the race for president and vice president. The race features four candidates: incumbent Republicans Donald Trump and Mike Pence; Democratic nominees Joe Biden and Kamala Harris; Libertarians Jo Jorgensen and Spike Cohen; and Green-Rainbow candidates Howie Hawkins and Angela Walker.

In the race for the U.S. Senate, incumbent Democrat Edward Markey of Malden faces a challenge from Republican Kevin O'Connor of Dover. Markey was first elected to the Senate in a 2013 special election and won a full six-year term in 2014.

In the eighth congressional district, which includes all of Quincy, incumbent Democrat Stephen Lynch of South Boston faces a challenge from independent candidate Jonathan Lott of Stoughton. Lynch has served on Capitol Hill since winning a 2001 special election.

Two incumbent members of the state legislature who represent Quincy, both Democrats, are facing challenges this year.

Sen. John Keenan, a Hobomack Road resident, is facing a challenge from independent candidate Alexander Mendez of Shore Avenue to represent the Norfolk and Plymouth District. The district includes all of Quincy, Abington, Holbrook and Rockland as well as part of Braintree. Keenan is seeking his sixth two-year term in office. Mendez is challenging Keenan for the third straight election.

Rep. Ronald Mariano of Falls Boulevard will face Republican Stephen Tougas of Gilbert Street in the race to represent the Third Norfolk District in a rematch from 2018. The district includes all of Ward 2 in Quincy as well as Ward 4, precinct 5, and extends south to parts of Weymouth and Holbrook. Mariano was first elected to Beacon Hill in a 1991 special election and is the House majority leader.

The three other representatives who represent parts of Quincy – Bruce Ayers, Tackey Chan and Daniel Hunt, all Democrats – are unopposed. Ayers has served on Beacon Hill since 1999, Chan since 2011 and Hunt since 2014.

There are also a pair of contested Norfolk County races on the ballot in Quincy.

The race for sheriff pits incumbent Republican Jerry McDermott of Westwood against Quincy Democrat Patrick McDermott, presently the county's register of probate. The winner of the special election will serve for two years and be eligible to run for a full six-year term in 2022. Gov. Charlie Baker appointed Jerry McDermott to the sheriff's seat in December 2018 after the resignation of Michael Bellotti.

Three candidates are in the running for two seats on the county commission. They are incumbent Joseph Shea, a Quincy Democrat; Canton Town Moderator Richard Staiti, a Democrat; and Heather Hamilton, a Brookline selectwoman running as an independent.

Two Democrats are unopposed in their bid for county seats: Colleen Brierley of Norwood, who is running for register of probate, and Bellotti, the former sheriff from Quincy who is running for treasurer.

Democrat Christopher Iannella Jr. is running unopposed in his re-election bid for a seat on the Governor's Council.

Residents can also vote on two ballot questions this year.

A yes vote on Question 1 would provide motor vehicle owners and independent repair facilities with expanded access to wirelessly transmitted mechanical data related to their vehicles' maintenance and repair. A no vote would make no change in the law governing access to vehicles' wirelessly transmitted mechanical data.

A yes vote on Question 2 would create a system of ranked-choice voting in which voters would have the option to rank candidates in order of preference and votes would be counted in rounds, eliminating candidates with the lowest votes until one candidate has received a majority. A no vote would make no change in the laws governing voting and how votes are counted.

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Working for Us!

Working For Quincy

Ron Mariano has been a partner for Quincy on Beacon Hill. From working to increase the state funding for our schools, to increasing the level of services for our seniors and those living on fixed incomes, Ron Mariano has been there for us.

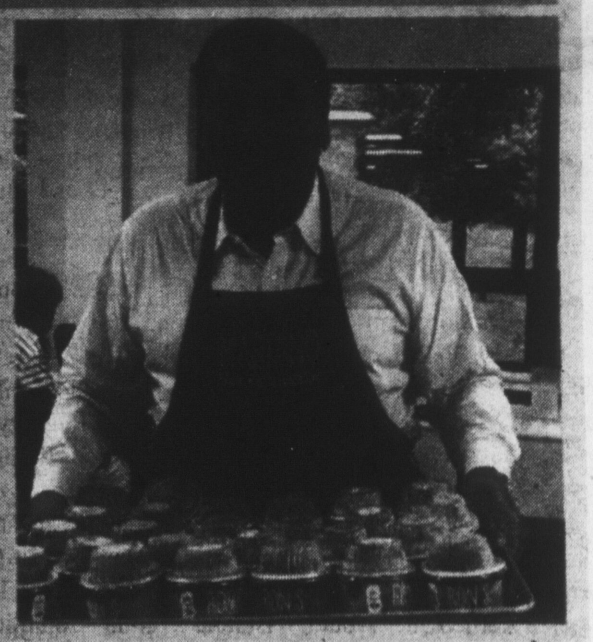
This year, Representative Mariano has been a leader, making sure that our state and our communities have the resources they need to combat the COVID pandemic. Working to create the state's COVID response committee, Ron has made sure that our families have the support needed to stay safe and healthy.

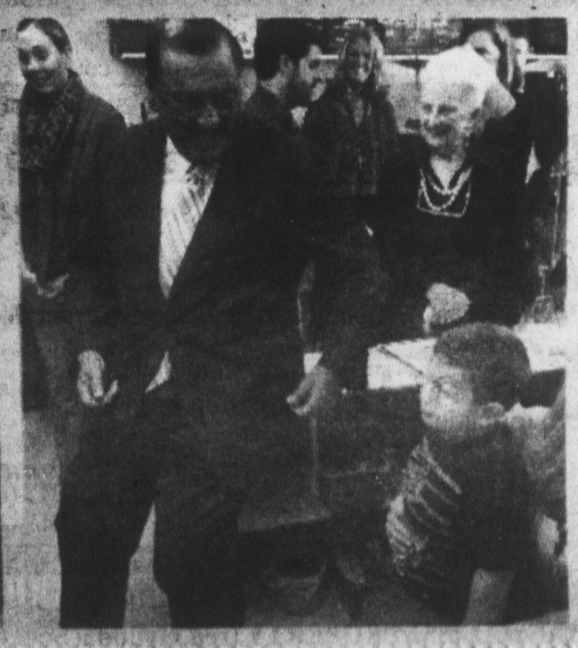
On Tuesday November 3rd, keep Quincy on the right track, and vote to keep Ron Mariano working for us!

November 3, Vote to Re-elect Ron Mariano.

Paid for and authorized by the Committee to Elect Ron Mariano

Ron MARIANO State Representative





Traffic Stop Leads To Seizure of 300+ Grams Of Crack Cocaine, Firearm

On Sunday, Oct. 18 Officer Rolfsen was working in the West Quincy section of the city along with his canine partner Archer. At approximately 12:05 p.m., Officer Rolfsen randomly queried a black Volkswagon Jetta, which listed as revoked for insurance purposes. At this time, Officer Rolfsen activated his emergency blue lights and sirens and conducted a motor vehicle stop in the area of 277 Copeland St. Officer Kelley arrived to assist.

During his conversation with the operator, now identified as 36-year-old Rashar Williams of Boston, Officers Rolfsen could observe, in plain view, a large heat-sealed bag on the rear passenger floor mat. This bag contained a green leafy substance, which he immediately recognized as marijuana, weighing approximately one pound. Officer Rolfsen asked Mr. Williams to exit the vehicle as he learned that Mr. Williams was unlicensed and the vehicle status was revoked. He placed Mr. Williams under arrest for those charges and provided him with his Miranda Rights. Officer Rolfsen then requested a tow for the vehicle and conducted an inventory of the vehicle per department policy.

While conducting an inventory of the vehicle, Officer Rolfsen located a gray/black duffel bag behind the driver's seat. While opening the bag, he observed a silver revolver firearm, a black "Glock" gun case, a gun box, and a Nike Air Force 1 shoe box. At that time, he stopped his inventory and asked QPD communications to check Mr. William's license to carry (LTC) status. QPD communications informed him that Mr. Williams does not possess a valid LTC.

While wearing latex gloves, Office Rolfsen removed the firearm and deemed it safe. The firearm was a Smith and Wesson .357 Magnum containing no rounds of ammunition. He then observed several pieces of an off-white rock-like substance within the shoe box, believed to be crack cocaine. Inside of the Glock gun case was a speed loader, (2) six round 9mm magazines, (1) twelve round 9mm magazine, and (1) box of 9mm ammunition containing eight rounds. All of the magazines were loaded with 9mm ammunition. A total of twenty-one rounds (21) were located inside the Glock gun case.

As this investigation developed, the vehicle was towed back to the Quincy Police Department to be further searched as the area where the vehicle was stopped was very congested and was a safety concern for all officer's involved. No further contraband or weapons were found inside the vehicle. The vehicle was then towed to a local facility for safe keeping. The registration plates were confiscated.

While at the station, a Drug Control Detective field tested the off-white rock-like substance. It substance tested positive for the presumptive presence of cocaine base (crack cocaine). The substance weighed approximately 324 grams.

Mr. Williams was transported to the Quincy Police Station where he was booked on the following charges: unlicensed operation of a motor vehicle, trafficking over 200 grams of cocaine (Class B), possession with intent to distribute Class D, possession of a firearm without an FID card, firearm use in a felony (trafficking cocaine), illegal possession of ammunition, improperly secured firearm, and possession of a large capacity feeding device.

The owner of the vehicle was issued a citation via mail and summonsed for the following: revoked registration, uninsured motor vehicle, and allowing unlicensed operation of a MV.

Good work!

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, OCT. 16

LARCENY (medications), 11:09 a.m., Winter Street. See caller in police lobby. Advised.

LARCENY (dryer), 1:50 p.m., Sextant Circle. Reporting party states that she had a dryer machine in the basement and it is now gone. Reporting party was contacted by Quincy Housing Authority and told to contact Quincy Police Department.

LARCENY (cell phone), 5:58 p.m., Walmart, 301 Falls Blvd. Cell phone was stolen at register. Reporting party will be at the customer service desk. Wants to file a report to gain access to camera footage suspect on video.

LARCENY (cell phone), 7:16 p.m., Spear Street. Male only known as Ron. Occurred around 5 p.m. She has tried to call it but gets an automated message saying number is not correct. 782 to attempt reaching reporting party by phone.

SATURDAY, OCT. 17

VANDALISM/PROPERTY (broken window), 8:37 a.m., Soup House, 25 Copeland St. Business next door states a rock was thrown through the window of address; does not known the owner to notify. Business closed on Saturdays; rescheduled for Sunday morning. Case number provided, possible accidental.

LARCENY (tires), 10:41 a.m., Hancock Street. Was kept in the garage at bike rack P1 floor in Munroe Place building parking garage.

VANDALISM/PROPERTY (window/just occurred), 1:15 p.m., Hancock Street. Broke window on building under construction: White male, 50s, wearing blue jeans, tan hat, hoodie with a flag on back left scene and took left after Santander Bank. Unfounded.

LARCENY/MOTOR VEHICLE (truck), 2:11 p.m., UHaul, 438 Quincy Ave. Truck taken off lot. From turned in.

BREAKING AND ENTERING/PAST (business), 5:42 p.m., Townshend, 1250 Hancock St. Occurred around 11 a.m. Staff is just opening and counted cash drawer. Appears to be money missing. No signs of forced entry. Reporting party states there is surveillance of incident.

VANDALISM/PROPERTY (vehicle), 6:09 p.m., Germain Avenue. Reporting party states someone just threw rocks at his truck, no description.

VANDALISM/PROPERTY (broke car window), 7:43 p.m., Germain Avenue. Youths throwing rocks broke driver's side window. Reporting party had no suspect information.

SUNDAY, OCT. 18

BREAKING AND ENTERING/ATTEMPT (cellar door), 11:51 a.m., Dickens Street. Reporting party checking on the house now - this morning, cellar door was tampered with. Reporting party will be out front.

VANDALISM/PROPERTY (red Hyundai Sonata), 1 p.m., Germain Avenue. In the driveway - rock through the windshield. Reporting party is out front at address. No suspect info.

BREAKING AND ENTERING/PAST (gun), 2:33 p.m., Presidential Drive. Gone since Thursday; parties just came home to find house broken into. Gun missing along with money and other items.

VANDALISM/PROPERTY (window), 3:46 p.m., Edgeworth Road. Just noticed a hole in window, possibly from a BB gun. Advised officer will see her after shift change. Confirmed BB hole, officer will keep checks.

ASSAULT AND BATTERY (just occurred), 5:25 p.m., Coops Bar Grille, 520 Washington St. Gone on arrival. Reporting party states a white male, 50-60 years old, approximately 6'2" slapped him in the face and knocked his cell phone out of his hand. Suspect left, unknown if plate matches vehicle description as caller disconnected when asked where an officer could speak to him. Reporting party is no longer on scene and declined EMS nothing showing.

BREAKING AND ENTERING/PROGRESS (apartment), 7:14 p.m., Quarry Street. Gone on arrival. White male and white female wearing glasses, unknown clothing entered through unlocked door while reporting party's girlfriend was inside apartment. Male was carrying a pan, no other weapons. Female scratched reporting party's girlfriend, decline EMS. No direction of flight, took multiple items from apartment. Suspects are unknown to reporting party and his girlfriend. Possibility suspects are still inside of building, parties say that no one exited. Suspects have dark hair, approximately 20s. TV taken; suspects are gone on arrival.

MONDAY, OCT. 19

LARCENY (stolen sign), 8:50 p.m., Broadway. Caller's sign was stolen.

LARCENY/MOTOR VEHICLE (just occurred), 9:18 p.m., Liberty Street. Vehicle was running in driveway. Went inside, when he came back out vehicle was gone. 2017 black Toyota RAV4. No possible suspect description or direction of flight. Reporting party states one door was unlocked and he has the FOB. Form filled out and signed.

TUESDAY, OCT. 20

BREAKING AND ENTERING/PAST (commercial), 3:21 a.m., Quincy Commons, 1 Canton Rd. Officers located a popped out screen and a door that appears to be kicked in. Alarm company said they spoke to an employee. Stated that he was responding. Could not give a last name, car or ETA for keyholder. Confirmed B&E property was secured.

VANDALISM/PROPERTY (past), 7 a.m., Fenno House, 540 Hancock St. See reporting party at her gray Toyota Venza.

ASSAULT AND BATTERY (past), 11:07 a.m., Montclair Avenue. Disorder with a UPS driver. UPS driver has since left. Reporting party requesting to speak with an officer. Complaints to be filed.

LARCENY (laptop), 12:17 p.m., Lincoln Heights Condos, 175 Centre St. Reporting party states that the company he works for had sent him a laptop that was confirmed to have been delivered by delivery company, that was stolen. Reporting party has checked with property manager and building maintenance at condos and package has not been located. No answer at door or on the phone.

VANDALISM/PROPERTY (pots for flowers), 12:25 p.m., Arbour Terrace. Reporting party from QPD lobby states that he has surveillance footage of vehicle going into driveway and damaging his flower pots and leaving a mess. Party was putting pots near street. Pots inadvertently damaged from cars attempting to turn around. Pots made this more difficult. Party advised will contact city for more signage.

LARCENY (package), 6:27 p.m., 175 Centre St. See caller in the police lobby. Package was stolen from his apartment building.

WEDNESDAY, OCT. 21

VANDALISM/PROPERTY (tenants), 12 noon, Rodman Street. Tenants destroyed apartment. Civil issue landlord/tenant.

LARCENY (4 weeks ago), 5:05 p.m., Fairview Road. In police lobby. House cleaner took money.

BREAKING AND ENTERING/PAST (dwelling), 7:52 p.m., Centre Street. Credit car was just used at Best Liquors. Caller said there were lots of items taken from his house.

LARCENY (backpack), 8:29 p.m., Star Market, 130 Granite St. Taken from sales floor and backpack had a laptop in it. Reporting party needs to file a report to get the camera footage. Reporting party works in produce aisle. Can call him and he will meet him.

THURSDAY, OCT. 22

LARCENY (cell phone/wallet), 2:11 p.m., BJs, 200 Crown Colony Dr. See caller at Bay State Road. No suspect info. Phone is pinging to this address. No answer at door however when phone was called someone answered then turned phone off.

Breaking & Entering In Progress: Quarry Street

Breaking & Entering/Past: Centre Street, Canton Road, Presidential Drive, 1200 block of Hancock Street

Breaking & Entering/MV: Tinson road, Marriott Drive

Larceny Motor Vehicle: Quincy Avenue, Liberty Street

Total calls for service: 1,023

OCT 29 2020

Extend Your Enjoyment Of Nutritious Pumpkins

By MELINDA MYERS

Pumpkin is not just for dessert. Consider using this low calorie, flavorful vegetable, botanically classified as a fruit, in any of the courses of your fall or holiday meals.

The beta carotene that gives pumpkin its orange color is an important antioxidant. Increasing the beta carotenes in your diet can reduce the risk of developing some cancers and provide protection against heart disease.

And do not throw the seeds in the compost pile, roast them instead and enjoy the anti-inflammatory benefits of this snack. Remove the pulp by rinsing the seeds in cold water. Spread the seeds in a single layer on a baking sheet treated with a non-stick cooking oil. Lightly salt. Bake at 325° for 25 minutes. Stir the seeds after 10 minutes. Allow to cool and store any leftovers, if there are any, in an airtight container.

Harvest pumpkins when the fruit is fully colored and the rind has lost its shine and is hard. The curly tendrils near the pumpkin will turn brown and die when the fruit is fully ripe. Use a pruning shear to cut the stem and avoid damage to the plant and your harvest. Leaving several inches of the pumpkin's stem intact increases their storage life. And look for blemish-free fruit with intact stems when buying pumpkins from the grocery store or farmers' market.

Always harvest pumpkins before the first frost. Or cover plantings with floating row covers, old sheets or blankets when frost is in the forecast. Protecting plants from the first few frosty nights can keep them growing until the remaining frost-free days of the season are back in the forecast.

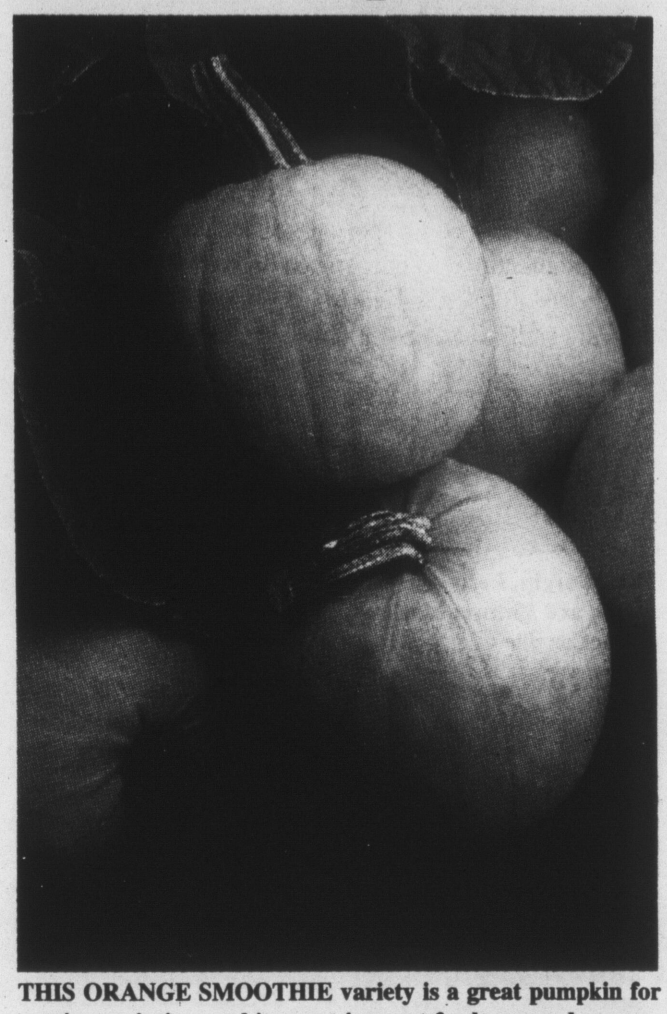
Only store pumpkins free of soft spots, cuts and other damage that can lead to decay. Cleaning them before storing can help extend their shelf life. Wipe them down with a dilute solution of one tablespoon of bleach per gallon of water. Allow them to dry thoroughly before placing them in storage. Washing the fruit removes bacteria and fungal spores that can contribute to decay.

Store pumpkins in a dark, dry, cool location between 50 and 60 degrees for storage. Place them in a single layer on cardboard, crates or wooden shelves. Avoid storing them directly on a concrete floor that can lead to rot.

Check pumpkins regularly for rot and soft spots. Remove any that show signs of rot and add them to the compost pile. Pumpkins that are stored properly can last for several months.

Remember to take time this season to enjoy the harvest and flavor as you cook up some tasty, nutritious pumpkin dishes this fall.

Melinda Myers is the author of more than 20 gardening books. Her web site is www.MelindaMyers.com.



THIS ORANGE SMOOTHIE variety is a great pumpkin for carving, painting, and its meat is sweet for homemade pumpkin pie. *Photo Courtesy All-America Selections*

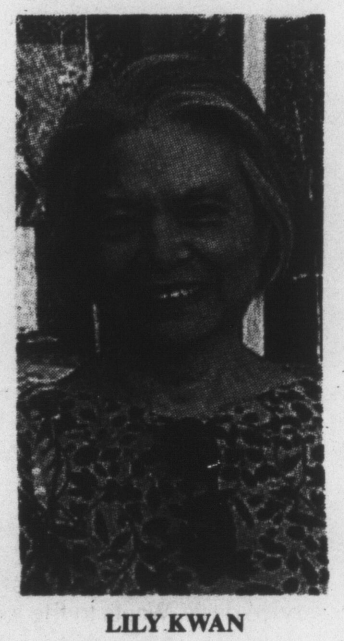
'SUNNY DAY' pastel by artist Lily Kwan, a member of the Quincy Art Association.

Quincy Art Association Artist's Showcase: Lily Kwan

How long I have been painting? It started when I first saw the Redwood Forest and the mountains of California many years ago. It was not only the beauty but the calm that riveted my thoughts on learning to create something beautiful like that with art.

About year of 2000, I started with watercolor. The unpredictable and uncontrollable nature of watercolor makes it the most exciting and expressive medium. I love watercolor as it is not only about transparency and glow but sometimes a wonderful accident happens that can only happen with this medium.

My current favorite medium is pastel, since so many colors are available. This is unlike watercolor where one must mix it in order to achieve the color desired. Also, unlike watercolor, pastel is controllable, it requires little setup, and uses no brushes to clean.



LILY KWAN

My favorite artists also were my art teachers Donna Rossetti-Bailey, Laurinda O'Connor and Ed Chesnovitch. I also like oil which gives me the most pleasure. My subjects are mostly landscapes and seascapes, I also have found that figures, especially children, inspire me.

I am a member of 4th Floor Artists in Rockland where I have a studio at E.T. Wright Building. Also a member of Braintree Art Association, Quincy Art Association and North River Art Society, Pastel Painters Society of Cape Cod.

The piece I present here was painted outside in a farm one early spring morning. The sun was so bright and that was an inspiration moment.

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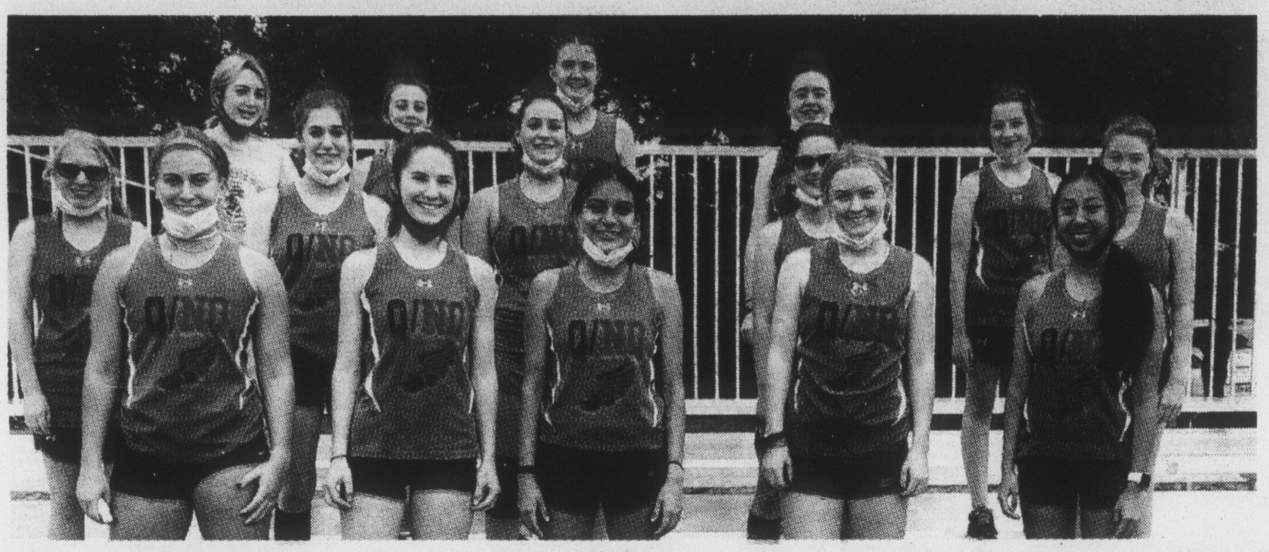
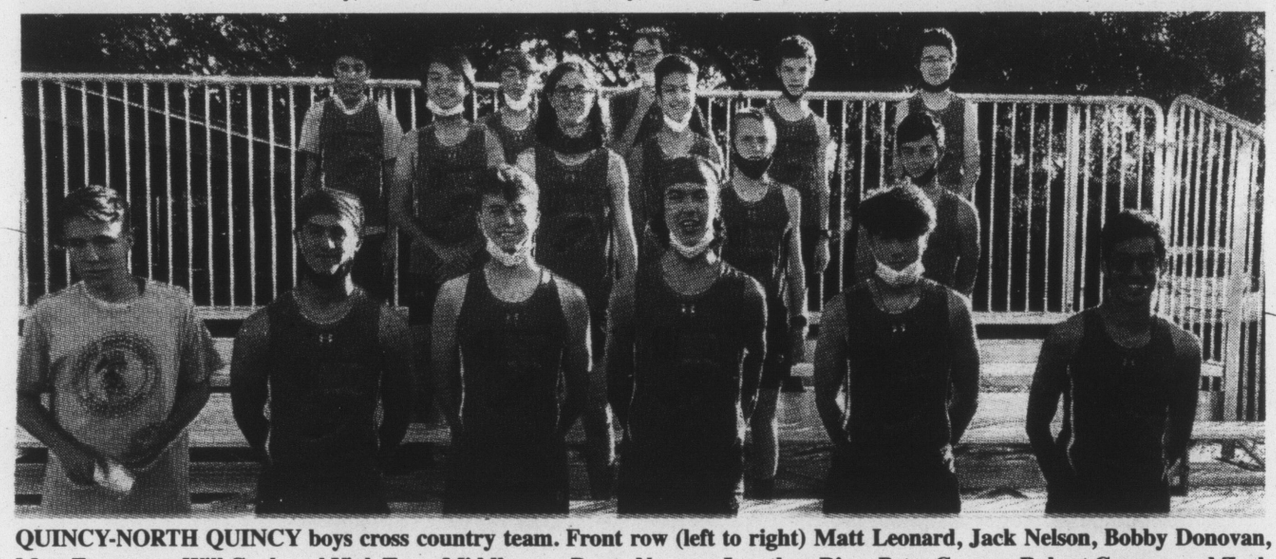
Quincy-North Quincy Cross Country Results Vs. Pembroke - Oct. 20-21

QNQ Cross Country
vs Pembroke - Oct. 20-21

Scores
Girls lost 20-35 (low score wins)



QUINCY-NORTH QUINCY girls cross country team. Front row (left to right) Viktoria Miller, Eileen Durgin, Lezly Acevedo, Maeve White and Kyla Ho. Middle row: Juliana DiBlasi, Jennie Burgess, Sophia Cerone, Sabrina Egan and Victoria Mariano. Back row: Madison O'Hara-Kelly, Leili Mahrouk, Grace Cody, Aluna Coogan-Coyne and Charlotte McConville.



QUINCY-NORTH QUINCY boys cross country team. Front row (left to right) Matt Leonard, Jack Nelson, Bobby Donovan, Matt Francouer, Will Cook and Vinh Tran. Middle row: Dante Nguyen, Jonathan Bina, Peter Cooney, Robert Cannon and Zach Clements. Back row: Nick Bina-Rodriguez, Trevor Mangino, Patrick Lee, Kyle Clements and Matt Hollatz. Missing from photo: Nathan Doyle.

Courtesy Photos

Boys won 20-35
Girls meet
27 finishers
Race won by Cassie Sparrow Pembroke 17:09
Distance 2.5 miles
QNQ Finishers
2. Lezly Acevedo 17:13
6. Victoria Mariano 17:42
7. Aluna Coogan-Coyne 17:53
9. Jennie Burgess 18:41
10. Kyla Ho 18:43
13. Maeve White 18:49
14. Eileen Durgin 19:26
16. Grace Cody 19:44
19. Sofie Cerone 21:15
20. Sabrina Egan 21:15
22. Juliana DiBlasi 22:04
23. Leili Mahrouk 22:19
25. Viktoria Miller 23:14
27. Charlotte McConville 27:07
QNQ is 2-2 in the Fisher Division of the Patriot League
Boys Meet
37 finishers
Race won by Robert Cannon - QHS 14:27
QNQ Finishers
1. Robert Cannon 14:27
2. Matt Francouer 14:36
3. Vinh Tran 14:36
6. Jack Nelson 15:10
8. Jonathan Bina 15:20
11. Kyle Clements 16:13
18. Will Cook 16:31
21. Zach Clements 16:45
22. Matt Hollatz 16:50
24. Bobby Donovan 17:03
25. Peter Cooney 17:11
27. Matt Leonard 17:41
32. Patrick Lee 19:34
33. Dante Nguyen 20:08
36. Trevor Mangino 20:19
37. Nick Bina-Rodriguez 21:52
QNQ is 3-1 in the Fisher Division of the Patriot League

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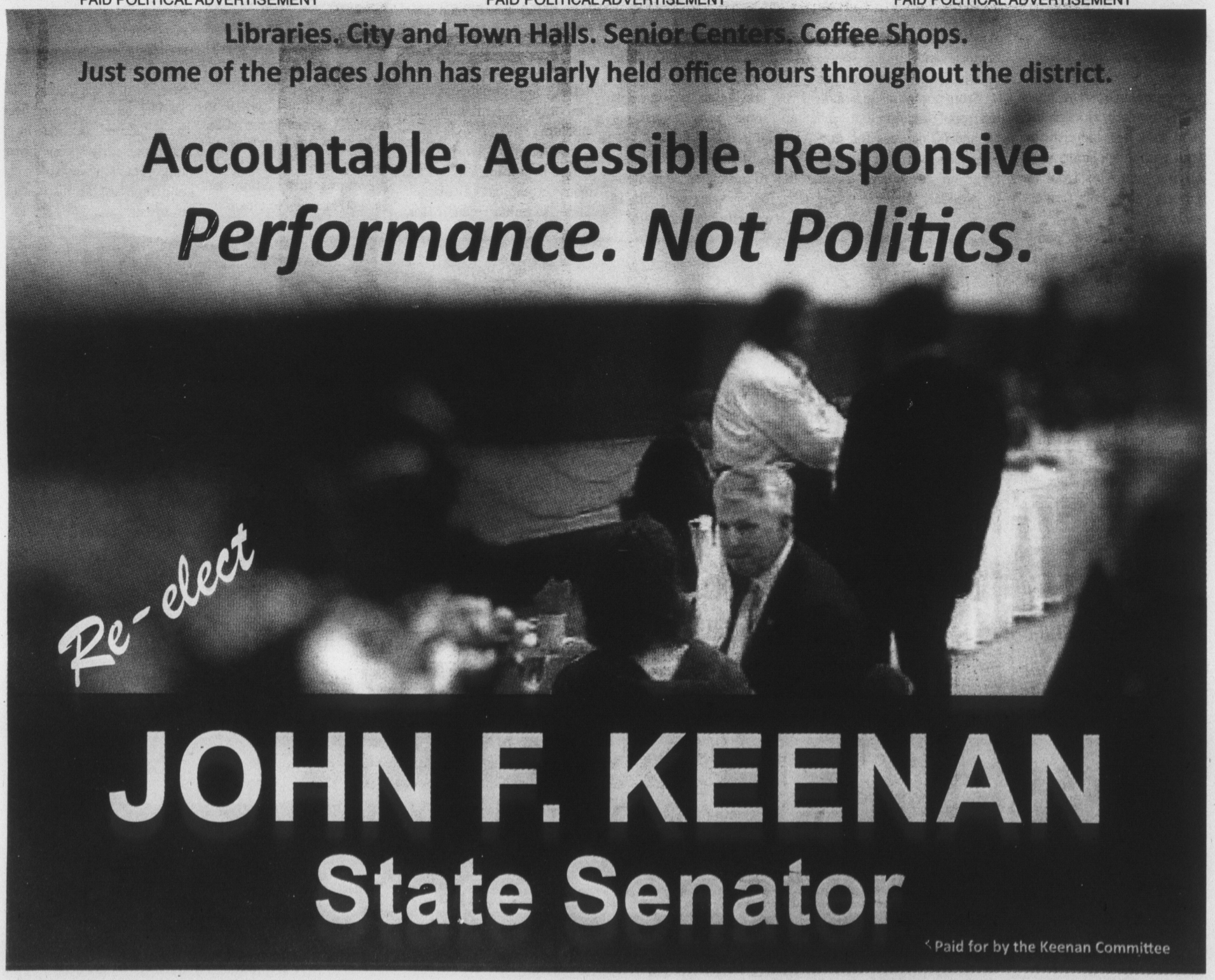

OCT 29 2020

New QHA 12-Passenger, Wheelchair Accessible Shuttle Bus

The Quincy Housing Authority has purchased a new 12 passenger shuttle bus with full wheelchair accessibility to service its residents.

"The new shuttle was purchased in an effort to assist the elderly and disabled tenants in an attempt to reduce dependency on public transportation during this pandemic," said QHA Executive Director James Marathas. "The shuttle will be limited in capacity and will provide residents with routine scheduled transportation to pharmacies, grocery stores, shopping, and occasional recreational trips.

"Our goal has been and continues to be to provide our residents with the highest level of service we possible can within the constraints of our budget. These have been extremely challenging times both economical and socially for our residents," Marathas added.

The Quincy Housing Authority recently expanded its operation by entering into management agreements with Hingham and Marshfield Housing Authorities. This agreement allows two smaller agencies to take advantage of the expansive resources and staffing found at a large agency such as Quincy. The Quincy Authority now manages a total of over 3,100 units of affordable housing throughout Quincy and other communities consisting of 1,560 public housing units and 1,660 Section 8 Vouchers.

The Section 8 Program recently been expanded adding a Mainstream Voucher Program and a Veteran's Voucher Program. The Mainstream Program targets disabled local residents qualifying for the program while the Veteran's Program targets local Veterans.

Currently, the Administrative Offices are operating, however they are closed to the public. A new website was designed to provide applicants with the ability to apply on line as well as obtain information regarding frequently asked questions. Visit the Authority website at www.quincyha.com.

"We are taking many steps to provide easy access to our staff during this critical time where housing needs are steadily increasing," Maratha said. "We recently installed video monitors in all of our lobbies to provide residents with immediate updates, notices, closures, COVID-19 information and other critical information. In the near future we will be installing Technology Kiosks in the lobbies of our buildings. These kiosks will allow our existing residents the ability to video conference with our staff, scan and send documents to them, make copies of forms and enter maintenance requests.

"They will also allow perspective tenants to complete and submit applications for the various forms of housing we provide. We have increased our staffing

Cont'd On Page 25

QUINCY HOUSING AUTHORITY has purchased a new 12 passenger shuttle bus with full wheelchair accessibility to service its residents. "The new shuttle was purchased in an effort to assist the elderly and disabled tenants in an attempt to reduce dependency on public transportation during this pandemic," said QHA Executive Director James Marathas shown here with the shuttle bus.

Courtesy Photo

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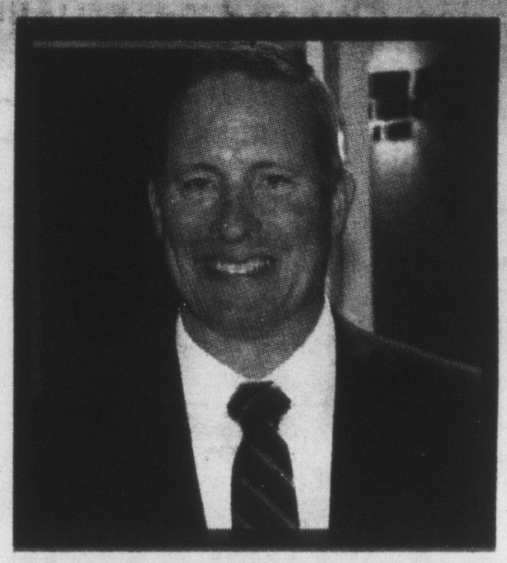

Former Quincy Mayor Bill Phelan and Retired Detective Captain Jimmy Coughlin, both lifelong Democrats are asking you to join them in backing JERRY McDermott for Sheriff! A reformer with results!

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OCT 29 2020

Quincy Girls Volleyball (7-0) Sweeps Scituate, Hanover

By TOM JOYCE

The Quincy High girls' volleyball team had no issue taking down a league opponent on the road last Thursday.

The Quincy Presidents traveled down to Scituate to take on the Sailors on Oct. 22 and despite falling behind late in the second set, the team was able to pull out a 3-0 victory to improve to 6-0 on the season.

"I thought we had a lot of unforced errors and we played kind of sloppy today," Presidents head coach Jacqui Niosi said. "We hung in there. We played well when we needed to. We got some good blocking from Bridget Hoare towards the end of that second game to get back in it and some serving from Annika Schmitt."

The Presidents gained a 7-5 edge over the first 12 points of the first set, then they started to get hot. The Presidents outscored their opponent 8-3 over the next 11 points and had some strong serving in that stretch. Ashley Grehan had an ace during it. The Presidents also extended their lead to 10 points later in the set on an ace from Mona Ly, putting them up 22-12. They ended up taking the set 25-13 on a serve that Scituate was unable to return.

The second set was the most competitive one of the game, and late in it, Scituate looked like they were going to take it. That wouldn't end up happening, however. Initially, the Presidents went up 1-0 after a bad serve by Scituate but by the middle of the set, the set was tied at 11 apiece, then 13 apiece, then 14 apiece.

Scituate then went on a 3-0 run that included a pair of aces. They built on that lead and had a kill to go up 19-17, starting a 4-0 run. However, a bad serve made it a four-point game and gave the Presidents the ball back. They capitalized on the opportunity and ended up going on a 5-0 run to tie the set back up. Ly had back-to-back serves that Scituate couldn't return, tying the game, but Scituate took the next two points to go up 24-22. Two hitting errors from Scituate and a carry gave the Presidents a 25-24 lead. Scituate got the next point, but Grehan had a kill on a failed block, and then Rachel McKenna lofted one over the net. McKenna's point gave the Presidents a 27-25 victory in the set.

"We have some experience," Niosi said. "We have a lot of seniors. That definitely helps in close situations and just having that experience at any point really helps."

The Presidents then took that momentum with them into the third set. McKenna had a kill to put the team up 6-4, sparking a 5-0 run that forced Scituate to call a timeout. Priscilla Bonica had a serve Scituate couldn't return, putting the team up 9-4. Following the timeout, the two teams split the next 24 points evenly, making it a 22-16 set. However, Scituate didn't have a comeback in them, and the Presidents took the set 3-0.

Niosi said that McKenna, who had five kills in the win, stood out in the final set.

"In that third game, Rachel really fired us up," Niosi said. "She started hitting the ball the other way and throwing their defense off."

"At different times, different people stepped up," she said.

And she noted that Bridget Hoare led the team with four blocks, playing well up front.

Amid the coronavirus pandemic, Niosi also said that it's great to have a season -- especially when so much of the outside world looks so much different than usual.

"Honestly, going to volleyball practice has been the one thing that's felt the most normal," she said. "We're wearing masks and there's a couple of different rules, but we're in the gym practicing and it feels more normal than the rest of the day, so it's been a stress-reliever. I'm glad we've been able to get the season in because we weren't always sure it would happen."

As of the start of this week, the Presidents had not lost a set all season; they had won each of their six games by a 3-0 margin.

The Presidents roster this season includes: sophomore Annika Schmitt, sophomore Bridget Hoare, senior Ashley Grehan, senior Alyssa Ryan, junior Mona Ly, senior Rachel McKenna, senior Kelsy Duong, senior Priscilla Bonica, senior Alyssa Ruan, senior Ivy Zhou, senior Hanna Valenzuela, junior Colleen Moran, and junior Emma Glavin.

On Monday, Quincy improved to 7-0 on the season with a 3-0 win over Hanover at home. Scores were 25-17, 25-14 and 25-18.

NQ Boys Soccer Season Up And Down

By LIAM GAMBON

North Quincy boys soccer has had a season of ups and downs so far.

While they are now sitting at a record of 2-3 and have been outscored 21-4 through their first five games, the Red Raiders have seen some growth with their new coach, new scheme, and their rearranged lineup from last season.

North Quincy and senior Dan Vu helped drop rival Quincy High a week ago with a 1-0 victory and eight days earlier, they took down Plymouth South 2-1 for their first win of the season. Then last Wednesday, they took a step back and were handed an 8-0 blowout by Whitman-Hanson.

The matchup kicked off with a penalty kick for Whitman-Hanson in the seventeenth minute that quickly made it to the back of the net. Three minutes later and a cross came to the front of the net and the visitors made the score 2-0 with 15 seconds left in the first period.

Just under two minutes into the following period, North Quincy goalkeeper Jack Cavicchi made a great save on the exact same crossing play that came at the end of the first.

After the onslaught of shots at Cavicchi, North Quincy coach Charlie Kilmain told his team that they couldn't cross the 50-yard line until they could, "learn how to pass." With the new plan, the team played containment and held off Whitman-Hanson with multiple defensive stops and a few more saves from Cavicchi.

With 12 minutes left, senior captain Abdel Mahmoud received a lead pass from junior Mike Colantonio and turned on the jets for a fast break but was fouled on the run. Sophomore Joe Bates took the kick to classmate Nate Caldwell who missed the shot left.

Following the missed chance, Whitman-Hanson returned to North's side of the field and after a Cavicchi save, the ball wasn't cleared, and a rebound was sent into the net. But a couple minutes later, it was the senior keeper running out of the box making a save, diving to stop the ball, and taking matters into his own hands to cut off rebound attempts.

But there was not much else he could do as soon after, a Whitman-Hanson player weaved through three North defenders and had an open shot on net that he cashed in to make the score 4-0.

At the start of the next period, Cavicchi was faced with no defender help and made a sliding save, but 50 seconds after, he once again had no help and the score dropped to 5-0. North found themselves with a chance following the goal as they took a shot that was saved with a dive, and then had an empty net to shoot at but missed well left.

Over the last 12 minutes of the third period, junior Oliver Smith made a sliding save in net, Vu stopped a fast break chance, and the entire defense made three-straight key stops in their own zone before clearing it out.

This trend continued as Whitman-Hanson chipped a ball that sailed over Cavicchi's head and was going into the net before Caldwell used an illegal header to keep it out right at the goal line.

But minutes later, Whitman-Hanson easily took advantage of another penalty kick, making the score 6-0 before the fourth period began.

Seven minutes in, North broke into the offensive zone, made a crossing pass, had an empty net, and sent the ball soaring over the crossbar. Thirty seconds later, the Red Raiders turned the ball over in their own zone and left Cavicchi unprotected as the score increased to 7-0. The score remained the same as soon after, North was presented with another empty net after a pass was made, but it went past the attacker and out of bounds.

With eight minutes left in regulation, the score became 8-0 as Whitman-Hanson took a shot that was saved with a dive but then rebounded and put into the net as Cavicchi was the only man back. Colantonio missed two scoring chances in the final six minutes and Mahmoud left the match with 2:40 to go and met with their trainer, effectively ending the game 8-0.

But despite the loss, North Quincy had more than a few scoring chances that they fell short of, great defensive stops at times, and most importantly, they know that when he gets some defensive help, Jake Cavicchi can hold his own.

"We're looking to build upon and strengthen the successes we are having on the field and improve upon the areas that are breaking down," Kilmain said.

Stress Management Program

The public is invited to join Debbie Lyn Toomey, RN, coordinator of the Tufts Medical Center's Injury Prevention Program, for program on the first and third Tuesdays of the month in November and December.

At 10 a.m Tuesday, Nov. 3, Toomey will share simple stress management tools.

Everyone is welcome and encouraged to attend any or all of the sessions in this four-part program that teaches and empowers aging adults and those who care for them with skills and ideas that decrease falls and increase independence. Each 90-minute session will build upon the previous one(s), but participants can attend any or all.

Future dates are Nov. 17, Dec. 1, and Dec. 15. The sessions will be recorded for later viewing and sharing and made available on the Thomas Crane Public Library's YouTube channel.

Join us on Zoom (meeting ID: 874 7134 0892). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio. You may also view the program live on the library's YouTube channel and Facebook page.

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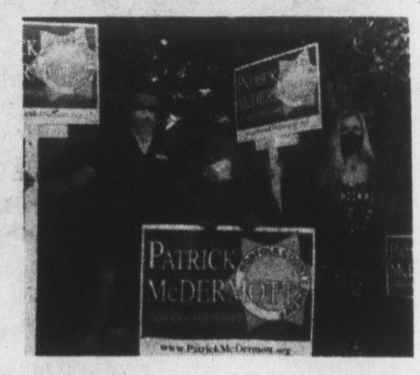

Vote November 3rd

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Quincy High Girls Soccer Bows To Hanover

By TOM JOYCE

The Quincy High girls' soccer team ran into a tough Patriot League opponent last Friday.

The Presidents hosted Hanover on October 23 and although they had some shots on net, they were unable to score. Ultimately, Hanover won the game 4-0 and the Presidents fell to 1-5 on the season.

"We definitely picked it up in the last quarter which is something we were really proud about," Presidents head coach Bridget Coleman said. "The girls played a little bit timidly in the beginning but once they have this mindset where they have nothing to lose, they passed a little bit better and worked as a team a little better. Those are things we're going to try to continue to do from the start over the next couple of games."

"I was proud that they were excited for their team until the very end, which is exactly what a team should do," she added.

Neither team scored in the first quarter, but about halfway through the second, Hanover put one on the board. With 12:11 remaining, Hanover got their first goal off a pass from the left side to a forward standing right in front of the net. Shortly thereafter, Caroline Campbell had a shot on net for the Presidents, getting the shot off despite two defenders converging on her. Hanover's goalkeeper was able to make the save, however, preventing the goal.

It wouldn't take Hanover long to score again. They doubled their lead with 8:49 remaining in the second quarter with a forward out in front of the net scoring the goal. The score was 2-0 at the end of the first half.

Hanover also tacked on two more goals in the third quarter--less than one minute apart.

About four minutes into the third quarter, Campbell got open and had another shot on goal for the Presidents, but Hanover's goalkeeper also made a stop on it. Then, when Hanover regained possession, they capitalized on the opportunity.

With 14:12 remaining in the third quarter, Hanover made it a 3-0 contest. They had a player kick the ball over the head of the Quincy goalkeeper as she had moved several feet forward in front of the net to respond to a different shot opportunity. Then with 13:29 remaining in the quarter, Hanover added an insurance goal, giving themselves a 4-0 advantage. That would end up being the final score of the contest as neither side scored in the fourth quarter.

Coleman said she was impressed by her team shutting down Hanover in the fourth.

"Their fitness has actually improved so much since the beginning of the season just from playing in general," she said. "We also have a deep bench, so we've been getting a lot of girls in there to give everyone a rest. I'm just proud of them of how much effort they put in and for keeping their heads up throughout that whole game."

She also said that seeing the team play with a lot of energy late in a match is especially impressive this season. After all, the players have to wear facemasks due to the coronavirus pandemic.

"For sure," she said. "I played in a little game we had going on at practice with the mask, and I'm impressed they can do this the whole game. It's tough for sure, especially at the end when you're breathing so heavily."

As far as who she thought played well, Coleman said it was a team effort -- and the seniors impressed.

"Our seniors, in general, picked it up," she said. "Mariejo Ajavon is just super fast on the outside and she made some great plays today. Kat Shaughnessy can play wherever I put her, she keeps us going. And Emilia Henry is a phenomenal player. She got two goals on Monday and again, she's someone you can put anywhere and she'll play at a high level."

Additionally, she said the team is going to continue to work on playing with confidence.

"We definitely want to be playing with no fear because I feel they come into the games with a little bit of nervousness and they don't need that," she said. "They are a good team, a competitive team in this league, they just get in their own way sometimes with negative thoughts. We're trying to keep a positive attitude, especially like we had at the end. And then closing down the gaps and a couple of other little things we've been working on trying to bring everything together."

North Quincy Girls Volleyball (4-3) Sweeps Pembroke

By LIAM GAMBON

A year ago, Kaila Jacques was a student at Quincy High School. But on Monday, she was leaving her stamp in the North Quincy gymnasium.

The North Quincy junior transferred to the rival school as a sophomore because of their volleyball program. With a 4-3 record on the season, Jacques has been instrumental in the Red Raiders' success so far.

"She's overall a very good player, she just needs to build on her consistency," North Quincy girls volleyball coach Fabiola Garcon said. "She serves tough, she gets the girls back up whenever they're down. She's a crucial part to the North Quincy program."

"I used to be very hard on myself. I work really hard, not just in season, and sometimes not all people saw that. It was always harder for me than any other player. I remember yelling at my teammates, and volleyball's a team sport and is very mental, so that wasn't good," Jacques said. "I learned to control my temper and be supportive of my teammates. I still am very hard on myself to this day, but what's better is that it gets less in my head and motivates me to do better."

On Monday in a matchup against Pembroke, Jacques and company were more than motivated as after falling behind 8-11 in the first set, junior Stephanie Huang stepped up to the server's line and delivered back-to-back no touch service aces followed by a serve that led to a net foul, putting the Red Raiders up to 11 points in the blink of an eye.

A few moments later, junior Kiera Sleiman punched a hit through a defending block and Jacques followed her up with a hit of her own to tie the score again, this time at 13. Then, the tie was broken as Jacques returned again and scored twice down the stretch, along with a no touch service ace to the back corner by senior Ying Lam Loo, to help North Quincy take the first set 25-23.

North trailed again in the second set down 24-21, but rallied back to a tie at 25, saving the set at the last moment and getting a rise from the stands as those in attendance cheered on while stepping out of their seats.

The cheers continued as Jacques made two-straight diving saves, keeping the ball from the ground, and was rewarded for her efforts when junior Dia Ugwu hit the ball into the corner after a two-minute rally. After a Pembroke error, North took the second set 27-25.

Following the game script, the Red Raiders fell behind in the third set but battled to a handful of ties before taking an 18-15 lead off three-straight serves for points. Three plays later and Ugwu got everyone back on their feet with a direct block off a hit that was followed by a Jacques point, making the score 20-16. After a North Quincy service ace, Jacques scored again with a hit straight down the line stretching the lead to 22-16. After points by Ugwu and Jacques, the score became 24-16 and another Pembroke error sealed the 3-0 set sweep for the Red Raiders.

"They really fought," Garcon said. "They were in a hole, but they dug themselves out of it and really showed a sense of urgency to not let the ball hit the floor."

Not only did varsity improve to 4-3 Monday night, the Junior Varsity team expanded their record to 7-0. So, the North Quincy volleyball team should remain competitive moving forward. One of the key cogs from not only the win against Pembroke, but from all four wins on the season, is Jacques who has supplied the majority of North's points.

The outside hitter first started liking volleyball in the fifth grade after watching an eighth grader play. Her name is Shara Galvani and after Jacques asked her what she was playing, Galvani began teaching her the sport.

"She was on the varsity team for my middle school and I wanted to try out the next year. I kept playing any free time I had. I fell in love with the sport right away," Jacques said. "Eventually, I ended up making varsity my sixth-grade year and was the youngest on the team."

After being asked to do a clinic for a club team, Jacques joined the squad and played with them for a couple of years and brought her skills to the North Quincy volleyball team where she and her teammates will look to continue winning this season.

Lam Loo specializes in digs, Ugwu stands out with blocks, and Jacques spearheads the team of defensive minded upperclassmen. Watch out for the Red Raiders.

Bethany Congregational Church

Bethany Congregational Church, 18 Spear St., corner of Coddington Street, is conducting its regular Sunday service at 9:30 a.m. on Sunday mornings.

Rev. Patrick McCorkle will preach. Music will be provided by Paul Frazer, soloist. Church School classes for children are in session during the morning worship to take place every other week. Nov. 8th is the next date for Church School.

All Saints Sunday will be celebrated in Nov. 1 with a remembrance service for members and friends who have passed away during this last year.

On Saturday, Nov. 14th (9 a.m. – 2 p.m.), there will be The Bethany Holiday Stroll and Rummage featuring Christmas and other holiday items, gift baskets and packaged baked goods. There will also be rummage and great bargains. CDC guidelines will be adhered to: masks, social distancing and the number of people allowed into the sale area at any given time. The church is working with the City of Quincy's Health Department to ensure compliance.

For all events, masks and social distancing are required. There is no group hymn singing or coffee hour. Masks and sanitizer are available. Areas in use are cleaned after every service.

If you would prefer to stay at home, the on-line service will be available at a later date, either on the church website or on YouTube. To get to the church website, type in: bethanycongchurch.org and scroll down to the very bottom to find the link to the most recent service. This will give you not only the church service, but the bulletin and other information about what's going on at Bethany. Or, you can go directly to YouTube and type in Bethany Church Quincy, Massachusetts to find all of the services.

Broad Horizons Preschool is open and accepting students both full and part-time. To inquire and/or fill out an application, go to the website at Broadhorizonsbethany.com or call 617-471-0022.

Quincy Point Congregational Church

On Sunday, Nov. 1 at 10 a.m. on the Quincy Point Congregational Church page on You Tube, there will be a special online Communion worship this week (don't forget your bread and juice) featuring a dialogue between Rev. Liz Williams of Wollaston Congregational and Rev. Kimberly Murphy in celebration of All Saints Day.

Save the dates for projected "drive in" worship: Nov. 8 and Nov. 22.

Online Church School for all begins on Sundays at 9:15 a.m. on The Quincy Point Congregational Church YouTube page. This week we learn about "the burning bush."

The church would like to thank everyone for helping get subscriptions on YouTube past 100. The church has gained its 10 a.m. time slot back, some editing features and a custom url: https://youtube.com/c/quincypointcongregationalchurch.

QPCC is collecting personal care items for the unaccompanied youth of the McKinney -Vento program during Missions month For a list of items contact the church office at 617-773-6424 or email: office@quincypointcong.org to receive the sign up genius link (also available on the church's social media pages.)

Donations can be dropped to the church weekdays from 9 a.m. to 2 p.m. and Sunday, Oct. 25. Items due back by Nov. 1.

First Baptist Church Of Wollaston

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy has an online remote worship service Sunday mornings.

Pastor David Choi will preach his sermon: "Thanks for His Steadfast Love" (Psalm 136:23-26); Reader will be Trina Wolf.

The church online dial-in/web meeting weekly schedule is:

• Sunday - 10:30 a.m. worship service

• Wednesday - 6:30 p.m. Community Group Meeting – Gospel of John

• Thursday - 6:30 p.m. Bible Classes – Epistle of Paul to Romans

• Friday -11 a.m. Prayer Group Meeting

Go to the Home page of the church website: www.firstbaptistchurchofwollaston.org/ to join online Sunday worship service and activities.

OCT 29 2020

Baker Announces $774 Million Recovery Package

Cont'd From Page 1

a State House press conference.

"Small business owners have been resilient, resourceful, creative, imaginative and patient and many have been committed hard to the safety protocols and standards that we put in place to protect their workers and their customers and to help us get the economy moving again and sustain their and our progress.

"These businesses and workers that make up our downtowns are owned and operated by many of our friends and neighbors. They need our help, and their need is significant."

The package includes $50.8 million for grants to small businesses. State officials said that money would not be awarded on a first-come, first-served basis, but would be given to businesses hardest hit by the pandemic. Applications for those grants are available online at empoweringsmallbusiness.org.

Additionally, the package sets aside $8.3 million to provide technical assistance to small businesses to help them access grant and loan programs, among other things. Of that money, $2.3 million is for woman- and minority-owned businesses.

It also includes $20 million in funding for communities, including $10 million to continue funding the Shared Streets and Spaces Program and $10 million in community planning grants.

Cultural facilities, such as museums, would receive $10 million.

The recovery plan includes $25 million to help people get back to work, officials said. That includes $10.4 million to expand workforce partnerships with large employers to create training-employment pathways; $9.2 million to subsidize internet access for low-income populations and expand access in underserved communities; $3.2 million to modernize the MassHire virtual programs; $2 million for workforce training in the manufacturing sector; and $300,000 to help close the skills gap for skilled technician jobs.

An additional $54 million is also available to support workforce recovery efforts through existing programs such as the Skills Capital Grants program, the Workforce Competitiveness Trust Fund, and the Workforce Training Trust Fund.

Baker's plan also includes the $171 million set aside earlier this month for housing support. The administration will also provide $121 in direct subsidies for affordable rental housing.

In addition, $62 million in existing capital funding through the Massachusetts Life Sciences Center, the Massachusetts Technology Collaborative, and MassVentures is available to support recovery and growth in the innovation and life sciences sectors.

Overall, roughly $600 million of the $774 will come from existing funding sources. The remaining funds were included in the revised budget proposal Baker unveiled earlier this month and require legislative approval.

While introducing his recovery package, the governor also said he was frustrated the federal government has yet to approve a new stimulus deal despite a general consensus in Washington about what should be included in such legislation.

"There is a surprising amount of agreement there if you actually look at all the bills that everybody is kicking around," Baker said. "The thing that is frustrating to me is despite that, they haven't been able to come to terms with it."

To illustrate the difference between what the federal and state governments can offer in aid to local businesses, the governor compared the size of his $774 million plan to the $14.3 billion in funding Bay State companies received earlier this year from the Paycheck Protection Program that was included in the federal CARES Act.

New QHA 12-Passenger, Wheelchair Accessible Shuttle Bus

Cont'd From Page 21

levels and spend hundreds of hours weekly sanitizing all of our properties. Our staff cleans every door, common hallways, stairwells, elevators, flooring and frequently touched surfaces each and every day."

The Quincy Housing Authority has received and purchased over 150,000 masks and distributed them to all of their residents throughout the pandemic. The Authority has worked with the Greater Boston Foodbank, Quincy YMCA and Trader Joe's to provide home cooked meals and free groceries on a regular basis.

"I could not be more grateful and appreciative of my staff, our partners and their efforts to protect our residents," Marathas said. "I am equally thankful to the residents for cooperating and following our guidance. We are in unchartered waters and are hoping an end will be in sight soon."

The Quincy Housing Authority, once a troubled agency now considered a high performing agency, has completed over 25 million dollars in updates under the new administration and has a full pipeline for 2021.

"We will be installing new elevators in Tobin Towers, O'Brien Towers, and Pagnano Towers. Tobin Towers is our last building to receive a new roof and new 12th floor windows. Pagnano and Drohan Apartments will be receiving new flooring updates throughout the buildings. Tobin Towers, O'Brien Towers, Louis George Village and Sawyer Towers have all been completed with new flooring. Snug Harbor and Riverview will undergo large scale paving projects in the spring. We are making progress but we have a long way to go. Every day is a new challenge", continued Marathas.

In 2020 Quincy Housing Authority added two new parks in Snug Harbor and Riverview including a new water park. The completion of the Palmer Street Rotary and dedication, funded though the City of Quincy and Mayor Koch creates a welcoming addition to Snug Harbor.

"We are very thankful for the support from the City and the Mayor. We have accomplished some real life changing projects with the City and the Board of Commissioner's support, much of what we have accomplished would not have been possible within the constraints of our current state and federal budgets," Marathas added.

'Ask Rusty' A Layman's Guide To The Intricacies Of Social Security

The AMAC Foundation has published "a comprehensive, easy-to-understand" layman's guide to help America's population of senior citizens understand the ins and outs of Social Security.

The book is called "Ask Rusty: What's so hard about Social Security." Russell "Rusty" Gloor, whose weekly column on the topic is published by several hundred news outlets across the country, is the primary author.

Gloor is an accredited Social Security Advisor with a knack for explaining the complicated provisions of the Social Security Administration in a simple and easy to understand manner, according to Gerry Hafer, Executive Director of the AMAC Foundation, the nonprofit arm of the Association of Mature American Citizens. The foundation is focused on the needs of senior citizens. "The broad-based popularity of Rusty's column in which he answers questions about Social Security prompted us to encourage him to pen a comprehensive manual for those already receiving benefits and those who are nearing the age of enrollment," says Hafer.

The Foundation operates a call-in and email service that answers hundreds of questions monthly about Social Security issues from AMAC members and the public at large.

"Seniors are the fastest growing segment of the population and the complexity of the rules, and the resulting difficulty people have interpreting those rules relative to their individual situations, are what drive folks to contact us. Often, there are rules that countermand rules, qualifications that make some of the rules misleading. It's the reason we publish our Ask Rusty column each week and why we published this book," Gloor explains.

Gloor added that "the AMAC Foundation is committed to supporting America's seniors, and helping them navigate Social Security's myriad rules, and applying those rules to their personal circumstances, is a big part of what we do. We've helped thousands of seniors develop a better claiming strategy and made them aware of Social Security options they didn't even know they had, and that is especially gratifying to each of our Advisors. Sharing our collective knowledge in this book fits perfectly into The Foundation's overall mission."

To order a print copy of the book, email a request to info@amacfoundation.org. Price of the printed version is $19.95 (plus tax), with free shipping. An email request will result in a return invoice to the requestor, and the book will be shipped immediately upon receipt of payment.

An eBook copy of "What's So Hard About Social Security?" can be ordered on either Amazon or Apple eBooks for $9.95.

10/29/20

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING ON TAX RATE

In accordance with Governor Charles D. Bakers March 10, 2020 order suspending certain provisions of the Open Meeting Law, G.L. c. 30A, § 20, the City Council of the City of Quincy will be convening a Public Hearing via remote conferencing services on Monday, November 9, 2020 at 7:00 PM pursuant to the provisions of Massachusetts General Laws Chapter 40 § 56 as well as guidelines of the Massachusetts Department of Revenue in order to determine the percentages of local tax levy to be borne by each class of real property, as defined in § 2A of Chapter 59, and personal property in Fiscal Year 2021.

Join Zoom Meeting https://us02web.zoom.us/j/84727433187
Meeting ID: 847 2743 3187
Dial by your location - +1 312 626 6799/+1 646 558 8656 US

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

10/29/20

REQUEST FOR PROPOSALS **REQUEST FOR PROPOSALS**

REQUEST FOR PROPOSAL

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET
QUINCY, MA 02169

Invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

"REBID"

TRAFFIC & PARKING PARKING VIOLATION PROCESSING SERVICES NOVEMBER 12, 2020 @ 11:00 A.M.

The City of Quincy, Massachusetts ("the City") in accordance with M.G.L. Chapter 30B requests proposals from qualified persons or firms to enter into a contract to perform parking violation processing services for the City of Quincy. The City issues on average 20,000 parking citations annually and expects to maintain this volume in the coming years.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

Technical Bid/Proposals must be in a sealed envelope and price proposals must be in a separate sealed envelope. The outside of the sealed envelopes are to be clearly marked **"RFP - TECHNICAL PROPOSAL ENCLOSED"** with time/date of RFP and **"RFP - PRICE PROPOSAL ENCLOSED"** with time/date of RFP.

Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be opened and registered. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The City reserves the right to reject any or all RFPs or to accept any part of an RFP or the one deemed best for the City, and waive any informalities in the bidding, if it is in the best interest of the City to do so.

Thomas P. Koch, Mayor
Kathryn R. Hobin, PURCHASING AGENT

10/29/20

Jane Fenton

Jane (Grogan) Fenton of Quincy died Oct. 20.

Devoted mother of Peter Fenton and his wife Cara of Gilbert, AZ, and Beth Fenton of Albuquerque, NM. Daughter of the late Daniel J. Grogan and Margaret (Morrissey). Beloved sister of Margie Grogan of Quincy, Mary Ann Grogan Brewster and her husband Andrew Wilson of Norwell, and the late Katherine Grogan. Adoring grandmother of Abigail and Alec Fenton. Loving aunt to Michael Brewster, Christine Brewster, Adam Rheaume and Kamala Rheaume.

Mrs. Fenton enjoyed the simple pleasures in life, be it a morning coffee chatting with friends, cooking her delicious meatballs for her children and grandchildren (whom could never get enough!), frozen yogurt on a hot day, or a warm blanket and a good book on a cold one.

She loved spending summers at Onset Beach and often visited Arizona to be with her grandchildren.

Visiting hours are Friday from 9 to 10:30 a.m. in Keohane Funeral Home, 785 Hancock St., Quincy, prior to the funeral mass at St. Agatha Church, Milton, at 11 a.m. (Masks required, maximum church capacity 80 people due to Covid-19 regulations.)

Inurnment will follow at Holy Sepulchre Cemetery in North Andover.

Memorial donations may be made to support the research of Dr. Henning Gaissert at Mass General Hospital.

Gifts can be made online at giving.massgeneral.org/donate/. Please select "I am making this gift in honor or memory of someone." Checks made payable to Massachusetts General Hospital can be mailed to: MGH Development Office, C/o Krista McCabe Cruz, 125 Nashua St., Suite 540, Boston, MA 02114-1101.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2378EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
James Stephen Clary
Date of Death:
July 22, 2020

To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Patrice A. Cunniff** of **Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Patrice A. Cunniff** of **Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **an unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/12/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 5, 2020
PATRICK W. McDERMOTT
Register of Probate
10/29/20

Kennedy Center

November QATV Programming Schedule

All programs listed below will be aired on Channel 9

MONDAYS

12:30 p.m. - Finding Strength & Balance with Maggie Episode #1

12:45 p.m. - Finding Strength & Balance with Maggie Episode #2

TUESDAYS

9 a.m. - Balance Class for Adults Over 60

10 a.m. - Exercise with Karen

12:30 p.m. - Eldy's Yoga

WEDNESDAYS

12:30 p.m. - Finding Strength & Balance with Maggie Episode #2

12:45 p.m. - Finding Strength & Balance with Maggie Episode #3

1 p.m. - Zumba Gold with Mary Ellen Reardon

THURSDAYS

9 a.m. - Healthy Bones & Balance

10 .am. - Exercise with Karen

12:30 p.m. - Eldy's Yoga

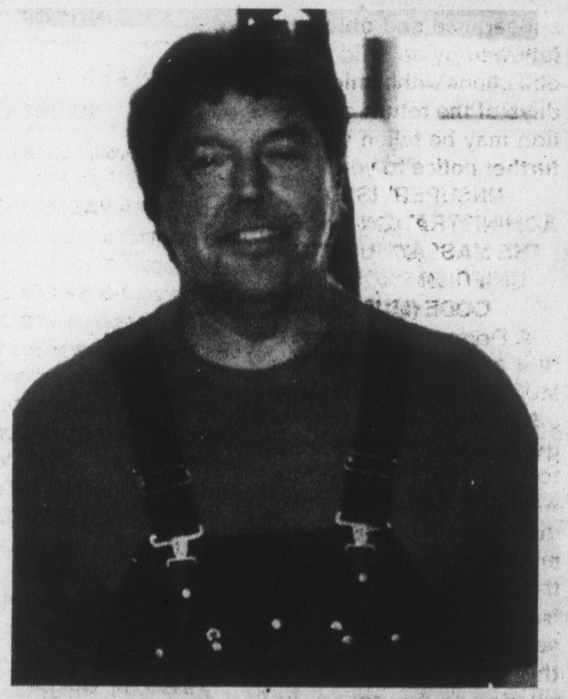
FRIDAYS

12:30 p.m. - Finding Strength & Balance with Maggie Episode #2

12:45 p.m. - Finding Strength & Balance with Maggie Episode #3

1 p.m. - Zumba Gold with Mary Ellen Reardon

BIRTHDAY MEMORIAL



Joseph W. Koch

Nov. 1, 1956 - Aug. 20, 2014

Always in our thoughts and prayers.
With Love, Family and Friends

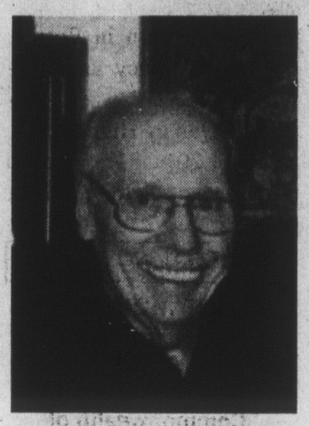
OBITUARIES

Charles E. Clifford

Charles E. "Cliff" Clifford of Quincy passed away Oct. 22.

Beloved husband of Florence (Pienack) Clifford of Quincy. Devoted father of Janet Clifford of Quincy, Michael Clifford and his wife Laurie of Bridgewater, and Patricia Demers and her husband Paul Demers of Milton. Loving grandfather of Michelle Clifford, Michael Clifford, Kara McCarthy and her husband Jeffrey McCarthy, and Michael, Benjamin and Sean Demers. Son of the late Frederick and Claire (Gilbert) Clifford. Brother of Joseph Clifford of Raynham, and the late Louise Sweeney. Also survived by nephews Paul and Leonard Sweeney. Retired United States Army chief warrant officer, and three-war veteran; WWII, Korea, and Vietnam.

Nothing gave Mr. Clifford greater pleasure than



CHARLES E. CLIFFORD

spending time with his family, especially his grandchildren. He was always present at their recitals, sporting events, and most recently a wedding. He was a strong supporter of Boston sports teams, especially the Red Sox. As long time seasons ticket holders, Cliff and Flo spent many Sunday afternoons at Fenway Park over the past 35 plus years. Still active at 95, Mr. Clifford had an extensive collection of houseplants and neighbors would often stop to talk with him as he weeded his outdoor garden.

Visiting hours are 4 to 7 p.m. Nov. 2 in Keohane Funeral Home, 785 Hancock St., Quincy.

Services at 9:30 a.m. on Nov. 3 from the funeral home with a funeral Mass in Holy Trinity Parish at Our Lady of Good Counsel Church, Quincy at 10:30 a.m. (Masks required, maximum church capacity 50 people due to Covid-19 regulations.)

Interment at Massachusetts National Cemetery, Bourne, will be private.

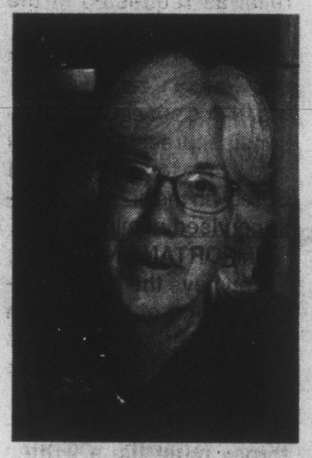
Memorial donations may be made to the U.S. Army Emergency Relief Fund, 2530 Crystal Dr., Suite 13161, 13th Floor, Arlington, VA 22202 or visit givearmyemergencyrelief.org.

Eleanor Cleveland, 78

Eleanor "Ellie" Cleveland, aged 78, a life-long resident of Quincy, died peacefully Oct. 12 at the Ruth McLain Hospice House in Braintree.

She was born and raised in the Wollaston section of the city and graduated from Quincy High School in 1959. Ms. Cleveland was a registered nurse, trained at Leominster Hospital Nursing School. After several years of hospital work, she enlisted in the U.S. Army Nurses Corps, and served in Vietnam in 1967 and 1968, finishing at Walter Reed Hospital in Washington, D.C.

Ms. Cleveland was a lifelong member of Wollaston



ELEANOR CLEVELAND

Congregational Church and has enjoyed her many years working with the Wollaston Garden Club. A resident at Bauer House in Quincy for the last 15 years, she was an avid reader and adventurer, and loved historic places and the outdoors, enjoying touring New England with her close friends.

She is survived by her sister Elizabeth Goodchild of Wakefield, brother Scott Cleveland of Framingham, two nieces and three nephews.

Memorial donations may be made to the Best Friends Animal Society, a place she loved and volunteered at, online at bestfriends.org.

More Obituaries On Page 27, 34-37

Quincy Access Television
88 Washington Street
Quincy, MA 02169
Find us on Facebook
QATV
www.qatv.org
617-376-1440
617-376-1441
Follow us on twitter

Public Access Channel 8	Government Access Channel 9
Thursday, October 29 5:00pm: Bethany Congregational Church 7:00pm: Messages to the Voters	**Thursday, October 29** 4:00pm: Zoning Board of Appeals 10/27 6:00pm: At Your Library: November Happenings 8:00pm: Premiere: The Charles River Sinfonietta
Friday, October 30 11:30am: Currently in Quincy 7:00pm: The Case of the Dead Adventuress	**Friday, October 30** 8:00am: MA Joint Comm.Ways & Means 10/21 1:00pm: Zumba Gold II w/Mary Ellen Reardon 7:00pm: In the Know: Presidential Election Preview
Saturday, October 31 12:00pm: Norfolk County Sheriff Debate 1:00pm: State Senate Debate	**Saturday/Sunday, October 31/November** 8:00am: MA House of Reps Session 10/22 8:30am: In the Know: Presidential Election Preview 3:00pm: ATL Concert: The Charles River Sinfonietta 4:30pm: Zoning Board of Appeals 10/27 7:00pm: At Your Library: November Happenings
Sunday, November 1 10:00am: Bethany Congregational Church 11:30am: Good News	
Monday, November 2 11:30am: Currently in Quincy 7:00pm: Norfolk County Sheriff Debate	**Monday, November 2** 6:00pm: In the Know: Presidential Election Preview
Tuesday, November 3 7:00pm: AM Quincy: Mayor Thomas Koch 8:00pm: LIVE: Election Night Coverage	**Tuesday, November 3** 8:00am: MA House of Reps Session 10/26 8:00pm: LIVE: Election Night Coverage
Wednesday, November 4 5:00pm: Good News 7:00pm: The Call	**Wednesday, November 4** 1:00pm: Zumba Gold I w/Mary Ellen Reardon 7:00pm: TCPL Presents: Smoothies

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

OCT 29 2020

Joshua M. Walsh, 24

Funeral services for Joshua Michael Walsh, age 24, of Norwood, formerly of Quincy, will be held Thursday at noon in Bethany Congregational Church, Quincy.

Mr. Walsh died peacefully, after his long battle with mental health and addiction, Oct. 22. He was at Brigham and Women's Hospital, surrounded by his loving family.

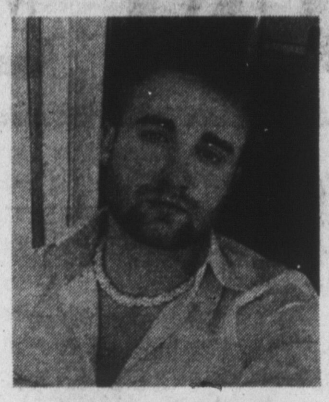
He was born in Boston, raised in Quincy and Norwood. Mr. Walsh was a graduate of Quincy High School, Class of 2014. He had lived in Norwood and Quincy for all his life.

Mr. Walsh was employed as an anesthesia technician at Tufts Medical Center and had formerly worked at Brigham and Women's Hospital and South Boston Community Health Center. Prior to that, he was employed as an emergency medical technician with Fallon Ambulance Service.

Mr. Walsh was a certified lifeguard and certified scuba diver, a lover of nature.

Beloved son of Michelle C. Labadie and her fiancé Scott A. Conant of Whitman,

OBITUARY



JOSHUA M. WALSH

Eric S. Walsh and his wife Marilyn Madden Walsh of Norwood. Devoted brother of Gabrielle L. Costantino, Nicolas L. Costantino, Mathieu G. Walsh, Andrew L. Walsh, and Jackson S. Conant. Loving grandson of Christine McSweeney and Renée Simard. Dear nephew of Stephanie Walsh, James and Cathy Madden, Daniel McSweeney, Christopher McSweeney, and Matthew McSweeney. He is also survived by many cousins and loyal friends.

He was preceded in death by Michael Madden 2020, Raymond Walsh 2019, James Labadie 2018, and Helen (auntie) Madden 2009.

Visiting hours were 4 to 6 p.m. Wednesday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Services are operating in accordance with current guidelines.

Memorial donations may be made to McLean Hospital, Development Office, 115 Mill St., Mail Stop 126, Belmont, MA 02478-9106 or call 617-855-3415.

More Obituaries on Pages 34-36 and online at www.TheQuincySun.com

LEGAL NOTICE

CITATION ON PETITION TO CHANGE NAME
Docket No. NO20C0119CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Victoria Mary DeAmicis
A **Petition to Change Name of Adult** has been filed by
Victoria Mary DeAmicis of **Quincy, MA**
requesting that the court enter a Decree changing their name to:
Victoria Mary Waters
IMPORTANT NOTICE
Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 11/18/2020.
This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.
WITNESS, Hon. Patricia Gorman, First Justice of this Court.
Date: October 2, 2020
PATRICK W. McDERMOTT
Register of Probate
10/29/20

LEGAL NOTICE

CITATION ON PETITION TO CHANGE NAME
Docket No. NO20C0118CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Noreen Rosanne DeAmicis
A **Petition to Change Name of Adult** has been filed by
Noreen Rosanne DeAmicis of **Quincy, MA**
requesting that the court enter a Decree changing their name to:
Noreen Rosanne Waters
IMPORTANT NOTICE
Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 11/18/2020.
This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.
WITNESS, Hon. Patricia Gorman, First Justice of this Court.
Date: October 2, 2020
PATRICK W. McDERMOTT
Register of Probate
10/29/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2380EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Marie T. Martorana
Date of Death:
January 20, 2019
To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Nancy Koba** of **Ossining, NY** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.
The Petitioner requests that: **Nancy Koba** of **Ossining, NY** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **an unsupervised** administration.
IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/12/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.
UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.
WITNESS, Hon. Patricia Gorman, First Justice of this Court.
Date: October 5, 2020
PATRICK W. McDERMOTT
Register of Probate
10/29/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2412EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Mary Jane Tong
Date of Death:
July 7, 2020
To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Joel Tong** of **Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.
The Petitioner requests that: **Joel Tong** of **Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **an unsupervised** administration.
IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/12/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.
UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.
WITNESS, Hon. Patricia Gorman, First Justice of this Court.
Date: October 7, 2020
PATRICK W. McDERMOTT
Register of Probate
10/29/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2458EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Sarah A. Howard
Date of Death:
May 17, 2020
To all interested persons:
A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Joseph L. Nelson** of **East Lynn, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.
The Petitioner requests that: **Joseph L. Nelson** of **East Lynn, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **an unsupervised** administration.
IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/12/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.
UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.
WITNESS, Hon. Patricia Gorman, First Justice of this Court.
Date: October 8, 2020
PATRICK W. McDERMOTT
Register of Probate
10/29/20

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS
PROBATE COURT
NORFOLK DIVISION
Docket No. 20E0022PP

To The Estate of Norma S. Leo and to Norman E. Leo of Quincy in the County of Norfolk and to all other persons interested:

A petition has been presented to said Court by Peter Leo of Rockland in the County of Plymouth representing he holds as tenant in common undivided part or share of certain land lying in Quincy in said County, and briefly described as having a street address of 28 Albertina St., Quincy, MA and setting forth that he desire that - all the following described part of said land may be sold at private sale for not less than five hundred ninety thousand (590,000.) dollars and praying that partition may be made of all the land aforesaid to law, and to that end that a commissioner be appointed to make such partition and be ordered to make sale and conveyance if all, or any part of said land which the Court finds cannot be advantageously divided either at private sale or public auction, and be ordered to distribute the net proceeds thereof.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Canton before ten o'clock in the forenoon on the **4th day of November, 2020**, the return day of this citation.

Witness, **Patricia A. Gorman**, Esquire, First Judge of said Court, this 5th day of October, 2020.

PATRICK W. McDERMOTT
Register
10/15/20, 10/22/20, 10/29/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-51

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 17, 2020 @ 5:30 P.M. to consider the application of **JAMES WHITE** for a **VARIANCE/FINDING** to convert the attic space into additional living space in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered **1-3 BRADFORD STREET, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals
Time: Nov. 17, 2020 05:30 PM Eastern Time (US and Canada)
Join Zoom Meeting
https://zoom.us/j/92179141812?pwd=Sy8za2FzYWFMZS8zVnlibDVXYlRDQT09
Meeting ID: 921 7914 1812
Passcode: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 921 7914 1812
Passcode: 880512
Find your local number: https://zoom.us/u/accltG6jMO

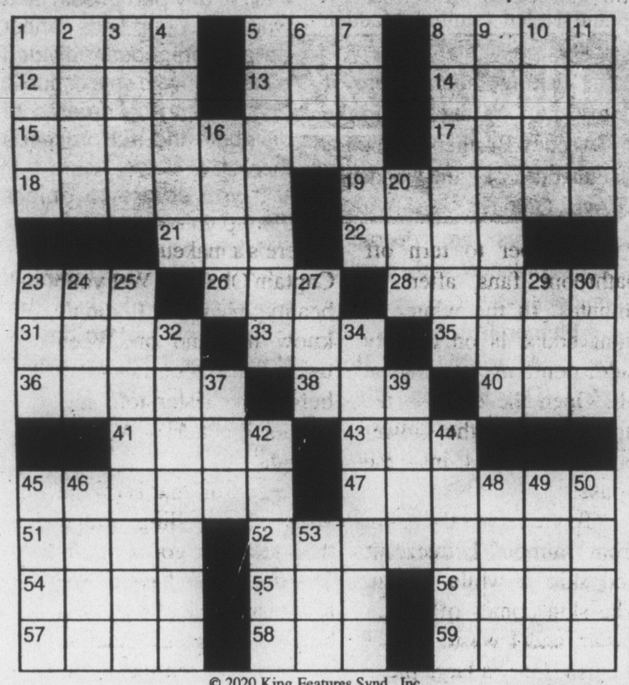
Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma.viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.
10/22/20, 10/29/20

SUN FUN PAGES

King Crossword

ACROSS
1 Cracker spread
5 Easter entree
8 "The Thin Man" dog
12 Verve
13 Past
14 Use scissors
15 Sudden temperature drop
17 — Christian Andersen
18 Dueler's ally
19 Pass by
21 Watch chain
22 Foolish
23 Andrews or Edwards, for ex.
26 Path
28 Gaggle members
31 Conks out
33 Joke
35 Paint crudely
36 "Yes we can" man
38 Oft-tattooed word
40 Kan. neighbor
41 Mr. Gingrich
43 Tear
45 Curvy-horned antelope
47 Time of the mammoths
51 Churlish one
52 Guiding principle
54 Not working
55 Under the weather
56 Takeout phrase
57 Start a garden
58 Nutritional qty.
59 Health centers

DOWN
1 Chest muscles, for short
2 Lotion additive
3 Body powder
4 The — the line
5 Purse
6 Khan title
7 Motorized bike
8 Embarrassed
9 Crisp-pod legume
10 Supermarket stack
11 Church section
16 Winter forecast
20 Drag along
23 Commotion
24 Little white lie
25 Tall thin person
27 Thanksgiving veggie
29 Seek damages
30 "Chicago" lyricist
32 Slandered
34 Ape
37 Piercing tool
39 Cinderella's horses, really
42 Long-snouted critter
44 Nuisances
45 Wading bird
46 Fashion
48 On
49 Infatuated
50 Cupid's alias
53 Antiquated



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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

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Differences: 1. Window sign is missing. 2. Boy's hat is different. 3. Arrow points in opposite direction. 4. Woman's hair is different. 5. Bricks are added to building. 6. Woman's shoes are flats.

Trivia test

by Fifi Rodriguez

1. MEASUREMENTS: What does a hygrometer measure?
2. TELEVISION: What was the postman's name on the sitcom "Cheers"?
3. LITERATURE: Which 20th-century novel begins with the line, "For many days, we had been tempest-tossed"?
4. GEOGRAPHY: The Adriatic Sea lies east of which country?
5. HISTORY: Who was the first woman appointed to a U.S. president's cabinet?
6. ADVERTISING: Which company's mascot was named Poppin' Fresh?
7. LANGUAGE: What is a mondegreen?
8. GAMES: How much is the Luxury Tax in the board game Monopoly?
9. U.S. PRESIDENTS: Who was the only president to attend Oxford University in England as a Rhodes Scholar?
10. U.S. STATES: What does the name Nevada mean in Spanish?

Answers
1. Humidity
2. Cliff Clavin
3. "The Swiss Family Robinson"
4. Italy
5. Frances Perkins, Secretary of Labor, 1933-45
6. Pillsbury
7. A misheard word, phrase or song lyric
8. $75
9. Bill Clinton
10. Snow-covered

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Salome's Stars

ARIES (March 21 to April 19) Deciding to work out that pesky problem (even though you might have been bored, bored, bored with it) should be paying off right about now. Expect to hear some very welcome news very soon.

TAURUS (April 20 to May 20) Unexpected news might cause you to rethink a previous conclusion. Don't be bullheaded and try to bluff it out. Make the needed change, and then take a bow for your objectivity.

GEMINI (May 21 to June 20) Money matters should be considered as you continue to work out your holiday plans. This is a good time to scout out discounts before demand for them outstrips their availability.

CANCER (June 21 to July 22) A calm period early in the week helps you complete most, if not all, of your unfinished tasks. A new project appears by midweek, and this one could carry some big career potential.

LEO (July 23 to August 22) Positive results from recent ventures continue to pump up those self-esteem levels, making you Fabulous Felines feel you can tackle any challenge anyone wants to throw at you.

VIRGO (August 23 to September 22) Family and friends might feel neglected because of your almost total focus on a project. Try to rework your schedule so you can have time for both your loved ones and your work.

LIBRA (September 23 to October 22) Don't be surprised if you suddenly hear from someone from your past who wants to contact you about the possibility of renewing a long-dormant (if not dead) relationship.

SCORPIO (October 23 to November 21) This is a good time to check over what went right and what went wrong with recent efforts. This can provide valuable lessons for projects that will be coming up soon.

SAGITTARIUS (November 22 to December 21) Dealing with people who feel they're always right about everything might be a problem for some. But the savvy Archer should be able to deflate their oversize egos.

CAPRICORN (December 22 to January 19) This week favors a balance between the demands of your work and your need for fun timeouts. Taking breaks helps restore and keep your energy levels high.

AQUARIUS (January 20 to February 18) There could be an occasional setback in what you're working on. But look at them as lessons on how to do better as you move along. More supporters turn up to cheer you on.

PISCES (February 19 to March 20) Although a more positive aspect influences this week's course, you still need to be sure that those who will work with you have no reason to work against you. Good luck.

BORN THIS WEEK: You believe in keeping your promises. It's not always easy to do, but somehow you do it.

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MAGIC MAZE ● WHAT'S THAT SMELL?

F T Q G O M J H F C A R Y W R
U R P N O L J H F D O B Z U X
V T R Q O D A M K T I H H F S
D B Z Y K I T W T S O P M O C
V T R N N A Q E E N L O U N E
L K U O I P N W W U O R H F G
D K M C A E E Z S X M I W V A
S M R E G R U B M I L U N S B
A R Q G G S O L L I K D A O R
N M S A U E R K R A U T K J A
I H S I F D A B H C I L R A G

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: A POLECAT

Ammonia	Garbage	Roadkill	Sour milk
Bad fish	Garlic	Rotten eggs	Sulphur
Compost	Limburger	Sauerkraut	Wet dog
Diapers	Onion	Sewer gas	

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Wishing Well®

8	2	8	5	4	3	2	4	5	3	2	3	5	
P	L	L	R	F	N	A	R	E	O	D	R	P	
4	7	6	7	2	4	3	4	5	4	2	5	7	
I	A	A	D	Y	E	A	N	U	D	L	T	A	
2	4	8	7	3	4	7	5	2	5	8	4	6	
U	L	E	Y	I	Y	T	A	C	T	A	A	T	
2	3	4	8	7	4	5	2	7	5	7	6	2	
K	N	S	S	O	S	I	S	R	O	E	I	M	
4	2	6	8	7	4	6	8	6	5	4	5	4	
I	I	D	A	M	S	Y	N	S	N	T	A	A	
2	8	7	8	4	7	4	6	4	7	2	8	6	
L	T	E	D	N	M	C	U	E	B	E	R	M	
2	8	5	8	5	7	5	7	5	8	5	8	5	
S	E	D	A	M	E	I	R	R	M	E	S	D	

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: G equals L

KTHHFKVMY UM VMKAJQ XUK KVMYVMY XVQE JGFKAC GVHK, PVYEQ VQ IA JUGGAC U ETPITY?

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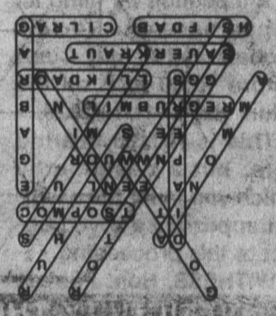
— King Crossword —

Answers

Solution time: 25 mins.

Magic Maze ANSWERS:



CryptoQuip answer

Supposing an insect was singing with closed lips, might it be called a humbug?

OCT 29 2020

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Zac Efron's reboot of the late '80s TV series "Baywatch" (2017) grossed $178 million, thanks to teaming him with Dwayne Johnson. But his first starring film, "Extremely Wicked, Shockingly Evil And Vile," tanked, earning only $9.8 million. Next he'll need to be teamed with two male stars for the remake of "Three Men and a Baby" (1987), which earned $240 million thanks to Tom Selleck, Ted Danson and Steve Guttenberg. Then Efron will topline the remake of Stephen King's "Fire Starter" (1984), which -- despite Oscar winners George C. Scott, Art Carney and Louise Fletcher, plus Drew Barrymore, Martin Sheen, Heather Locklear and David Keith -- pulled in only $19 million at the box office. The question is: Will Efron's fan base be strong enough to make these films successful?

***

Don't think Angelina Jolie has been distracted fighting Brad Pitt for custody of their kids, because she's been busy making films. "The One and Only Ivan" was released by Disney in late August, with Bryan Cranston and the voices of Jolie, Sam Rockwell, Chaka Kahn, Helen Mirren and Danny DeVito. That will be followed by "Come Away," with Michael Caine and David Oyelowo, based on "Alice In Wonderland" and "Peter Pan." Next up is the neo-Western thriller "Those Who Wish Me Dead," with Nicholas Hoult and Tyler Perry, and Marvel's "The Eternals," with Salma Hayek, Richard Madden, Kit Harrington and Kumail Nanjiani, which has been pushed back to Nov. 5, 2021, because of the pandemic.

***

"The times they are a changing!" Imagine if the Bible and the Torah were combined to create one entity to make their religions stronger. Once upon a time there were two powerful show business daily bibles in Hollywood: Variety and The Hollywood Reporter. Because most magazines were going out of business, The Hollywood Reporter became a weekly in 2010 and Variety became a weekly in 2013 so they could survive. Now, as newsstands disappear and both publications have become mostly online entities, they have joined forces with Billboard, Rolling Stone, Vibe, Deadline, Indie Wire and WWD (Woman's Wear Daily) under one company, PMC, and will present new TV, film and live events. The combination of a suite of publications fighting for the same audience may help them survive the pandemic, which saw advertising evaporate because films, award shows and events were canceled.

***

Chris Hemsworth's Netflix film "Extraction" did so well that Netflix signed him to star in the future-themed film "Spiderhead" (written by "Deadpool" writers Rhett Reese and Paul Wernick), with "Friday Night Lights" and "Birds of Prey" star Jurnee Smollett and Miles Teller (due soon in "Top Gun: Maverick"). Then Hemsworth shoots the next "Thor" installment, "Thor: Love and Thunder," for a February 2022 release. Do you love him, or his hammer?

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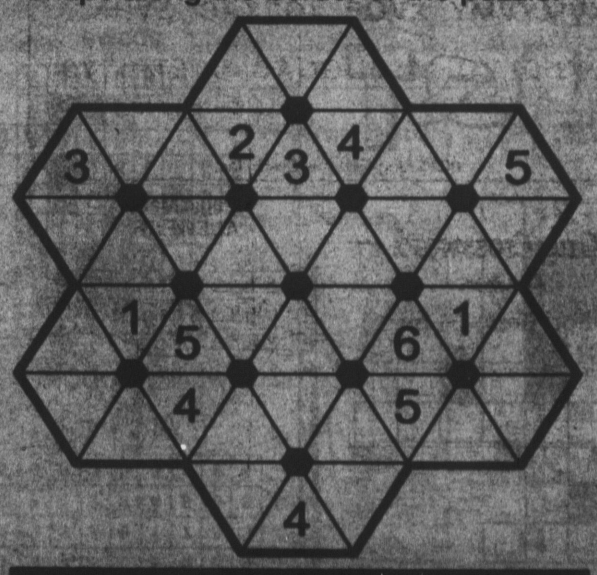
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

	+		×		18
×		+		+	
	÷		+		11
+		×		×	
	×		+		21
22		20		14	

1 1 2 3 4 5 6 8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Tavern Table --- Although antique dealers tell us early 1900s oak furniture doesn't sell -- average Chippendale pieces are not wanted and fancy French designs of the past are out of style -- some average examples and even good copies can be useful and a good investment.

In 1899, Wallace Nutting started photographing, hand-coloring and selling scenes that had a "Colonial" look. He bought and borrowed the furniture and accessories, and sold thousands of the pictures. There were some historic flaws in the pictures, like hooked rugs in front of the fireplace in an early 1700s scene. Eventually, he started to make and sell accurate copies of his furniture. Today, there are collectors of Wallace Nutting furniture as well as the photographs.

In the 1920s, Peter Hunt decided to paint early wooden furniture with the colorful peasant designs he developed. It became popular as a style, and today, Peter Hunt furniture sells for more than the type of furniture he repainted. Costume jewelry also was made to look like expensive gold and gem-set originals. Nowadays, the best of signed costume jewelry can sell for thousands of dollars. A Wallace Nutting tavern table made in the early 20th century as a copy of an 18th-century table sold at a Garth's auction for $469.

***

Q: We have the first two albums recorded by the Beatles in excellent condition. What is their value and how would we go about selling them?

A: These albums sell at auctions for over $1,000. Their value depends on rarity and condition. The first Beatles album released in the United States was "Introducing the Beatles," by Vee-Jay Records on Jan. 10, 1964. Capitol Records released its first Beatles album, "Meet The Beatles," on Jan. 20, 1964. It released "The Beatles' Second Album" on April 10, 1964.

"Introducing the Beatles" was made with three different backs. The backs of the first covers were blank because the album was rushed into production to get it out before anyone else. Later back covers had ads or titles in columns. Recent prices for the album range from $1,250 to $5,250. The highest price was for a very rare "column back" stereo version of the album in original Sears sleeve. It sold for $52,500. "The Beatles' Second Album" sold for $2,000-$5,750. "Meet the Beatles" sold for $275.

***

CURRENT PRICES

Doll, Navajo, stuffed cloth, blue velvet blouse, red bottons, striped cotton skirt, beaded necklace, woolen black hair, 1950s, 12 inches, $84.

Toy truck, fire pumper, red, silver, white rubber tires, wooden rims, cast iron, Hubley, 1930s, 5 inches, $150.

Medical, prosthetic leg, maple, leather, metal hinges at knee, shoe, brown, c. 1900, 31 inches, $282.

Silver pitcher, cylindrical, quilted, twist handle, Earl Evans, Alfredo Ortega & Sons, Mexico, 7 1/2 inches, $1,020.

***

TIP: Always put plastic dishes on the top rack of the dishwasher. Test any old dishes to be sure they will not warp or melt in the dishwasher.

For more collecting news, tips and resources, visit www.Kovels.com

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STICKELERS

by Terry Stickels

The Genesee Flyer train leaves the station at 60 miles per hour. After three hours, the Seneca Streamer train leaves the same station at 75 miles per hour, moving in the same direction on an adjacent track. Both trains depart the station at milepost 0.

At what milepost will the Streamer draw even with the Flyer?

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Strange BUT TRUE

* In the early 1800s, a railroad marketer set up a head-on collision between two trains as a publicity stunt. Some 40,000 people came to watch, and the resulting boiler explosion killed three spectators. But ticket sales soared, and railways everywhere staged train crashes right up until the Great Depression.

* The Zombie tit is a species of bird that has learned to track down tiny bats, split open their skulls, and feed on their brains.

* On average, a 4-year-old will ask 400 questions in one day.

* One of the weirdest scandals in sports history occurred in 1973 when New York Yankees players Fritz Peterson and Mike Kekich decided to trade families -- wives, children, even dogs! After the couples became close friends, Peterson fell in love with Kekich's wife and vice versa. "It's a love story. It wasn't anything dirty," Peterson told a reporter in 2013. Peterson is still married to the former Mrs. Kekich, but Kekich and the former Mrs. Peterson later split up.

* Dustin the Turkey, a hand puppet from an Irish TV show, has campaigned for president of Ireland in two separate elections -- representing the "Poultry Party."

* Pepper spray and tear gas are technically classified as chemical weapons and thus are forbidden in warfare.

* When Prohibition started, alcohol could only be bought for medicinal and religious purposes, from a pharmacy or a doctor. "Medicinal whiskey" was prescribed for just about anything and used to treat conditions such as toothaches and the flu. With a prescription, a patient could legally purchase up to one pint of hard liquor every 10 days.

* The human body gives off enough heat in 30 minutes to bring a gallon of water to a boil.

***

Thought for the Day: "I would rather die a meaningful death than to live a meaningless life." -- Corazon Aquino

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Now here's a tip!

by Jo Ann Dorson

* Remember to turn off bathroom fans after 10 minutes. In the winter, if your house is on the dry side, don't use the fan at all: Open the door so the humidity from the shower or bath reaches into the house.

* "To remove the skin from salmon, I freeze it and skin it while frozen. The skin comes off much easier, and I waste less of the fish. I buy a large piece and parcel it into several smaller pieces, since it's just me. I like salmon, and it's healthy for me!" -- L.A. in Florida

* Need extra dishware or servingware for a holiday meal? Try looking at secondhand stores for large dishes, serving utensils and more. It's sometimes cheaper than getting throwaways, and it's better for the environment! You can always donate them again after the holidays.

* Here's a makeup tip from Captain Obvious: Wet your beauty blender. I didn't know this and had been using it for about a month before my sister told me. So much better! -- V.A. in Florida

* Freeze fruit that is on the verge of spoiling rather than letting it go to waste. You don't even have to use it for smoothies. Chuck a handful of frozen fruit in water or iced tea for added flavor. And it's a superb addition to fancy cocktails.

* "Quick sewing tip: Check your fabric's stretch direction before you lay out your pieces. You'll thank me later." -- E.F. in Missouri

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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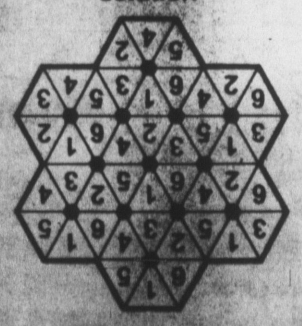
SNOWFLAKES solution



Go Figure! answers

2	+	1	×	6	18
×		+			
9	+	3	+	8	11
+		×			
4	×	5	+	1	21
		20		14	
22					

Stickelers Answer

Milepost 900. To solve this problem, recall that rate x time = distance. Let "x" be the time it takes the Seneca Streamer to reach the milepost. Then:

60x = 180 + 75x

15x = 180

x = 12

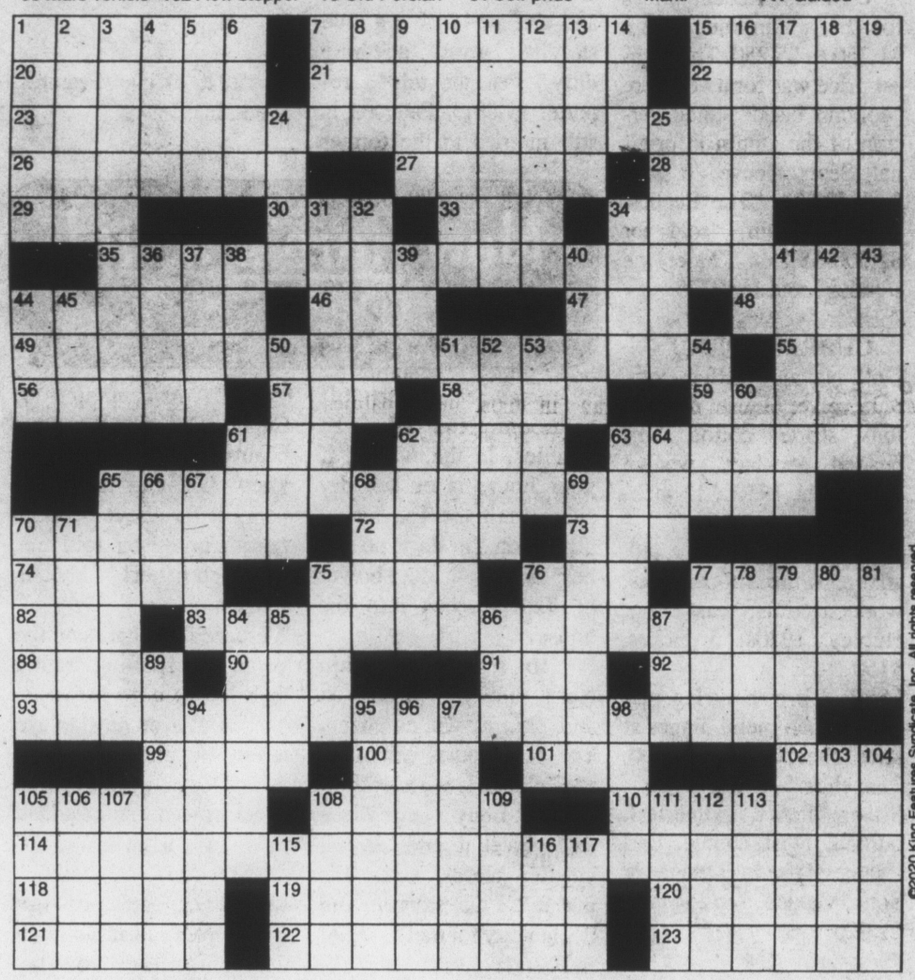
75 x 12 = 900 miles

Super Crossword

C 5

ACROSS
1 Patronize for purchases
7 Tennis segment won without loss of a point
15 Dude
20 Actress Duff or Swank
21 Not righted, as wrongs
22 Epic about Troy
23 What a siemens is a unit of
26 Open into flower
27 Seamless shift
28 Get fixated
29 Scottish port
30 Viper type
33 — T (just so)
34 Broiling bar
35 Diverse assortments
44 Flip out
46 "— help if ..."
47 — Khan (Islamic title)
48 Elicit an encore, say
49 Italian entree
55 Ore- —
56 Gift getter
57 Signs off on
58 "My treat"
59 Mars vehicle
61 "Dilate" artist DiFranco
62 Formerly
63 Oakland team
65 Flukes
70 Many a released prisoner
72 Grandpa Walton player Will
73 Tarzan player Ron
74 Draw out
75 Jai —
76 Reagan's "Star Wars" prog.
77 Tries to trim down
82 Luau chow
83 Dartboard's rings, e.g.
88 Astral bear
90 Alternate spelling of a word: Abbr.
91 Fair-hiring abbr.
92 Actor Kevin of "Weeds"
93 Part of a routine baby immunization
99 Churn up
100 Stetson, say
101 Ending of ordinals
102 Flow stopper
105 Err in finding the total of
108 Fruity pastries
110 Jaffa citizen
114 Assembly associated with a church creed
118 Put off
119 Cheapest ship quarters, formerly
120 Take out of the pier
121 Number of dwarfs
122 Infuriated
123 Gazes

DOWN
1 The Bible's Queen of —
2 Far from flat, as terrain
3 Balsam fir or pine extract
4 Lobby orgs.
5 Part of MFA
6 Beginner
7 Jean- — Godard
8 — whim
9 Actors Kilmer and Avery
10 "And on and on": Abbr.
11 Bit of babble from a crib
12 Once-a-year
13 Old Persian
14 Academy email ending
15 Activity-tracking device
16 Stretchy
17 See 65-Down
18 Mille — (Minnesota county)
19 Fruity beverages
24 Apple buy
25 Police cruiser
31 Post-it note, informally
32 Gyro breads
34 Utah's lily
36 Winans with 12 Grammys
37 Be fond of
38 French for "summer"
39 Govt. health agency
40 Tardy
41 Pitted garnishes
42 The Green Party's Ralph
43 Trades jabs
44 Watch readout, for short
45 "So that's your trick!"
50 For the — (temporarily)
51 Self-pride
52 Run up, as expenses
53 The "A" of OAS: Abbr.
54 Bana of "Troy"
60 Poem of exaltation
61 Suffix with pent-
62 Whale locale
63 Keepsake
64 At least one
65 With 17-Down, Princess or Royal Caribbean
66 Ad — committee
67 Baldwin of "Aloha"
68 Eye suggestively
69 British soldier of old
70 Add zing to
71 Beautify
75 Prefix for "height"
76 Food filter
77 Three, in Ulm
78 Optimistic declaration
79 Interior-design magazine
80 Saints linebacker Manti —
81 Tax form ID
84 Egg-shaped things
85 Salt, chemically
86 Clergyman's area: Abbr.
87 Ltd. cousin
89 Civil War folk song
94 Trendy
95 Pursued
96 Hauled (off)
97 Clothes
98 Trendy
103 1970s-'80s sitcom
104 Gets as much as one can out of
105 Docs' orders
106 Big name in slushes
107 1970s-'80s skit show
108 "Toodles!"
109 Read digitally
111 — -chef (#2 in a kitchen)
112 Peewee pup
113 Cost an arm — leg
115 Belief system
116 Epoch
117 Guided



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celebrity extra

by Dana Jackson

Q: Will there be another season of "You" on Netflix? Are they going to turn him into a "Dexter" where he just continues his crimes season after season? -- V.E.

A: "You," starring Penn Badgley as a stalker named Joe, premiered on the Lifetime network, but wasn't a big ratings hit. It took off when season one re-aired on Netflix, and Netflix acquired the rights and developed season two, where a new woman named Love (Victoria Pedretti) became Joe's obsession.

I do see the similarity between "Dexter," a Showtime series about a serial killer who outsmarted the law season after season, and Joe. Like Dexter, Joe has settled down with his girlfriend who is expecting a child, but domestic bliss isn't likely to change his murderous ways.

Fans will be thrilled to learn that a third season of "You" is in the works. Joining the cast this season will be Shalita Grant, a catty mom who befriends Love, and Travis Van Winkle, an affluent neighbor who, according to E!Online, "invites Joe into his inner circle."

***

Q: Whatever happened to Becca and the man she chose on "The Bachelorette"? I never heard if they got married. Are they still engaged? -- P.C.

A: Becca Kufrin, who was selected to be "The Bachelorette" after auto racer Arie Luyendyk Jr. broke her heart by rescinding his proposal on "The Bachelor," is single again. She's only 30, but after her relationship with her chosen one, Garrett Yrigoyen, fizzled this past summer, she announced that she's undergoing fertility treatments and freezing her eggs in hopes of having a child someday.

Many speculated that she dumped him because of his political opinions on social media, but Kufrin stressed on her podcast, "Bachelor Happy Hour," that there were several factors. "Garrett and I came to this decision [to split] after many conversations. It wasn't something we just arrived at one night. There's much more to it."

The newest season of the "The Bachelorette," which was filmed under quarantine restrictions, is airing Monday nights on ABC. It's a most unusual season for many reasons, so stay tuned.

***

Q: Is "The Flash" TV series ever coming back with new episodes on the CW or is it finished? -- S.R.

A: As of this writing, a return to production of "The Flash" is imminent, but when those

Penn Badgley in "You"
Photo credit: Beth Dubber/ Netflix

episodes will air is the big question. The original plan was for the seventh season to premiere in January, but that's been pushed back.

Other CW series such as "Riverdale" and "Batwoman" are reportedly in the early stages of production. The shows film in Vancouver, Canada, and according to Deadline.com, there was a big backlog of pending COVID-19 tests contributing to the delay of start-up.

Season two of "Batwoman" will introduce a new actress in the lead role after the departure of Ruby Rose. Javicia Leslie will take over the part. If she looks familiar to you, she played Ali on the short-lived series "God Friended Me."

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Boring tool	__ U __ __ __	Wrath	__ N __ __ __
2. Loose coins	__ __ __ N __ __	Use a credit card	__ __ __ R __ __
3. Oust from school	__ __ P __ __	Do extremely well	__ __ C __ __
4. Apply oil	G __ __ __ __ __	Pleat	C __ __ __ __ __
5. Racket	__ __ I __ __	Viking language	__ __ R __ __
6. Dark red gemstone	__ __ __ N __ __	Loft area	__ __ __ R __ __
7. Lawnmower's target	__ R __ __ __	Goblet or beaker	__ L __ __ __
8. Salad oil container	__ __ __ E __	Pie shell	__ __ __ S __
9. Flat-bottomed boat	__ __ R __ __	Scout's merit ____	__ __ D __ __
10. Ice cream treat	__ __ __ __ __ E	Last day of the week	__ __ __ __ __ Y

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Weekly SUDOKU

by Linda Thistle

	1		4			9		
7		6			2			8
9				3			7	
	8		1		6	3		
		2		7				5
1		7	8				6	
	4			9				3
3					4	5		6
		8	7				2	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

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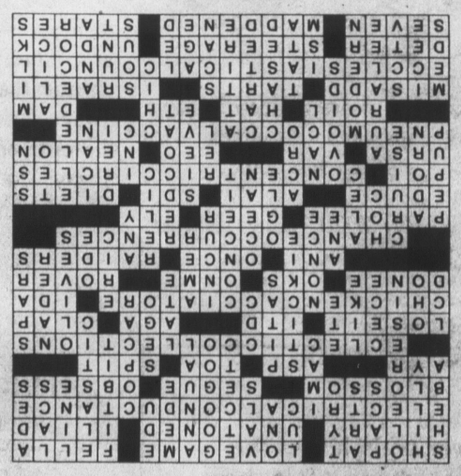
Super Crossword

Answers



Even Exchange

answers

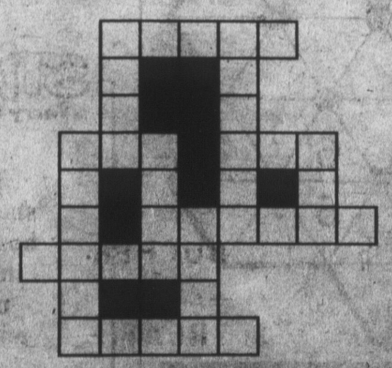
1. Auger, Anger
2. Change, Charge
3. Expel, Excel
4. Grease, Crease
5. Noise, Norse
6. Garnet, Garret
7. Grass, Glass
8. Cruel, Crust
9. Barge, Badge
10. Sundae, Sunday

FEAR KNOT

By: rj johnson

DOUBT? ...OR DARE!

♥UTG
BRILEG
♥SEBTA
♥LTIA
SAGOLT
♥TBA
♥TOBL
♥RHUBS
♥BGI
BELGIO
GAONT
ABUE



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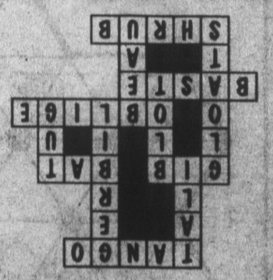
Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥**RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

FEAR KNOT answer



Weekly SUDOKU

Answer

6	9	8	7	5	3	1	2	4
3	7	1	2	8	4	5	9	6
2	4	5	6	9	1	7	8	3
1	3	7	8	4	5	2	6	9
4	6	2	3	7	9	8	1	5
5	8	9	1	2	6	3	4	7
9	2	4	5	3	8	6	7	1
7	5	6	9	1	2	4	3	8
8	1	3	4	6	7	9	5	2

OCT 29 2020

Amber Waves

by Dave T. Phipps

Out on a Limb

by Gary Kopervas

R.F.D.

by Mike Marland

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Rude **DINES** _ _ _ _ _

Dissect **SPEAR** _ _ _ _ _

Baby **BUCHER** _ _ _ _ _ _

Emphasize **TREATIE** _ _ _ _ _ _ _

"If I promise to leave room, can I have _ _ _ _ _ _ _ _ first?"

TODAY'S WORD _ _ _ _ _ _ _ _

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

1	⑤	3	■	②
⑤	■	①	3	4
3	4	■	1	⑤
4	■	②	■	③
②	①	⑤	4	■

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

5	3	2	3	3	1
3	2	3	6	5	4
6	3	4	2	3	5
2	1	3	5	6	4
4	3	5	3	1	6
6	5	3	1	6	2

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Paw's corner

by Sam Mazzotta

Can Indoor Cats Skip Yearly Vaccinations?

DEAR PAW'S CORNER: My two cats, "Sandy" and "Frankie," are indoor cats who never go out and never even try to escape. I last took them to the vet about three years ago. A friend said I'm supposed to take them every year and get their rabies shot, but I don't see the point. If they never get out, how could they get exposed? Also, vaccinations are expensive. -- Terry H., Buffalo, New York

DEAR TERRY: I know it can be tough pulling together the funds to vaccinate your pets every year, but it really is critically important that they stay up to date on their shots. In addition to rabies vaccination -- which is required by law in most municipalities -- your cats need to be vaccinated against feline distemper -- a group of three viruses that are easily spread (they can even be tracked into the house on your shoes) and can cause severe illness and death in cats. If your cats have never received an FLV (feline leukemia virus) vaccination, they need to be evaluated and given this shot, too.

Getting up to date on their shots gives them an umbrella of protection against these illnesses, because you never know what may happen in the future. What if they are spooked by a storm or a volley of fireworks, and dart outside? That's dangerous enough without them potentially crossing paths with an infected cat.

Call around for a better price on veterinary exams and shots. Low-cost clinics are held in many cities and counties, but you have to look online or check notices at the pet store or city hall. Community newspapers are another source to find out about these clinics.

Send your comments, questions or tips to ask@pawscorner.com.

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD for release week of Oct. 26, 2020

Top 10 Video Rentals

1. Ava (R) Jessica Chastain
2. Then Came You (PG-13) Kathie Lee Gifford
3. Hocus Pocus (PG) Bette Midler
4. Happy Halloween, Scooby-Doo (NR) animated
5. The Secret Garden (PG) Dixie Egerickx
6. An Imperfect Murder (R) Sienna Miller
7. A Call to Spy (PG-13) Sarah Megan Thomas
8. Alone (NR) Jules Willcox
9. Tim Burton's The Nightmare Before Christmas (PG) animated
10. 2067 (NR) Kodi Smit-McPhee

Top 10 DVD, Blu-ray Sales

1. Hocus Pocus (PG) Disney
2. Beetlejuice (PG) Warner Bros.
3. Star Trek: Picard -- Season 1 (TV-MA) Paramount/CBS
4. The Nightmare Before Christmas (PG) Disney
5. It: Chapter One (R) Warner Bros.
6. The Tax Collector (NR) RLJ
7. The Secret Garden (PG) Universal
8. Happy Halloween, Scooby-Doo (NR) Warner Bros.
9. Halloween (2018) (R) Universal
10. Rick and Morty: Season 4 (TV-14) Warner

Source: Comscore/Media Play News

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Hitori answer

2	6	1	3	5	6
6	1	3	5	3	4
4	3	5	6	1	4
5	3	4	2	3	6
4	6	5	3	2	3
1	3	2	3	3	5

SCRAMBLERS solution

1. Snide 2. Parse; 3. Cherub; 4. Iterate

Today's Word: DESSERT

MORE FUN

COUCH THEATER DVD PREVIEWS

BY AMY ANDERSON

There are those who would argue that today's world is going to heck in a handbasket. I've always found it interesting when people complain about the breakdown of our world as we know it — I attempt to imagine their criteria for this dystopian future. Does it involve a computer takeover? Genetic tinkering? Just all-out trash human behavior? Here are several iconic dystopian fantasies to choose from, and a few lesser-known morsels of impending doom. May the odds be ever in your favor.

The Matrix — Keanu Reeves stars as Neo, a hacker who is liberated from a simulated reality by the elusive Morpheus (Laurence Fishburne) and learns the secret and terrible truth that the world is not what it seems. Dystopian cause: computers.

Death Race 2000 — For camp, I prefer Roger Corman's 1975 version with Sylvester Stallone and David Carradine as some of the competitors in a transcontinental race where points are clocked both by speed and the number and type of pedestrian kills. Dystopian cause: totalitarianism.

Divergent — A worldwide war wipes out humanity, except in Chicago, where the remaining residents separate themselves into factions — the smart, the honest, the kind, the generous and the daring. Things get dicey when Tris (Shailene Woodley) tries to be more than one thing. Dystopian cause: war.

The Hunger Games — The winner of a 13-district war subjugates the rest of the districts by culling two young people from each yearly to fight to the death in a reality show that is too real. They get more than they bargained for when Katniss (Jennifer Lawrence) volunteers to take the place of her little sister. Dystopian cause: political machinations of terrible people.

The Running Man — In the not too distant future, Arnold Schwarzenegger is a contestant in America's most popular game show, where convicted criminals enter a gladiator-style arena to battle against mercenaries and other bloodthirsty killers to attempt to win their freedom. This film, made in 1987, takes place in 2019. Dystopian cause: economic collapse.

Lionsgate

Jennifer Lawrence in "The Hunger Games"

Idiocracy — In this cult classic Mike Judge comedy, the military places an "Average Joe" and a duped prostitute in suspended animation, and they are accidentally abandoned until they wake up 500 years later in a seriously dumbed down future where they appear to be the smartest people on the planet. Dystopian cause: anti-intellectualism run amok.

Never Let Me Go — A romantic tragedy based on Kazuo Ishiguro's 2005 novel, three friends from boarding school navigate love and the future knowing that they are clones, alive only to be harvested for their organs. Dystopian cause: medical tinkering.

Minority Report — In this futuristic society, intentions can be crimes, reported to the PreCrime division by sentient mutants who sense a crime before it happens. But is it still a crime if, once you know the future, you change it? Dystopian cause: overzealous mutant technology.

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Contract Bridge

JUST PLAIN HORSE SENSE

North dealer.
North-South vulnerable.

NORTH
♠K 10 9 8 6
♥9 3
♦A K 6
♣10 6 2

WEST
♠10 7 3 2
♥10 8 7
♦9 8
♣J 9 7 3

EAST
♠A Q 4
♥6 5
♦J 10 4 2
♣A K Q 8

SOUTH
♠5
♥A K Q J 4 2
♦Q 7 6 3
♣5 4

The bidding:

North	East	South	West
1 ♠	1 NT	Dble	2 ♠
Pass	Pass	3 ♥	Pass
4 ♥			

Opening lead — nine of diamonds.

Bridge is an easy game — if you always make the right bid and the right play at the right time. Thankfully, the right bids and plays are usually easy to find, though some of them might be a bit harder to find than others.

Take this deal played by Emma Jean Hawes in a national pairs championship many years ago. She got to four hearts as shown, and all she did was do the right thing every time it was her turn. But what she did must have been very, very good, because all of the others who played the hand either failed to reach four hearts or failed to make it.

West led a diamond, and Hawes made her first good play when she won the trick in her hand instead of in dummy. She had already determined the proper line of play, which necessitated taking the first trick with the diamond queen. Next she drew three rounds of trump, led a spade and finessed the nine! Why the nine? We'll come back to that in a moment.

East took the nine with the queen and played the A-K-Q of clubs. Hawes ruffed, led a diamond to the king and returned the king of spades. East covered with the ace, establishing dummy's jack, after which Hawes crossed to dummy's diamond ace and discarded her remaining diamond on dummy's jack of spades to make her contract.

The unusually deep spade finesse at trick two was prompted by East's one-trump overcall, which indicated 16 to 18 points and thus marked East with the A-Q of spades. Playing the jack or king from dummy was therefore pointless, while playing the nine could be very productive if West had the ten.

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by Steve Becker

Comfort foods

Made fast and healthy

by Healthy Exchanges

Mandarin Orange Pie

Serve this luscious pie to your loved ones on Halloween night. They definitely will think they're getting the best treat in the neighborhood! It almost looks like a big slice of candy corn on a plate.

- *1 (4-serving) package sugar-free vanilla cook-and-serve pudding mix*
- *1 (4-serving) package sugar-free orange gelatin*
- *1¼ cups water*
- *2 (11-ounce) cans mandarin oranges, rinsed and drained*
- *1 (6-ounce) purchased graham cracker crust*
- *1/2 cup reduced-fat whipped topping*

1. In a large saucepan, combine dry pudding mix, dry gelatin and water. Cook over medium heat until mixture thickens and starts to boil, stirring constantly. Remove from heat.

2. Reserve 8 mandarin orange slices for garnish. Gently stir in remaining mandarin oranges. Let set for 5 minutes. Spread partially cooled pudding mixture into pie crust.

3. Refrigerate for at least 2 hours. Spread whipped topping evenly over set filling. Evenly garnish top with reserved mandarin orange slices. Serves 8.

• Each serving equals: 141 calories, 5g fat, 1g protein, 23g carb., 195mg sodium, 1g fiber; Diabetic Exchanges: 1 Starch, 1 Fat, 1/2 Fruit.

FLASH BACK POP ROCK & SOUL TRIVIA

1. What vintage album held the record for most weeks on Billboard's album chart?
2. Name the first company to sign Elvis Presley.
3. Which song mentions Camp Granada?
4. Who were the Eddie Clayton Skiffle Group and Rory Storm and the Hurricanes?
5. Name the song that contains this lyric: "I can't believe you've got a heart of stone, I've seen your tears fall when you thought you were alone."

Answers

1. "Johnny's Greatest Hits," a Johnny Mathis collection from 1958. It stayed on the chart for 490 weeks.
2. Sun Records, in 1954. A year later his manager Colonel Tom Parker arranged for RCA Victor to pick up the contract. Parker stayed with Presley for over two decades.
3. "Hello Mother, Hello Father," also known as "Hello Muddah, Hello Fadduh," the 1963 hit about a kid's letter from summer camp.
4. Those were the two groups Ringo Starr played with before he joined the Beatles. Starr was born Richard Starkey and was known as Ritchie until he joined Rory Storm.
5. "Don't Rush Me," by Taylor Dayne, 1988. Despite having six Top 10 singles and three Grammy noms, her music career wound down and she turned to acting and songwriting.

Puzzles4Kids

by Helene Hovanec

WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHERE DO BABY GHOSTS GO WHILE THEIR PARENTS ARE AT WORK?

CARTED	___	TRACE	STREAM	___	TAMER
PAIRED	___	PRIED	RICHES	___	HEIRS
ASHLEY	___	SHALE	UNSEAT	___	TUNES
			BORDER	___	BORED
			PLACES	___	CLAPS

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to your good health WITH Dr. Keith Roach

Lab Finds Tiny Amount Of Blood In Her Urine

DEAR DR. ROACH: My question is about microscopic hematuria. I see a rheumatologist for sarcoidosis. Last year I had various lab tests, including a urinalysis. That test and several since then have shown microscopic hematuria. The rheumatologist sent me to a urologist, who did scans and a scope of the bladder up through the right kidney. There's a slight stricture of the right ureter. My biopsies were negative.

Tests and scans continue to be OK except for the microscopic hematuria. I am a 60-year-old woman. Is the hematuria a cause for concern? -- *K.E.*

ANSWER: "Hematuria" means "blood in the urine." "Gross" hematuria means there is so much blood that it changes the urine color, while "microscopic" hematuria is recognizable only in the laboratory. Blood in the urine can come from anywhere in the urinary system, and there is a long list of possibilities. Although the cause is sometimes never found, your physician should consider urinary tract infection, kidney or bladder stones, and, in the right age group, cancer of the kidney and bladder. CT scans and cystoscopy are commonly performed tests, and the negative result in your case is reassuring.

You have one more reason to have hematuria than others, and that is the sarcoidosis. Sarcoidosis is a condition that can affect any tissue in the body with abnormal clumps of cells called granulomata. (Just one is called a granuloma.) While the lungs are the most common site for sarcoidosis, it can affect the kidney, causing hematuria.

Sarcoidosis also can cause kidney damage, resulting in a high creatinine, so that should be tested. Severe kidney disease from sarcoidosis may be treated with prednisone, but you should see an expert (nephrologist) to consider this diagnosis.

The majority of people with small amounts of blood in the urine with no documented reason for it, including the cystoscopy and scans you had, will not have serious disease. However, it is probably still prudent to keep an eye on the kidneys and bladder periodically.

***

DEAR DR. ROACH: I was just told that I have brittle veins. I have exhausted every place I can think of to find out more about this condition. What is it? What causes it? What should I do? -- *T.M.G.*

ANSWER: There isn't a condition called "brittle veins". Whoever told you that was trying to explain a symptom you have. They may have meant that your capillaries (the smallest type of blood vessel) break easily. That's a cause of easy bruising. They may have meant that you have stiff blood vessels, from calcium or cholesterol. That's a cause of high blood pressure. They may have been trying to draw blood or put in an IV and found that your vein "blew," meaning the needle went through the vein entirely and you had bleeding under the skin.

There are also some rare blood disorders causing blood vessels to become fragile, and sometimes inflamed. These can be quite serious, but I doubt you have one of these. You would have been referred to a specialist.

While I understand why medical professionals will use nonspecific terms like these, they can lead to confusion.

***

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Puzzles4Kids Answer

CARTED	D	TRACE	STREAM	S	TAMER
PAIRED	A	PRIED	RICHES	C	HEIRS
ASHLEY	Y	SHALE	UNSEAT	A	TUNES
			BORDER	R	BORED
			PLACES	E	CLAPS

OCT 29 2020

MORE FUN

COUCH THEATER DVD PREVIEWS

BY AMY ANDERSON

If you're looking for some frighteningly fun films this Halloween, you're in luck. Spooky and scary topics play well on the small screen, and there's plenty to choose from — witches, pumpkins, ghosts and more. But what to watch? It depends on the audience.

For a mixed group, you need a crowd-pleaser: safe enough for the kids, but real entertainment for the adults. For family friendliness, you can't do better than the following — all of which are suitable background viewing for a spooky Halloween gathering.

Hocus Pocus is a Halloween classic where a trio of witches (Bette Midler chief among them) is freed in Salem, and a couple of kids must take action to stop them from their wicked plans for immortality.

Disney

Bette Midler in "Hocus Pocus"

Halloweentown centers around a 13-year-old girl who finds out on her birthday that she comes from a family of witches and is transported to a magical town by her grandmother, played by Debbie Reynolds.

The Addams Family and its sequel "Addams Family Values" have a young Christina Ricci as Wednesday Addams and Raul Julia and Anjelica Huston as Gomez and Morticia.

Beetlejuice isn't strictly Halloween, but it delights all age groups, with Michael Keaton as an undead offender who tries to get a recently deceased couple to bring him back to life permanently.

Practical Magic tells the story of two witchy sisters, each with a unique approach (and repercussions from) love as they fight to break a family curse. This one's aimed at a slightly older crowd.

There's plenty more: "The House with the Clock in Its Walls," "Nightmare Before Christmas," "Casper," "Goosebumps," "Sleepy Hollow," "Hotel Transylvania" and "Disney's The Haunted Mansion."

***

Now, how about those terrifying treats for after the kids go to bed? Classic slasher franchises include "Halloween," "Nightmare on Elm Street" and "Scream." For throwback thrills, check out "Child's Play," "The Amityville Horror," "Pet Sematary," "Children of the Corn," "Carrie" and "The Exorcist."

For more modern horror, look no further than director Jordan Peele's "Get Out," where a young man (Daniel Kaluuya) visits his girlfriend's family, and their behavior goes from suspicious to shockingly and terrifyingly unexpected. Another from Peele, "Us" centers around a woman (Lupita Nyong'o) who brings her family to visit her childhood home and ends up having to fight off a gang of doppelgangers.

Need more? A gang of kids in a small Maine town faces down the forces of evil — the terrifying Pennywise (Bill Skarsgard), who emerges every 27 years to target the town's children. In "The House on Haunted Hill" an eccentric millionaire offers a select group of guests a reward to spend the night in a haunted house, but nothing is on the level. Choose from the 1959 version with Vincent Price or the 1999 version with Geoffrey Rush. Happy Haunting!

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Comfort foods Made fast and healthy

by Healthy Exchanges

Chicken Spaghetti

A chicken in every pot! I'm not running for elected office — but if I was, this is the dish I'd be sharing on the campaign trail. It would ensure a landslide victory for me!

- *1/4 cup finely chopped onion*
- *1 full cup diced cooked chicken breast*
- *1/2 cup (one 2.5-ounce jar) sliced mushrooms, drained*
- *1/4 cup sliced ripe olives*
- *1¾ cups (one 15-ounce can) Italian stewed tomatoes, undrained*
- *1 (10¾-ounce) can reduced-fat cream of chicken soup*
- *2 cups hot cooked spaghetti, rinsed and drained*
- *1/4 cup grated reduced-fat Parmesan cheese*

1. In a large skillet sprayed with olive oil-flavored cooking spray, saute onion for 5 minutes or just until tender. Add chicken, mushrooms, olives, stewed tomatoes and chicken soup. Mix well to combine. Stir in spaghetti.

2. Lower heat and simmer for 10 minutes, stirring occasionally. When serving, top each dish with 1 tablespoon Parmesan cheese. Makes 4 (1 1/2 cups each) servings.

• Each serving equals: 264 calories, 4g fat, 20g protein, 37g carb., 816mg sodium, 4g fiber; Diabetic Exchanges: 2 Meat, 1 1/2 Starch, 1 Vegetable.

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FLASH BACK FOR ROCK & SOUL TRIVIA BY NICK HARPER

1. Name the group that released the album titled "The Royal Scam."
2. What instrument does Herb Alpert play?
3. What country is Air Supply from?
4. Which Chambers Brothers song was 11 minutes long on the album?
5. Name the song that contains this lyric: "Looks like it's over, you knew I couldn't stay, She's comin' home today."

Answers

1. Steely Dan, in 1976. The album cover was originally meant for a Van Morrison album that was never released. Some considered the cover to be hideous, with beasts hovering over a sleeping man.
2. The trumpet. Alpert came from a musical family. He played in his college's marching band and then in the Army before starting "Herb Alpert & the Tijuana Brass."
3. Australia. It's shocking, but the group has never had a No. 1 single in Australia. They did, however, make it into The Australian Recording Industry Association Hall of Fame in 2013.
4. "Time Has Come Today," in 1968.
5. "Sad Eyes," by Robert John in 1979. That was the year disco reigned, but the mellow "Sad Eyes" managed to climb the charts anyway. (Not to be confused with Bruce Springsteen's song of the same name in 1999.)

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Contract Bridge

THE UNKINDEST CUT OF ALL

East dealer.
Both sides vulnerable.

NORTH
♠Q 6 5 4 2
♥A 4
♦Q 6 5
♣A 7 3

WEST
♠9 3
♥K 9 7
♦9 8 3 2
♣J 8 6 5

EAST
♠A K J 8 7
♥8 5 2
♦J 10
♣9 4 2

SOUTH
♠10
♥Q J 10 6 3
♦A K 7 4
♣K Q 10

The bidding:

East	South	West	North
Pass	1♥	Pass	1♠
Pass	2♦	Pass	3♠
Pass	3 NT	Pass	Pass
Dble			

Opening lead — nine of spades.

Relying on the defenders' bidding is often the best guide to how to play a hand. For an excellent illustration of this principle, consider this deal from The Bridge World magazine, where South got to three notrump as shown and East doubled.

The out-of-the-blue double by East, after he had passed throughout, was clearly lead-directing and asked West to lead the first suit bid by dummy. From East's standpoint, an opening spade lead offered by far the best chance of stopping the contract.

West duly led the nine of spades, East winning the trick with the jack as declarer followed with the ten. East returned the jack of diamonds, taken by South with the ace. Declarer then played the queen of hearts, which won, and now had to decide what to do next.

It was at this point that South invoked the principle mentioned above. He led a club to the ace and returned a low spade from dummy!

As a result, East found himself between a rock and a hard place. He won the spade lead with the seven but was then helpless. If he cashed the A-K of spades, dummy's queen would become declarer's ninth trick; if he abandoned the suit or cashed only one high spade, declarer would later concede a heart to West's king and again wind up making the contract. Either way, East was a dead duck.

It is true that South's lead of a low spade from dummy, which superficially seems suicidal, is a mighty hard play to think of. But if declarer gives full weight to the bidding — especially the highly significant double by East — it is not at all a farfetched play.

To make the contract, South must first sever the communication between East and West. The low-spade play at trick five does exactly that, leaving the defenders with no recourse.

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by Steve Becker

Puzzles4Kids

by Helene Hovanec

CODED RIDDLE

Change each letter to the one that comes immediately BEFORE it in the alphabet to find a riddle and its answer.

Here's a copy of the alphabet to guide you:

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

XIZ BSF KBDL-P'-MBOUFSOT TNBSU?

UIF DBOEMF NBLFT UIFN CSJHIU.

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to your good health WITH Dr. Keith Roach

The Weight-Loss Battle Continues

DEAR DR. ROACH: I am looking for advice on diet pills. I have tried everything. I eat well, go to the gym and walk, but my meniscus problem limits my walking speed. Since menopause, I have gained 30 pounds. I am sure there is something out there that will kick-start my metabolism. I am so depressed, and my doctor has no sympathy. -- *A.R.*

ANSWER: Difficulty losing excess weight is one of the greatest public health problems in industrial countries, and I'm not going to solve it here, but I'll try to discuss principles of drug treatment for weight.

One critical issue is to look at any medications you are taking: Many can cause weight gain, and some, like beta blockers, often used for high blood pressure, are unrecognized by many doctors. Stopping medicines that predispose to weight gain is critical.

Depression itself is a predisposing factor to weight gain. Some people lose weight with depression, but my experience is that weight gain is much more common. Many anti-depression medicines cause weight gain. One, bupropion, commonly causes weight loss.

Among medicines specifically for weight loss, most work either by decreasing fat absorption or by reducing appetite. They don't really increase metabolism, with the exception of phentermine, which does increase resting energy expenditure somewhat and may be useful in preventing weight regain in people who have lost weight, for whom metabolism does often slow down.

Orlistat (called Xenical by prescription, Alli over-the-counter) prevents the body from absorbing some of the fat in the diet. The fat is then excreted through stool. This may cause many people to have gastrointestinal side effects, which are diminished when on a low-fat diet. Orlistat caused people to lose about 7 pounds more than placebo.

There are several drugs that work on appetite. Liraglutide is a diabetes medicine that has been found to be helpful in overweight people even without diabetes. Metformin is another diabetes medicine that is sometimes used for weight loss, although it does not have a Food and Drug Administration indication for this. Both of these diabetes drugs often have gastrointestinal side effects. Lorcaserin (Belviq) is about as effective as orlistat, but with fewer side effects (headache was the most common).

Some weight loss experts use combination drugs, including phentermine/topiramate (Qsymia) and bupropion/naltrexone (Contrave). These have more significant risks. I don't prescribe these drugs, but I do refer my patients who are interested in medication treatment to a weight loss expert. Look for a doctor who is board certified in obesity management.

It's important to remember that medications are not a cure for being overweight. Once the medicines stop, weight is expected to rise, unless a person makes significant changes in diet and exercise.

***

DEAR DR. ROACH: I am a female, 16 years old. My white blood cell count is 16.6. I am suffering from so much weakness and pain in my legs, arms and shoulder area. I also have a cough and cold. Is it dangerous? What should I do for it? -- *K.C.*

ANSWER: I don't have enough information to help much. A white blood cell count that high suggests an infection. At your age, those symptoms are most likely a viral infection, but acute mononucleosis and even pneumonia are possible, so you need to see your doctor.

***

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Puzzles4Kids Answer

Why are jack-o'-lanterns smart?
The candle makes them bright.

OBITUARIES

Ralph E. Richardson

A funeral Mass for Ralph E. Richardson of Quincy, formerly of S. Boston, was celebrated Monday at Divine Mercy Parish in St. Ann's Church, Quincy.

Mr. Richardson died peacefully at his home on Oct. 16.

Beloved husband of the late Margaret J. (Neff) Richardson. Loving father of Ralph W. Richardson and his wife Stephanie of Quincy, Rachael Ferris and her husband Steven of Weymouth, and Renee Ceglie and her husband Michael of Braintree. Brother of Walter Richardson of Weymouth, Barbara Barton of Dorchester and the late Dorothea Richardson. Cherished grandfather of Thomas & Michael Richardson and John, Lyla & Samuel Ceglie. Also survived by many nieces and nephews.

Mr. Richardson enjoyed traveling with his wife, Margaret, especially onboard various cruise vacations. He was also honored to visit many WWII European countries with his friends, including England, France and Belgium. Mr. Richardson could also be

RALPH E. RICHARDSON

seen at many of his grandchildren's school and sporting activities. He was most proud of the time spent with his family.

Mr. Richardson was a retired Massachusetts State Trooper and a United States Marine Corps veteran. He will be remembered for his quiet, easy going nature along with his willingness to help anyone in need.

Interment at Massachusetts National Cemetery, Bourne.

Memorial donations may be made to Law Enforcement Officers Relief Fund, 1549 Ringling Blvd, 6th Floor, Sarasota, FL 34236.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Irene McMullen, 92

A memorial service for Irene "Rene" (Durand) McMullen, 92, of Quincy was held Oct. 24 at Rivers End Park, New Bedford.

Mrs. McMullen died suddenly at her home on Oct. 14.

Born in Acushnet; daughter of the late Leo and Armelia (Hebert) Durand; she was the sister of Teresa Suprenant, the late Alice Mailloux, Raymond Durand and Leo Durand. Survived by her children, Joyce McMullen of Quincy, Cheryl Johannessen of New Bedford, and William D. McMullen and his wife Haydee of Florida; her grandchildren; Jacob, Sofia, and Margaret McMullen all of Florida, as well as many cousins, nieces and nephews.

Mrs. McMullen had a long varied, and vibrant life. Right up to the end she left smiles and friends wherever she went. For many years she worked at Long's Jewelers and for the Commonwealth of Massachusetts in the Transportation Department. Mrs. McMullen also volunteered at the Interfaith Bureau Drawer in Quincy. She was also a Mary Kay rep, and went monthly to give manicures to the residences at an assisted living facility.

IRENE McMULLEN

Many at the Quincy Senior Centers would know her knitting, playing pool, and attending the trips and parties. Mrs. McMullen loved dressing up for Halloween, being in her garden, knitting, reading books and the newspaper, and helping her friends and family.

Funeral arrangements were made by the Fairhaven Funeral Home, Fairhaven.

Honor Your Loved One's Memory With Flowers

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Susan McGowan, 68

A funeral Mass for Susan (Field) McGowan, age 68, of Quincy was celebrated Oct. 24 in St. Anthony of Padua Church, Cohasset.

Mrs. McGowan died Oct. 13 with family and friends at her bedside, including her companion, Robert McIntyre of Quincy, and joined her mother, Florence (Florita) Field and sister, Janet Field-Pickering, in the loving embrace of the Almighty.

Loving mother of Sara M. McGowan of Scituate, and "Grammy Sue" to grandchild Grace McGowan, Mrs. McGowan was known for her creative spirit and deep empathy and compassion for others challenged by mental illness and addiction. Following a twenty-year career as a registered nurse, she shared her extraordinary artistic talents facilitating an art studio at the Crisis Center at South Shore Mental Health in Quincy. She received statewide recognition as a certified Peer Specialist among the South Shore mental health community.

SUSAN McGOWAN

She is survived by her father, Charles Field of Scituate and siblings Amy Chessia, and Charles Field, Jr., both of Scituate.

Funeral arrangements were made by McNamara-Sparrell Funeral Homes

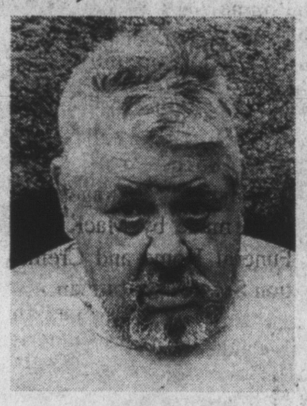
David Rose, 65

A graveside service for David Rose, age 65, of Quincy was held Oct. 23 at Blue Hill Cemetery, Braintree.

Mr. Rose died Oct. 17.

He lived a quiet life and enjoyed camping and fishing.

The beloved son of the late Jesse G. Rose and Marie A. (Shinn) Rose, Mr. Rose was the loving brother of Darlene M. Kerr of Goshen, James Rose of Braintree and the late Sheila Rose; dear uncle of Raymond J. Rose, Jeffrey Rose, and Kevin Rose.



DAVID ROSE

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Catherine Hunter

A funeral Mass for Catherine "Cathy (Arris) Hunter of Quincy was celebrated Wednesday in Divine Mercy Parish at St. Ann's Church, Quincy.

Mrs. Hunter died Oct. 19 surrounded by her loving family.

She adored her family and enjoyed being surrounded by those she loved. Mrs. Hunter was fiercely proud of all of their accomplishments and enjoyed hosting family gatherings for holidays or just any occasion. She loved to travel, was an animal lover, an avid collector and shopper, and having owned her own restaurant in the past, loved to cook.

Mrs. Hunter was the first female custodian for the Cambridge school system and was proud that she was able to pave the way for other women to enter the field. She was a cancer survivor and was kind, loving, caring, and always a good listener. She will be greatly missed by all who knew her.

Daughter of the late William and Isabel (Duffy) Arris. Beloved wife of the late Clinton W. Hunter. Loving mother of Stephen Kazorek and his wife Maura of Plymouth, Deborah Wilson and her husband Donald of Quincy, and the late Clinton B. Hunter. Cherished sister of Geraldine Rodriguez of Morristown, TN, William E. Arris Jr. and his wife Beverly of Whitman, and Paula Wisniewski of Quincy. Loving "Nana Candy" of Ashleigh Wilson, Kelley Kazorek, Elena Lambert, and Matthew Kazorek. Also survived by many nieces and nephews and her beloved bulldog Queen Victoria.

Interment will be held at a later date.

Memorial donations may be made to American Cancer Society, 3 Speen St., Suite 250, Framingham, MA 01701.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Annie L. Campitelli, 101

Annie L. (Gould) Campitelli, age 101, a lifelong Quincy resident, died peacefully Oct. 20 in the comfort of her son's home, surrounded by her loving family.

She was born in Quincy, to the late James and Frances (Clawson) Gould. Raised and educated in Quincy, Mrs. Campitelli was a graduate of Quincy High School, Class of 1937.

She was a homemaker but as a young woman had worked as an assembler at the former Raytheon Corporation in Quincy and later for the Allied Box Company in Dedham.

Mrs. Campitelli was a strong and active woman all her life. She was dedicated to her family and loved spending time with her many grandchildren, great grandchildren and great great grandchildren.

Beloved wife of the late Carmine C. Campitelli. Devoted mother of William G. Campitelli and his wife Derelyn of Hanover, the late Charles C. Campitelli and his late wife Linda.

Loving grandmother of Dean Campitelli of Weymouth, Nancy Campitelli of Florida, Darin Campitelli of Taunton, Charles Campitelli of Quincy, William Campitelli and his wife Michelle of Bridgewater, Scott Campitelli and his wife Jill of Hanson, Tina Cary and her husband Neil of Rockland.

ANNIE L. CAMPITELLI

Much loved great-grandmother of Courtney, Giovanna, Isabella, Mia, Darin, Jr., and Dylan Campitelli, and Abigail Cary. Cherished great great-grandmother of three.

Dear sister of Lillian Barrett of Kingston and predeceased by Thomas Gould and Frances Kyller. Annie is also survived by many nieces and nephews.

In light of current events, funeral services are private.

Memorial donations may be made to Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

Marie A. Marini, 94

Marie A. (DeNicola) Marini, age 94, of Quincy, formerly of Braintree, died peacefully Oct. 20 at Hancock Park Rehabilitation and Nursing Center, surrounded by her loving family.

Born in Quincy, to the late Luigi and Mary (Chignola) DeNicola, she was raised there and was a graduate of North Quincy High School. Mrs. Marini had lived in Quincy for the past ten years, previously in Braintree for thirty years, and earlier in Quincy.

She worked alongside her late husband, Gino, at their family-run business, the former Fashion Quality Cleaners in North Quincy, for twenty years.

Mrs. Marini was a homemaker who was devoted to her family, especially her granddaughters, actively supporting their activities and accomplishments. She loved to cook and enjoyed spending time with her family.

Beloved wife of the late Gino Marini. Devoted mother of Roger R. Marini and his wife Cheryl of South Carolina, Darlene M. Marini of Braintree, and Robert E. McAdam of Bourne.

MARIE A. MARINI

Loving grandmother of Meredith, Angela, Rosina, Aleta, Christina, Gianna, Bianca, and Kristin. Cherished great-grandmother of ten. Dear sister of Joseph DeNicola of Hingham and Norma Twomey of Norwell. She is also survived by her sister-in-law, Flora Marini of New Jersey, and many nieces and nephews.

In light of current events, funeral services are private.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

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Lynne Fountaine, 68

Lynne Fountaine, 68, of Quincy and formerly of Worcester, died Oct. 19 at Brigham and Women's Hospital in Boston.

Born in Boston on April 24, 1952, she was the daughter of the late Robert and Mary (Skerry) Fountaine. Ms. Fountaine attended local schools and graduated from North Quincy High School with the Class of 1970. After high school, she continued her education, earning her undergraduate degree from the University of Massachusetts.

LYNNE FOUNTAINE

Following graduation, Ms. Fountaine went to work as a florist for the Stop & Shop Corporation. While working, she attended Bryant University part-time to earn her Master's in Business Administration.

In her spare time, Ms. Fountaine enjoyed spending time with her nieces and family. She was a voracious reader and loved mystery novels. Ms. Fountaine was an outgoing and friendly person. She will be missed by all the lives she touched.

Ms. Fountaine was the dear sister of Christopher Fountaine of Quincy, the late Janice Charbonnier and her surviving husband Rick of Worcester and the late Stephen Fountaine. She was the loving aunt of Sara Charbonnier of Dorchester and Megan Charbonnier of Boston.

Following cremation, Ms. Fountaine's funeral services will be held privately.

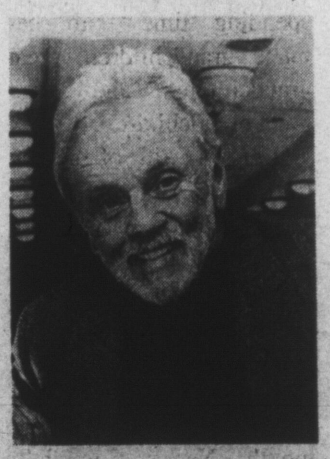
Memorial donations may be made to The Home for Little Wanderers, 271 Huntington Ave., 2nd Floor, Boston, MA 02115.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Paul F. Johnson, 72

Paul F. Johnson, 72, of Quincy died Oct. 13 after a short illness.

Son of the late Francis and Paula Johnson. Former husband of Catherine Johnson. Beloved father of Melinda (Johnson) Parsons of Kingston, and her former husband Harold Parsons, Jr. Grandfather of Victoria and Emelia Parsons and the late Julia Parsons. Brother of Mary Johnson, Beth Harvey and her husband Steven, and the late Peter and Gregory Johnson. Brother in law of Kathleen Johnson. Also survived by many nieces and nephews.



PAUL F. JOHNSON

Mr. Johnson was a veteran of the U.S. Marine Corps serving during the Vietnam War. He was a retired employee as a supervisor for Howard Johnson Co in the meat commissary in Quincy.

Services to be held at a later date at the Massachusetts National Cemetery in Bourne.

Memorial donations may be made to the Wounded Warrior Project, PO Box 758516, Topeka, Kansas 66675-8516.

Funeral arrangements were made by MacKinnon Funeral Home and Cremation Services, Whitman.

Isabella M. Veno, 74

Isabella M. Veno, age 74, of Braintree, formerly of Weymouth and Quincy, died peacefully Oct. 20 at Seasons Hospice Milton Inpatient Center, surrounded by her loving family.

She was born in Quincy, to the late Mary Ann (DiMattio) and Francis F. Veno, Q.F.D, Ret. Raised in Quincy, she attended Quincy schools. Mrs. Veno had lived in Braintree for over fifteen years, previously in Weymouth and Quincy.

She was a homemaker but as a young woman had worked at the former Quincy City Hospital and various local nursing facilities. Mrs. Veno was also a volunteer at the former Wonder Bowl in Quincy, serving as a child care professional.

She loved children and was an active volunteer, organizing children's events, cookouts and parties, for the Skyline Drive community in Braintree for many years. She also enjoyed gardening and going to the casino.

Most of all, Mrs. Veno was dedicated to her family, especially to her cherished grandchildren and great grandchildren.

ISABELLA M. VENO

Beloved mother of Maryanne Ivil of Weymouth, Jeanie L. Benedetti and her husband Mark of Hanover, Edward W. Murphy and his wife Annmarie of Halifax, William F. Murphy of Braintree, Jonathan M. Veno and his wife Shannon of Bridgewater.

Loving grandmother of Bruce Ivil and his wife Sara of Bridgewater, Kendall and Joseph Murphy of Middleboro, Rachel Ivil of Hanson, Sabrina and Joseph Cruz of Weymouth, Jordan Murphy of Halifax, Devin Ivil and Alexa Moore of Abington, Mary Benedetti of Hanover, Kirsten Murphy of Halifax, Ryan Murphy of Marshfield, Katelyn Benedetti of Hanover, Alex Veno of Bridgewater, and Lily Veno of Bridgewater.

Loving great-grandmother of Bruce Ivil of Bridgewater, Ema Murphy of Middleboro, Octavia Murphy of Middleboro, Hunter Ivil-Cruz of Weymouth, and Joseph Murphy of Middleboro.

Former wife of William J. Murphy of Halifax.

Devoted sister of Sandra L. Viglas Rothschild and her husband Phillip of Weymouth, and the late Michael F. Veno and his late wife M. Helena Veno. Loving aunt of George Viglas and his companion Lisa Anderson of Weymouth, and Teresa M. Salem, DMD of Hingham. She is also survived by several grandnieces and grandnephews.

In light of current events, funeral services are private.

Memorial donations may be made to the Seasons Hospice Foundation, c/o 597 Randolph Ave, Milton, MA 02186 or by visiting seasonsfoundation.org.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

More Obituaries online at www.TheQuincySun.com

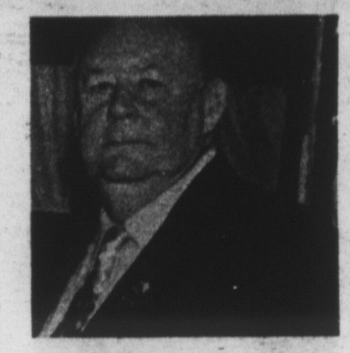
Lawrence M. Norton, 76

A funeral Mass for Lawrence M. "Larry" Norton, of Quincy, loving husband, father, and grandfather, was celebrated Tuesday in Sacred Heart Church, Quincy.

Mr. Norton died suddenly Oct. 20 at the age of 76.

Born in Somerville, he then moved to Quincy where he resided for over 50 years. Mr. Norton was president of the Quincy Vietnam Combat Veterans Combined Armed Forces and was a 51-year member of the Cyril P. Morrissette American Legion Post #294, as past commander. He was very active in the American Legion where he served in many capacities at the state and national levels.

Mr. Norton was a proud Vietnam combat veteran serving with the United States Marines Corps where he was awarded many medals, including the Purple Heart. A proud veteran, Mr. Norton was also past commander of the Quincy Veterans Council.



LAWRENCE M. NORTON

He was well respected within the City of Quincy for his passion and selfless commitment to those who have served our nation.

Beloved husband of Ruth K. (Steen) Norton. Loving father of Pamela Norton and her boyfriend, Glenn Hermanson, Michael Norton and his wife, Julie all of Quincy, and Kevin Norton and his wife, Tara, of Braintree. Proud Pop to Mikey, Corbett, and Shea. Brother of Kathie Brandt of Chicago, ILL, and the late Paul Norton, Eleanor Trites, Louise Buckley, Thomas Norton and his surviving wife, Joanne, of Somerville, and Ann Eleanor (Nancy) Debonis. Brother in law of Patricia Steen of Abington, Jacqueline Surratt of Colorado, the late Rev. Raymond Steen, OMI, the late Russell Leary and his surviving wife, Ann of Quincy, the late Joseph M. Steen and his surviving wife, Nancy of Wilmington. Also survived by many nieces and nephews.

Interment at Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to Toys for Tots Coordinator, 21 Drydock Avenue, Box 21-810W, Boston, MA 02210.

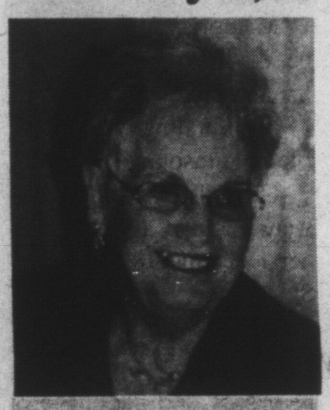
Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Nellie Dryer, 99

Nellie Dryer of Quincy died peacefully on Oct. 16 at the age of 99.

Mrs. Dryer was devoted to her family and many friends. She was a gifted seamstress and knitter, able to craft designs from ideas. Babies were welcomed into the family with crocheted hats, sweaters, and blankets. Her grandchildren's homes are filled with the beautiful items she made: lace tablecloths, quilts, and afghans.

Mrs. Dryer was predeceased by her beloved husband, William H. Dryer, in 2000. She is survived by her son, William H. Dryer, Jr; and her daughters, Mary Johnson, Nancy Dryer, and Kathleen Tuffy; her son-in-law James Tuffy; her sister Delia Donovan and brother-in-law Joseph Donovan. She leaves behind her grandchildren: Max Tuvloff, David Tuffy, Gregory Tuffy and his wife Danielle, Kevin Johnson and his partner Elizabeth Pepdjonovic, Brian Johnson, Michael Dryer and his wife Cortney, three great-grandchildren, and many nieces and nephews.



NELLIE DRYER

Mrs. Dryer grew up in Merrymount in the home her father, John Santagata, built. She was a student in the first class to attend Merrymount School and was a parent there. After her children were grown, Mrs. Dryer returned to Merrymount to work, retiring as cafeteria manager in 2012. She loved the children and staff, and enjoyed being part of the Merrymount School community.

She and her husband, Bill, met at a dance prior to World War II. Their letters while Bill was stationed overseas provide a glimpse into what families separated by war endured. They were married for 53 years. They loved long drives and slow dances.

Committal service and interment took place Monday at the Massachusetts National Cemetery in Bourne.

Memorial donations may be made to the Merrymount School, 4 Agawam Rd., Quincy, MA 02169.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

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OBITUARY

Vincent M. Flaherty, 75

A funeral Mass for Vincent Martin "Vinny" Flaherty, 75, of Quincy, formerly of Dorchester, will be celebrated at 10:30 a.m. Thursday at Divine Mercy Parish in St. Ann's Church, Quincy.

Mr. Flaherty died peacefully at his home, surrounded by his family on Oct. 21.

Born in Boston on Feb. 4, 1945, he was the son of the late Maurice C. and Helen G. (Sarsfield) Flaherty. He attended local schools and graduated from South Boston High School. After graduation, Mr. Flaherty enlisted in the United States Army and proudly served his country during the Vietnam War. Following his honorable discharge on March 16, 1970, he returned to school and earned a master's in public administration from Suffolk University.

Mr. Flaherty had a rewarding career with the City of Quincy's Police Department. He served with Quincy for 34 years and retired as a captain in 2005.

Mr. Flaherty enjoyed his fifteen years of retirement. He was able to spend more quality time with his family and it gave him the opportunity to watch his grandchildren. In his spare time, Mr. Flaherty enjoyed golfing at Thorny Lea Golf Club in Brockton, taking trips to Aruba, reading and sitting by the pool.

VINCENT M. FLAHERTY

Mr. Flaherty had a very charismatic and friendly demeanor. Many in the community referred to him as Uncle Vinny. He was always smiling, loved to be with people and was known for telling a good story. Mr. Flaherty will be missed by all the lives he touched.

He was the beloved husband of Ann Marie (Olecki) Flaherty. The two married on Aug. 19, 1967 at St. Margaret's Church in Dorchester. Together they shared 53 years of loving marriage. He was the devoted father of David V. Flaherty, Esq. and his wife Holli of Rockland, Sgt. Daniel M. Flaherty, QPD and his wife Stephanie of Bridgewater and Sgt. Brian M. "Duke" Flaherty, QPD and his wife Christine of Rockland. He was the loving grandfather of Matthew, Colin, Johnny, Lauren, Brendan, Charlie, Emma and Abby. He was the dear brother of Eileen Sheets and her husband Robert of Andover, Robert Flaherty and his wife Clare of Dorchester, Margaret Flaherty of Andover, William Flaherty and his wife Maryann of Quincy, Helene NiCotra and her husband Alfred of Georgetown, David Flaherty and his wife Teresa of Weymouth and the late Maurice Flaherty and his surviving wife Helen of Norwell. Mr. Flaherty was the dear brother-in-law of Patricia R. Crosby of Braintree. He is also survived by many loving nieces and nephews.

Visiting hours were 4 to 8 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Services will conclude with interment and military honors in Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370.

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO20P2117EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Jie-kai Yang
Also Known As:
Jack Yang
Date of Death:
May 27, 2020

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Huntern Shu** of **Quincy, MA.**

Chung-ping Chou of **San Jose, CA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

10/29/20

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO20P2253EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Wesley E. Marshall
Date of Death:
July 31, 2020

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Veronica Marshall** of **Union City, NJ.**

Veronica Marshall of **Union City, NJ.** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

10/29/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2093EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
John Emerson
Date of Death:
04/03/2019

To all interested persons:

A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Thelma A. Freedman** of **Hingham, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Thelma A. Freedman** of **Hingham, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **an unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 12/02/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 9, 2020
PATRICK W. McDERMOTT
Register of Probate

10/29/20

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO20P2262EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Patricia Conway
Also Known As:
J. Patricia Conway
Date of Death:
August 10, 2020

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Bernard Farwell** of **Franklin, MA.**

a Will has been admitted to informal probate.

Bernard Farwell of **Franklin, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

10/29/20

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO20P2221EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Tai Kong Wong
Also Known As:
Kong Wong
Date of Death:
May 23, 2020

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Bui M. Wong** of **Quincy, MA.**

Bui M. Wong of **Quincy, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

10/29/20

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO20P0610EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Kwok P. Wong
Date of Death:
January 4, 2020

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Chi W. Wong** of **Everett, MA.**

Chi W. Wong of **Everett, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

10/29/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-62

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 17, 2020 @ 5:30 P.M. to consider the application of **HARRISON NGUYEN & CHRISTINA TRAN** for a **VARIANCE/SPECIAL PERMIT FLOOD PLAIN/FINDING** to demolish the existing structure and construct two townhome residences in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements), Chapter 3.4.3 (nonconforming structures), Chapter 5.1.16 (paving rear) and Chapter 8.1.9 (special permit flood plain) on the premises numbered **166 VASSALL STREET, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals
Time: Nov. 17, 2020 05:30 PM Eastern Time (US and Canada)
Join Zoom Meeting
https://zoom.us/j/92179141812?pwd=Sy8za2FzYWFMZS8zVnlibDVXYlRDQT09
Meeting ID: 921 7914 1812
Passcode: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 921 7914 1812
Passcode: 880512
Find your local number: https://zoom.us/u/accltG6jMO

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma.viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

10/22/20, 10/29/20

OCT 29 2020

OBITUARIES

Edward J. Downey III, 68

Edward J. "Ed" Downey III, age 68, of Plainville, formerly of Quincy, died Oct. 23 after living with cancer for over four years, in the comfort of his home, surrounded by his loving family.

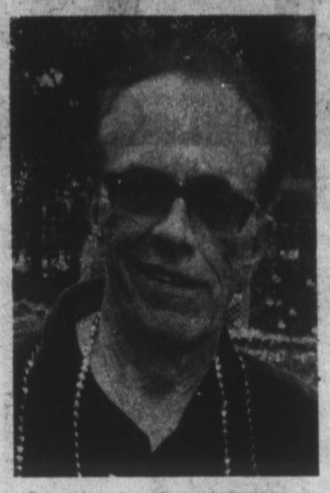
Beloved husband for forty-one years of Pamela L. "Pam" (Fantasia) Downey. Devoted father of Michaela R. Downey of Plainville.

One of five siblings, he was the loving brother of Susan P. Downey and her partner Dr. Loretta Butehorn of Provincetown, John B. Downey and his late wife Kathleen of Quincy, and was predeceased by Rosemary J. Downey and Kathleen Downey Ingley and her late husband Paul.

Mr. Downey is survived by his niece, Erin (Downey) Moran and her husband John, and his great-nephew, Jacob Moran, all of Quincy. He is also survived by his dear in-laws, who regarded him as a cherished and respected member of their family.

Mr. Downey was born in Quincy, to the late Helen P. (Hourihan) and Edward J. Downey, Jr., and raised in Wollaston. He was a graduate of Archbishop Williams High School, Class of 1970, where he served as senior class president, and attended Stonehill College.

He enjoyed a long and successful career in retail management and was particularly proud to act as a mentor to younger members of his team. Ed and his wife, Pam, spent time living and working in Rhode Island, Connecticut, and New Hampshire before moving back to Massachusetts in 2000 and raising their daughter, Michaela, in Plainville.



EDWARD J. DOWNEY III

A lifelong amateur astronomer, Mr. Downey took several continuing education courses in astronomy at the Community College of Rhode Island and spent countless treasured hours observing the night sky with his daughter, Michaela. Mr. Downey was a devoted Phil Collins fan along with his wife, Pam, and the pair attended countless live shows, including one in Paris, France in the 1990s. Throughout his life, Mr. Downey cultivated an extensive network of friends whose correspondence and support were a source of great encouragement in his final years.

At Mr. Downey's request, cremation took place privately. In light of current events, a celebration of Mr. Downey's life will take place at a later date when it is safe and responsible to do so.

Mr. Downey was a beneficiary of progress in cancer research in his final years. Memorial donations may be made to the American Cancer Society, 3 Speen St., Suite 250, Framingham, MA 01701 or cancer.org.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

Geraldine A. McNealy, 91

A funeral Mass for Geraldine A. (Cellucci) McNealy, age 91, a lifelong resident of Quincy, was celebrated Tuesday in St. John the Baptist Church, Quincy.

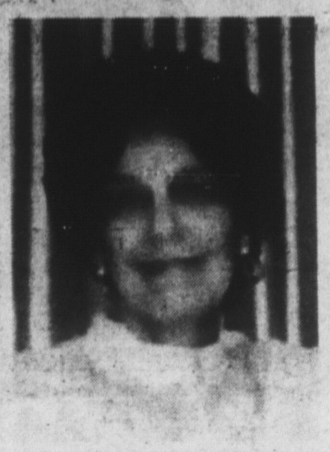
Mrs. McNealy died peacefully Oct. 23 at Boston Medical Center, after a brief illness.

She was born in Quincy, to the late Antonio and Lauretta (Fabrizio) Cellucci, who were formerly of San Donato Val di Comino, Italy. Raised and educated with her siblings, cousins, and many friends in South Quincy, she was a graduate of Quincy High School, Class of 1948.

Mrs. McNealy was employed at the Quincy District Court for twenty-two years. She retired in 1997.

Mrs. McNealy loved to dance, travel, concerts, the Italian Tenors, and entertain family and her many friends. She was warmhearted, generous, loyal and often described as "spunky." How lucky we were to have had her in our lives. We all will remember her for her great cooking, laughing and saying "Oh, my God!!!" She truly was the best.

Beloved wife of the late Paul R. McNealy, Sr. who passed away in 1972. Devoted mother of Patricia A. McNealy and her husband Robert Hassan, and Paul R. McNealy, Jr. all of Quincy. Loving grandmother of Maria N. McNealy and Paul R. McNealy III, who were the light of her life. Great grandson Jordan Christopher Wilson held on tight to his Nana's heart.



GERALDINE A. McNEALY

The youngest of nine siblings, Gerry was predeceased by Guido Cellucci, Donato Cellucci and his wife Nora, Lucy Phelan and her husband Joseph, Delma D'Alessandro and her husband Larry, Cesidia "Josie" and her husband Mario, Edja Cellucci, Louise Cellucci, and Violet Cellucci.

Dear aunt of Alda Cellucci Donnelly of Canton and her late husband James. She is also survived by nieces and nephews, great nieces and great nephews, and her close friend, Richard Black. She was predeceased by her nephews, John Cassani and Daniel Cellucci, and her nieces, Marion Cassani and Lauretta D'Alessandro Todesca and her husband Antonio, as well as many close friends.

Interment at Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to Boston Medical Center, 801 Massachusetts Ave., First Floor, Boston, MA 02118-2393.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Julian F. Hamilton

Funeral services for Julian F. Hamilton of Quincy were privately held Oct. 23.

Mr. Hamilton died Oct. 19.

He was born in Cork, Ireland and moved to the United States in 1986, settling in Quincy. Mr. Hamilton had a marvelous wit and sharp sense of humor. He was passionate about his music, sports, reading and crossword puzzles. His memories of Ireland were always at the top of his mind.

Mr. Hamilton attended schools locally at Saint Ann's in Neponset, B.C. High, and North Quincy High School. At a young age, he excelled as a musician playing saxophone in the Cork Butter Exchange Band, then later in the U.S. in Saint Ann's Band and the American Legion Band of Brookline.

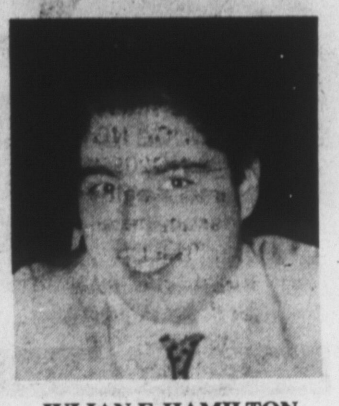
A skilled carpenter, Mr. Hamilton worked for many years with his uncle, the late Pat Bergin.

Mr. Hamilton will be remembered for his happy-go-lucky attitude, love of family, clever mind, and care-free nature.

Beloved son of William J. Hamilton and Sheila M. (Ring) Hamilton of Quincy. Loving brother of Regina Cremin and her husband Mike of FL and Laura Hamilton of Boston. Also survived by many aunts, uncles, and cousins at home and abroad.

Memorial donations may be made to the Irish Pastoral Center, 512 Gallivan Blvd, Suite 201, Dorchester, MA 02124.

Funeral arrangements were made by Keohane Fu-



JULIAN F. HAMILTON

neral Home, 785 Hancock St., Quincy.

LEGAL NOTICE

CITATION ON PETITION TO CHANGE NAME
Docket No. NO20C0120CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

In the Matter of:
Isabella Julia DeAmicis

A Petition to Change Name of Adult has been filed by

Isabella Julia DeAmicis of **Quincy, MA**

requesting that the court enter a Decree changing their name to:

Isabella Julia Waters

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 11/18/2020.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 2, 2020

PATRICK W. McDERMOTT
Register of Probate

10/29/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-63

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 17, 2020 @ 5:30 P.M. to consider the application of **MITCHELLE ARO-GALAC** for a **VARIANCE** to construct a side yard deck in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered **76 WATKINS STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Nov. 17, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

https://zoom.us/j/92179141812?pwd=Sy8za2FzYWFMZS8zVnlibDVXYlRDQT09

Meeting ID: 921 7914 1812

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 921 7914 1812

Passcode: 880512

Find your local number: https://zoom.us/u/accltG6jMO

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma.viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

10/22/20, 10/29/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-66

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 17, 2020 @ 5:30 P.M. to consider the application of **MOSURY LLC** for a **SPECIAL PERMIT/FINDING** to convert the existing second floor space to a residential unit in violation of Title 17 as amended, Chapter 4.1.2 (notes to table, special permit) and Chapter 3.0 (use regulations) on the premises numbered **494 SOUTHERN ARTERY, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Nov. 17, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

https://zoom.us/j/92179141812?pwd=Sy8za2FzYWFMZS8zVnlibDVXYlRDQT09

Meeting ID: 921 7914 1812

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 921 7914 1812

Passcode: 880512

Find your local number: https://zoom.us/u/accltG6jMO

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma.viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

10/22/20, 10/29/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-60

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 17, 2020 @ 5:30 P.M. to consider the application of **ROBERT EGAN** for a **VARIANCE** to construct a new home in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered **143 SEA AVENUE, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Nov. 17, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

https://zoom.us/j/92179141812?pwd=Sy8za2FzYWFMZS8zVnlibDVXYlRDQT09

Meeting ID: 921 7914 1812

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 921 7914 1812

Passcode: 880512

Find your local number: https://zoom.us/u/accltG6jMO

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma.viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

10/22/20, 10/29/20

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PERSONAL

THANK YOU
ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE, ST. THERESA
J.D. 11/19

LW AND EV - ALL MY LOVE!
PAPA 10/29

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MA. Lic. #15288 10/29

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·Rubber
·Slate
·Copper
·Vinyl Replacement Windows
617-471-8216
CREDIT CARDS ACCEPTED 2/18

HELP WANTED

SNOW PLOW DRIVERS WANTED
DG'S YARD MAINTENANCE
617-786-9558 11/12

DG'S YARD MAINTENANCE
- LAWN MOWING
- Mulching, Weeding & Edging
- Small Tree Removal
- Hedge & Shrub
- Overseeding/Sod
- Trimming or Removal
- FULLY INSURED
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Serious about Service
CLEAN-UPS
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GENERAL CONTRACTING
• Carpentry • Roofing
• Siding • Windows
• Painting • Bathrooms
Also, Handyman Jobs
- Great References -
Call
617.980.6558 11/25

Want to pick up a copy of The Quincy Sun?

Here are stores in Quincy that sell it on their newsstands:

GOODIE'S STORE
1250 Hancock St., Presidents Place

NEW STORE ON THE BLOCK
1183 Hancock St., Quincy Ctr. T Station

HANCOCK MARKET
5 Cottage Ave.

MIGNOSA'S FRUIT BASKET
138 Granite St.

STAR MARKET
130 Granite St.

WALGREENS
132 Granite St.

HANCOCK PARK LOBBY SHOP
164 Parkingway

FRANKLIN ST. BP
60 Franklin St.

7-11
78 Franklin St.

SHOP N SAVE LIQUORS
20 Independence Ave.

ADAMS VARIETY
22 Independence Ave.

DONUT + DONUTS + MUFFINS
33 Scammell St.

PRESIDENTIAL LIQUORS
25 Scammell St.

DAILY MART
291 Quincy Ave.

ROCHE BROTHERS
The Falls

WALGREENS
418 Quincy Ave.

ARTERY GROCERY
1000 Southern Artery

7-11
495 Washington St.

DAIRY FARM
330 Washington St.

7-11
230 Washington St.

STOP & SHOP
Southern Artery

CVS
Southern Artery

WALGREENS
550 Adams St.

7-11
650 Adams St.

7-11
678 Adams St.

VILLAGE COMM. MARKET
100 Willard St.

GRANITE MART
308 Willard St.

COPELAND LIQUORS
273 Copeland St.

7-11
Copeland St.

JOE'S PLACE
260 Centre St.

CORNER FOOD MARKET
1060 Hancock St.

200 FOOD MART
200 Sea St.

ADAMS SHORE SUPERMARKET
494 Sea St.

PALMER STREET MARKET
231 Palmer St.

BERNIE'S GENERAL STORE
1147 Sea St.

WEST ELM VARIETY
139 W. Elm Ave.

7-11
721 Hancock St.

BEALE ST. NEWS AND TOBACCO
17 Beale St.

CVS
42 Beale St.

COFFEE BREAK CAFÉ
12 Old Colony Ave.

SUPREME LIQUORS
615 Hancock St.

MULLANEY'S VARIETY
205 W. Squantum St.

STOP & SHOP
65 Newport Ave.

7-11
363 Hancock St.

WALGREENS
324 Hancock St.

SAM'S VARIETY
125 Billings Rd.

LUCKY'S WINE & LIQUOR
66 Newbury Ave.

5 CORNER FOOD MART
163 Newbury Ave.

ATLANTIC MARKET & LIQUORS
247 Atlantic Ave.

CARMINE'S CAFÉ
69 Huckins Ave.

7-11
751 E. Squantum St.

LUCKY SHAMROCK
265 Beale St.

ANDRE'S STORE
20 Brook St.

EVEREST MARKET
121 Standish Ave.

QUINCY MARKET
33 Washington St.

The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169

PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

RATES

1 WEEK ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

2-4 WEEKS ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

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❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

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OCT 29 2020

QUINCY COLLEGE

SPRING REGISTRATION IS NOW OPEN

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AND MORE!

Contact the Quincy College Admissions office today!
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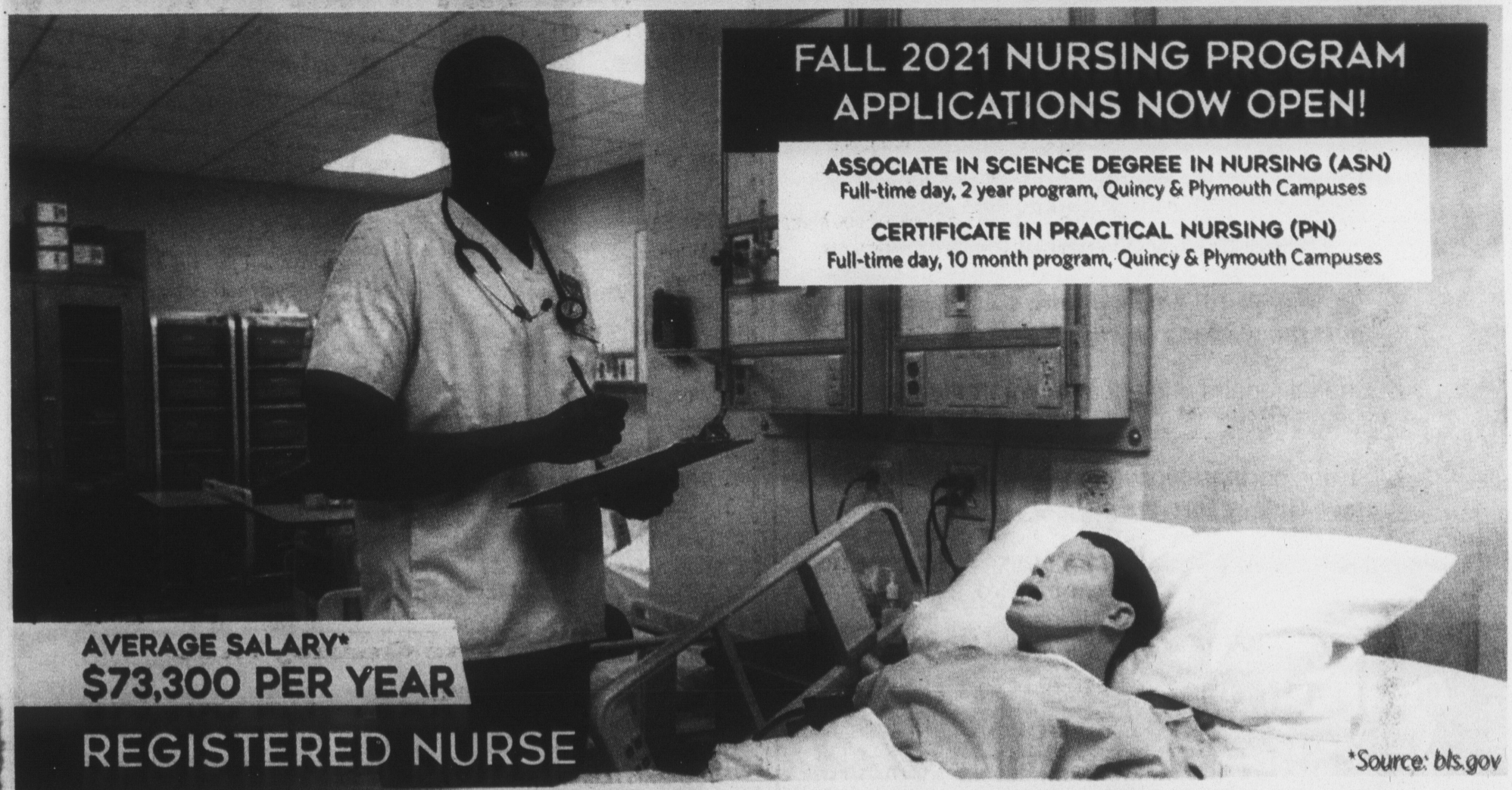
QC inspires



FALL 2021 NURSING PROGRAM APPLICATIONS NOW OPEN!

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Full-time day, 2 year program, Quincy & Plymouth Campuses

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AVERAGE SALARY*
$73,300 PER YEAR
REGISTERED NURSE

*Source: bls.gov

Apply now to join our Practical Nursing Certificate and Associate Degree in Nursing programs in Fall 2021.
Please contact us! Call Lindsay Peckham at 617-984-1710 or Email admissions@quincycollege.edu

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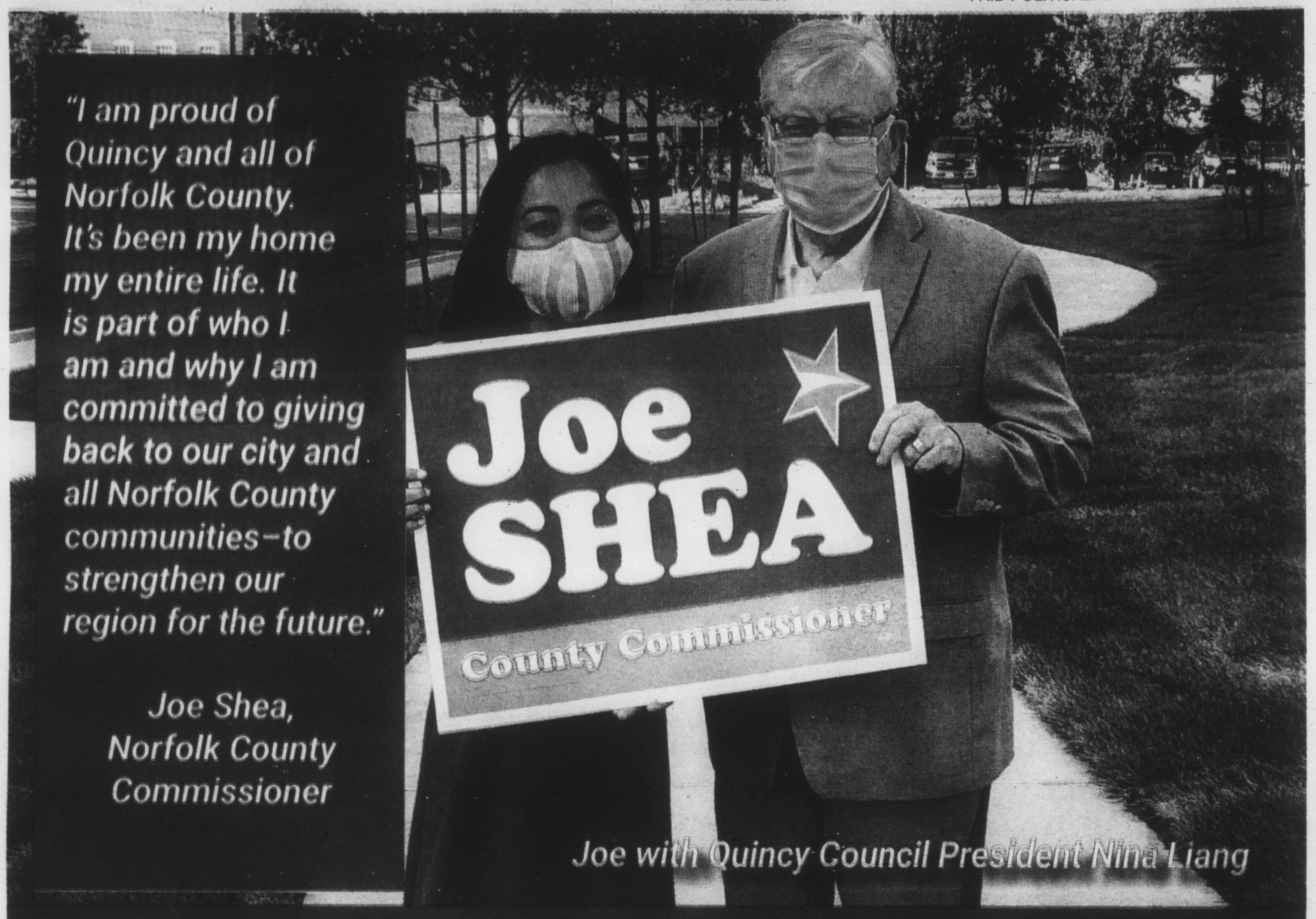


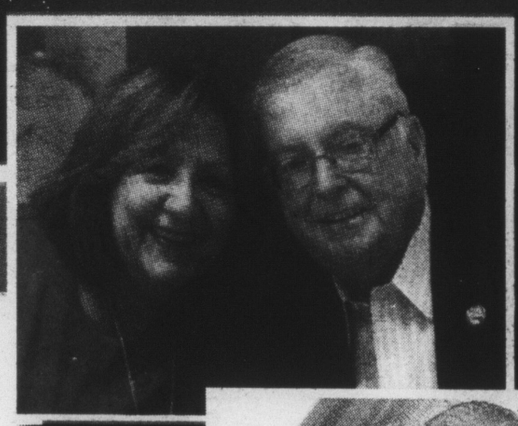
"I am proud of Quincy and all of Norfolk County. It's been my home my entire life. It is part of who I am and why I am committed to giving back to our city and all Norfolk County communities–to strengthen our region for the future."

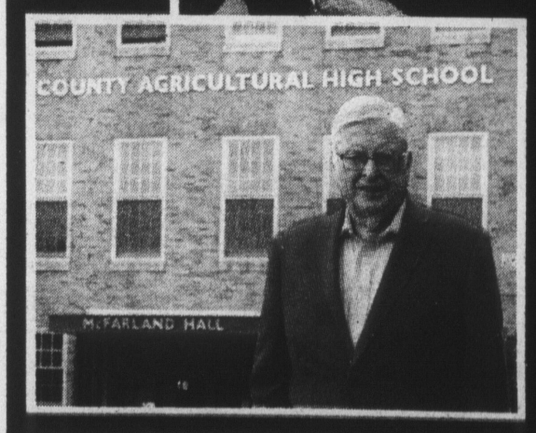
Joe Shea, Norfolk County Commissioner

Joe with Quincy Council President Nina Liang

Joe SHEA

County Commissioner





County government can play a greater role in our everyday lives. We need a Norfolk County Government that addresses the needs of all 28 communities and provides real value to all of us.

For the past 5 years, as Norfolk County Commissioner, I have worked to reform our county government to be **more cost-effective, inclusive, transparent,** and provide a greater benefit to the lives of Norfolk County residents.

From modernizing the county's budget process, to investing in capital improvements to promoting regional services, **I am working to make sure our Norfolk County Government works for you.**

- ✓ Summer **youth employment, course investments** and **tennis court renovations** at Presidents Golf Course
- ✓ Capital repairs and enhanced **parking accessibility** at Quincy District Court
- ✓ Strong partnership with local and non-profit leaders to help **move Quincy forward.**

Please join me in continuing to improve our county government.

On or before Nov. 3rd, Please Vote to Re-Elect

Joe Shea, Democrat for Norfolk County Commissioner

Paid for and authorized by the Committee to Elect Joe Shea

NOV 5 2020